

DECEMBER 2025



THE LINK

EMERYVILLE SENIOR CENTER • 4321 SALEM STREET, EMERYVILLE, CA 94608 • (510) 596-3730

WHAT'S HAPPENING @ ESC

DECEMBER 2025 AT A GLANCE

December 3- Trip: **Shop Around:** Vacaville Outlets
December 3- Friends of ESC Mtg.
December 4- Mercy Brown Bag
December 5- Deck the Halls @ ESC
December 5- Special Event: **COE Holiday Parade**
December 5- Movie: **Jingle Bell Heist**
December 6- Trip: **Holiday Fun in San Jose**
December 7- Trip:
The Great Dickens Christmas Fair
December 8- Special Event:
Lunch w/ the City Manager
December 8- Escort Training & Refresher
December 10- COA Meeting
December 10- Lunar New Year Committee Mtg.
December 10- Trip: **Holidays @ Filoli Gardens**
December 12- Holiday Pop-up Shop Opens
December 12- Special Event:
Holiday Gala Luncheon
December 12- (Begins @ 2:00PM)- Movie:
Tyler Perry's: Finding Joy
December 13- Trip: **SF Holiday Tour**
December 16- Trip: **Dine Around: Gumbo Social SF**
December 16- Trip: **Napa Holiday Train**
December 17- Black History Celebration Meeting
December 18- Special Event: **Holiday Paint Party**
December 19- Presentation:
Basic Housing Rights for Seniors
December 19- Movie: **A Merry Little Ex-Mas**
December 20- Trip: **Motown Holiday Revue**
December 24- Holiday Closure: **CLOSED @ 1PM**
December 25- Holiday Closure: **CLOSED!**
Merry Christmas
December 26- Holiday Closure: **CLOSED @ 1PM**
December 31- Special Event: **ESC's NYE Party**

SAVE THE DATES

2/8: ESC Super Bowl Party
2/13: ESC Single Seniors Mixer
2/20- Lunar New Year Celebration
2/27- Black History Celebration

HOLIDAY GALA



✨ You're Invited to the Holiday Gala! ✨

Join us on Friday, December 12, for a festive day of shopping, mingling, great food, and holiday entertainment, all in support of the Friends of the Emeryville Senior Center! Enjoy a cheerful celebration of the season while exploring unique gifts at our Holiday Pop-Up.

Let's come together, spread joy, and make this holiday season sparkle!

DECK THE HALLS OF ESC (12/5 @ 1pm)

Get into the holiday spirit by joining us from 1p-4p for a holiday decorating party! We will ring in the spirit of the season and deck the halls so they're ready for the Gala. Light refreshments will be served.

Volunteer Opportunity

Spread Cheer & Volunteer!

Our annual Holiday Gala is in need of some festive folks to volunteer their help on December 12th between the hours of 10am and 2pm. Enjoying local entertainment, raffle prizes, and friendly fun while giving back to your beloved Emeryville Senior Center.

Can't attend? We have other upcoming opportunities and would love to have you.

Please contact our front desk at (510) 596-3730 and sign up!

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**EVENTS &
NEWS!**

WHAT'S HAPPENING @ ESC

Holiday Pop-up Shops

We can't wait to welcome you back to the Holiday Pop-Up shop for another season of supporting local small business vendors.

Make plans to stop by Friday, Dec. 12, 10AM-2PM, to check everyone off your holiday shopping list while supporting small businesses and making new cheerful memories with friends of the community.

The event is free to attend.

Tell your friends and family!

Vendor Products Available:

Jewelry, Clothing, Home Scents, Holiday Boozy Shop, CBD Products, African Artifacts, Hosiery Products, and more!



The quilters have completed their grand prize quilt, and now we need your help in selling raffle tickets. Please stop by the office and support the "Friends of the Emeryville Senior Center" fundraiser by purchasing raffle tickets for a chance to win:

**\$5 Grand Prize Raffle Tickets:
Underground Railroad Themed Handmade Quilt**

(Every square of the quilt tells a part of the journey through The Underground Railroad. The story of the Underground Railroad quilts suggests that specific quilt patterns were used as secret codes to guide enslaved people seeking freedom.

The Underground Railroad was a network of secret routes and safe houses used by enslaved African Americans to escape to free states and Canada. During this perilous journey, quilts are believed to have played a significant role in conveying messages about safe houses, routes, and strategies for escape. While the authenticity of these quilt codes is debated, they represent a powerful symbol of resilience and ingenuity among those seeking freedom.

**\$2 each for 6 tickets for \$10
Gift Baskets (All valued at \$39+)
Gift Cards, Merchandise & Products
(From various local businesses)**

**Tickets go on sale starting November 7th!
Join the fun on December 12, 2025 (11AM-1PM) for live
entertainment, a catered lunch, and holiday cheer.**

Event tickets are on sale.



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EVENTS &
NEWS!

WHAT'S HAPPENING @ ESC



NYE 2025 PARTY

❄️✨ ESC New Year's Eve Party ✨❄️

Ring in the new year in elegant style at the ESC NYE Winter Ball! Enjoy an unforgettable evening featuring a delicious dinner, lively dancing, and a fun photobooth to capture the memories.

For just \$20 per ticket, celebrate with friends, and count down to 2026 in true ESC fashion!

📅 New Year's Eve (12/31)
🕒 6:30 PM - 8:30 PM
📍 Emeryville Senior Center
🎫 Tickets: \$20

Dress to impress and join us for a magical night of joy, music, and celebration!

Lunch w/ the City Manager (12/8 @ 12:00pm)

Join us for lunch with City of Emeryville City Manager LaTanya Bellow!

Don't miss this opportunity to connect, ask questions, and hear updates from our city leadership.



Upcoming Event Committee Meetings (1:00pm)

We're forming committees to help brainstorm and plan two of our upcoming events, and we'd love your input and creativity!

🌟 **Lunar New Year** Committee Meeting – Wednesday, **December 10**
❤️ **Black History Celebration** Committee Meeting – Wednesday, **December 17**

If you're interested in sharing ideas, helping with planning, or just want to be part of the fun, please join us on these dates. Your participation helps make our celebrations meaningful and memorable for everyone!

We hope to see you there!

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**EVENTS &
NEWS!**

WHAT'S HAPPENING @ ESC

ESC presents...



HOLIDAY PAINT PARTY

Unlock your creativity

**DEC. 18
2:00 PM** \$18/PP

What's Included:

- ✓ All art supplies provided
- ✓ A finished canvas to take home
- ✓ Step-by-step painting instructions
- ✓ Complimentary glass of sparkling cider + light bites

CONTACT US → Emeryville Senior Center
4321 Salem St., Emeryville, CA 94608
(510) 596-3730 (For more info.)

Holiday Paint Party

Join us for a festive Holiday Paint Party on 12/18 at 2 PM! Unwind, get creative, and paint a cheerful seasonal masterpiece with friends, over light bites and drinks.

No experience needed, just holiday spirit!

\$18/per person

FRIENDS OF ESC

Friends of Emeryville Senior Center

Community Care in Action...Our Holiday Gift Bags for isolated seniors were lovingly completed and delivered in November—thank you to everyone who contributed! Our amazing volunteers will take a well-deserved break over the winter holidays and will return in January to begin preparing comfort packs for our unhoused neighbors and summer fun backpacks for local children.

We are deeply grateful for the ongoing generosity of our ESC members. Your donated items help us continue spreading care and kindness throughout our community.

We are thankful for all the donated items from ESC members

ESC FRIDAY NIGHT SOCIAL

*****NEW- ESC 2nd Fridays (begins 1/9 @ 5:00pm)**

🎉 Friday Night Social at the Emeryville Senior Center!

Kick off your weekend with friends, fun, and great vibes at our Friday Night Social! Join us for an evening of music, light "potluck" refreshments, games, and good company in a warm, welcoming atmosphere. Whether you're looking to unwind, meet new people, or just enjoy a lively night out, this is the place to be!

 2nd Fridays (**beginning 1/9/26, 5p-7p**)
📍 Emeryville Senior Center

Come laugh, connect, and make memories—your Friday nights just got a whole lot more fun!

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TRIPS: JANUARY 2025

JANUARY TRIP
REGISTRATION IS
OPEN WEDDAY 11/26
@ 9AM



UPCOMING DAY TRIPS:

Phantom of the Opera 6/3 @ 11am) \$100
(Registration ends 2/23. Secure your tickets now!)

Weekly Shopping Trips
(Coming 2026! Share you shopping needs with us.)

NBA GAME:
GSW vs Wizards
(1/3, 4:30P-9:30P)
\$150

Join us for an outing to see the Golden State Warriors play the Utah Jazz at the Chase Center. Participants will be seated in the Bridge Section, located behind HOME basket! ALERT: **Moderate Walking** Trip #: **12026001**

Shop Around:
Walnut Creek
(1/7, 9:30A-3:30P)
\$15

Broadway Plaza is an open-air shopping center that is home to many fine retailers and restaurants. This upscale center contains over 80 top retailers and specialty shops, and a variety of delicious restaurants like True Food Kitchen, Boudin, and Choluta Linda. On your own for the day.

Major Walking Trip #: **12026002**

Motown Mania
(1/11, 4P-10P)
\$55

Do you love the great Motown and R&B groups from the 60's through the 80's? Revisit the classic songs and stars of the era with 'The Best Intentions (a five-man vocal group extraordinaire) as they perform their 'Classic Motown R&B Revue Show,' complete with heart-stopping harmonies, dazzling choreography, and the memorable hits you love most from Motown's golden age. If you love those 'Old School Oldies but Goodies' join us for an unforgettable evening of fun and dinner at a local eatery (on your own) before the show. **Moderate Walking**

Trip #: **12026003**

House of Prime Rib
(Reservation #1)
(1/14, 3P-8P)
\$15

Join us for an unforgettable dining experience at San Francisco's legendary House of Prime Rib. Famous for its old-world charm and perfectly carved prime rib dinners, this iconic restaurant has been serving tradition and excellence for decades. Gather with other members, savor a hearty meal, and enjoy an evening filled with great food and warm company. (Dinner is on your own). **Minor Walking** Trip #: **12026004**

Legion of Honor:
Manet & Morisot Exhibit
(1/16, 9:30A-3:30P)
\$40

Join us as we visit the Manet & Morisot exhibit, which is the first major exhibition catalogue dedicated to the artistic exchange between the female founding member of the Impressionist group and the pioneer of modern painting, Berthe Morisot and Édouard Manet.

Moderate Walking Trip #: **12026005**

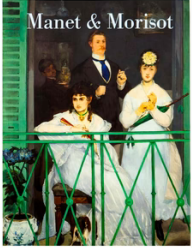
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TRIPS: JANUARY 2025



House of Prime Rib
(Reservation #2)
(1/20, 3P-8P)
\$15

Join us for an unforgettable dining experience at San Francisco's legendary House of Prime Rib. Famous for its old-world charm and perfectly carved prime rib dinners, this iconic restaurant has been serving tradition and excellence for decades. Gather with other members, savor a hearty meal, and enjoy an evening filled with great food and warm company. (Dinner is on your own). **Minor Walking Trip #:** **12026006**

Tea Party @:
Crown & Crumpet
(1/23, (9:00A-2:30P)
\$70

A stylish room with tea and wit, located in fabulous San Francisco and right across the bay in Ross, Marin County. Their delicious food and libations will transport you to a classic, traditional tea salon in England, but the stylish and vibrant décor will tell you it is not a stuffy, Victorian "ye olde tea shoppe." **Minor Walking Trip #:** **12026007**

Town Fare
Soul Sunday Brunch
(1/25, (9:00A-2:30P)
\$15

McQueen's menu for Town Fare pays homage to her Southern family roots and Oakland upbringing, bringing together flavors from the diverse cultures within the local community. On the last Sunday of the month, Town Fare hosts a Soul Sunday Buffet Brunch (on your own).

Minor Walking Trip #: **12026008**

🌟 Exciting Performing Arts Trips Coming in 2026!

We're kicking off the new year with world-class entertainment and unforgettable cultural experiences. Get ready to enjoy some of the most exciting stage performances headed to the Bay Area!

Upcoming Trips:

The stage is set and we're thrilled to announce our upcoming arts & culture trips for 2026:

- 🎵 MJ: The Musical "celebrating the King of Pop"
- 🎭 Alvin Ailey American Dance Theater "a stunning fusion of spirit, movement & culture"

Keep your eye out on how to register for the opportunity to enjoy inspiring performances, great company, and a beautiful night on the town. More info coming soon. 🌟💜💖



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PRESENTATIONS

Presentations offer opportunities for developing skills, sharing information, and knowledge together. This process can strengthen learning and enthusiasm for further knowledge. Call us and reserve your spot for one of our upcoming presentations.



Escort Training & Refresher (1/8 @ 1pm)

Interested in Becoming a Trip Escort? Get Your Trip for Free!
If you've ever wondered what it takes to be a trip escort—and enjoy your outing at no cost, this is your chance to learn more!

Join us for an informational meeting on
Wednesday, January 4 at 11:00 AM
in the Billiards Room.

We'll cover everything you need to know, including:

- What makes a great escort
- Common challenges and how to handle them
- Tips for ensuring everyone has a safe and enjoyable experience
- How escorts can still relax and enjoy the trip

Have questions?
Please call Tamika at (510) 596-3787.

We hope to see you there!



**Public Health
Department**

Alameda County Health

Basic Housing Rights for Seniors **(12/19 @ 11:00am)**

Know Your Housing Rights: Tenant & Landlord Education Session

Join us for an informative session hosted by the Alameda County Public Health Department. This workshop will help clarify essential housing topics and provide valuable information for both tenants and landlords. In this session, they will:

- Explain basic housing laws for tenants and landlords
- Provide an overview of each party's rights and responsibilities
- Discuss common housing issues, including rent increases, evictions, and security deposits

Don't miss this opportunity to get clear, practical guidance on navigating housing challenges.

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FRIDAY MOVIES

Did you know South Africa is the primary filming location for "Disaster Holiday", including scenes filmed in Sandown, near the famous Michelangelo Towers.



FRIDAY MOVIES

Movies are shown weekly. Members can join us every Friday in the Billiards Room @ 1PM. Popcorn will be served by staff. Viewers are welcome to bring their own (personal) drinks and snacks.

(NOTE: Movie time changes on special event days.)

Got movie suggestions?

Feel free to submit movie suggestions to twright@emeryville.org by the 1st Friday of every month, for your title submission to be considered for the next month's movie.

12/5- Jingle Bell Heist:

At the height of the holiday season, two strangers team up to rob one of London's most famous department stores while accidentally falling in love.

12/12 (begins @ 2:00p) - Tyler Perry's Finding Joy:

Stranded in Colorado after a devastating holiday revelation, a talented but overlooked NYC designer finds unexpected love, transforming her life and career path.



12/20- A Merry Little Ex-Mas:

A separated couple tries celebrating one last Christmas together with their kids before their divorce.

However, the husband's new girlfriend joins the festivities, causing tension and chaos during the holidays.





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RESOURCES



Mercy Brown Bag Grocery Pick Ups

Brown Bags for seniors 60+ are distributed at ESC from 9–10 AM on the 1st & 3rd Thursday of each month.

 Next dates: **December 4 & 18**

- ➡ Please bring your own reusable bag and be ready to update personal info if needed. Bags will only be held with an advance request.
- Not registered? Call Jacob at **(510) 596-4309** or sign up on-site at 9 AM on distribution days.



AARP



AARP Driver Safety Refresher Course

The next 4-hour AARP refresher course will be held on:

Thursday, January 29th, 9:00 AM – 1:00 PM.

\$ Fee: **\$20** (AARP members) | **\$25** (non-members)

📞 Register in advance: **510-596-3730** (or walk in)

Can't attend in person? Explore online, self-paced workshops at aarp.org or renew insurance discounts through the AARP Driver Safety Program at aarpdriversafety.org.



Tech Help w/ Ashby Village (4th Thursdays @ 1pm)

Need help with your smartphone, tablet, or laptop? Stop by our monthly drop-in tech session—no appointment needed!

🕒 2:00–4:00 PM (Returns **1/22/26**)

📍 ESC Main Hall, 4321 Salem St.

The Ashby Village Tech Team will guide you one-on-one with apps, device settings, accessibility tools, and more—at your pace.

✅ Just drop in!

📞 Questions? Call (510) 596-3730.

☀️ Let's make tech easier, together!

**WE ARE IN NEED OF
KITCHEN VOLUNTEERS &
MEALS ON WHEELS
DRIVERS.**

Meals on Wheels

Meals on Wheels continues to serve homebound seniors (60+) in Emeryville with up to 7 ready-to-heat meals per week, delivered on **Monday, Wednesday, and Friday** mornings.

📞 To request meals or refer a senior: Call 510-596-4309 or email jacob.wojnar@emeryville.org.

Outside Emeryville? Contact your local program:

- **Oakland / San Leandro / Hayward / Castro Valley / San Lorenzo:**
510-582-1263
- **Berkeley:** 510-981-5250

🍴 Join us for Lunch @ ESC!

Enjoy a hot congregate (dine-in) lunch, **Monday–Friday at 11:45 AM**. Check the **December** menu for daily offerings.

These programs are funded by Alameda County. A \$3 donation per meal is appreciated.

**Dine-in lunch
is served (M-F)
11:45am-12:15pm**



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RESOURCES (CONT.)

ESC Help Desk (Wednesdays @ 11am)

Meet with Volunteer Help Desk Guides for help navigating local resources, they are here to assist you in accessing:

- Education Food Assistance Medical Services
- Housing Estate Planning Transportation
- Legal Services Employment ...and more!

Dates: 11/5, 11/12, 11/19, 11/26

Time: 11:00 AM – 1:00 PM

**Location: Emeryville Senior Center
4321 Salem St., Emeryville, CA 94608**

Let's work together to build a stronger, more connected community.

SENIOR HELP DESK

NEED HELP?

MEET WITH VOLUNTEER GUIDES FOR HELP ACCESSING:

- ✓ Technology
- ✓ Medical Services
- ✓ Housing
- ✓ Education
- ✓ Food Assistance
- ✓ Transportation
- ✓ Legal Services
- ✓ Employment
- ✓ Estate Planning
- ✓ And more!

Dates: 12/3, 12/10, 12/17
Time: 11:00 AM

Location: 4321 Salem St., Emeryville, CA 94608

Let's build a stronger, more connected community, together.

2025 End of the Year Voluntary Contributions

The Emeryville Senior Center welcomes optional, voluntary contributions to help support our programs and services for older adults and disabled residents. Contributions are never required, never tracked by name or amount, and no one is denied service based on ability to contribute.

How Contributions Help:

They directly support classes, special events, cultural programs, health and wellness activities, supplies, and volunteer efforts.

How to Contribute:

- At the Front Desk (cash, check, card)
- Contribution boxes at select programs
- By mail:

City of Emeryville – Memo: Voluntary Contribution
4321 Salem Street, Emeryville, CA 94608

Thank you for supporting the programs that keep our Center thriving!

Other Resources

211 (Local Assistance and Referral Program): <http://211alamedacounty.org/>

Born to Age Resource Referral: borntoage.com/alameda-county

Legal Assistance for Seniors -

Call **510-832-3040** and leave a message. www.lashicap.org

East Bay Community Law Center - Call **510-548-4040**

HICAP - Call **510-839-0393** for phone appointments. There may be delays in response time.

Center for Independent Living:

<https://www.centerforindependentliving.org/programs>

SPECTRUM for Community Services: www.spectrumcs.org/energy-services/liheap

Home Energy Assistance Program (HEAP):

<https://www.spectrumcs.org/energy-services/liheap>

Ashby Village: Aging Better Together: <http://www.ashbyvillage.org>

Alameda County Aging and Disability Resource Connection (ADRC):

<https://alameda.my-adrc.org/>

The Bay Area's Premier Directory for Older Adults

Born to Age

Alameda • Contra Costa • Napa • Solano • Sonoma • Marin Counties

Call 211
Help Starts Here

CFILC California Foundation for Independent Living Centers

HICAP
Medicare Health Insurance
Counseling & Advocacy Program



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HEALTH & WELLNESS CLASS SCHEDULE

Senior Center Classes

Your health and wellness are extremely important and ESC is happy to afford our members the opportunity to remain active and enjoy your favorite classes. Please note which classes are available in person, online via Zoom or a hybrid class (both options are available). Want to Zoom but don't have access?

Online/Hybrid Zoom Classes

Instructor	Class	Day/Time	Website (Click for link)	Other Info
Joe	Meditation	M/TW/Th, 8:00am (No Class 12/25)	Zoom	ID 940 9351 3137, PW 4321
Helen	Weights	Tuesdays, 9:30am	Zoom	ID 870 8808 7266, PW 4321
Helen	Zumba	Tuesdays, 10:30am	Zoom	ID 818 8733 2590, PW 4321
Pamela	Pain Ease	Tuesdays, 2:00pm	Zoom	ID 925 9097 9143, PW 4321
Novella	Line Dance	Wednesdays, 9:30am	Zoom	ID 993 4137 3668, PW 4321
Isabelita	Qi Gong	Wednesdays, 10:30am	Zoom	ID 810 5258 6014, PW 4321
Stephanie	Rosen	Thursdays, 10:00am (No Class 12/25)	Zoom	ID 894 5266 7677, P: 670945
Pamela	Yoga	Thursdays, 9:00am (No Class 12/25)	Zoom	ID 925 9097 9143, PW 4321

In-Person Classes

Instructor	Class	Day/Time	Location	Other Info
Judy	Tai Chi	Mon days, 9:00am	Upstairs	
Sandra	NIA	Mon days, 10:00am	Main Hall	
Volunteer	Current Events	Mon days, 10:00am	Billiards Rm	
Sandra	Chair Yoga	Mon days, 11:00am	Upstairs	
Helen	Weights	Tuesdays, 9:30am	Main Hall	Zoom Link Above
Jay	Ukulele	Tuesdays, 10:30am	Billiards Rm	
Helen	Zumba	Tuesdays, 10:30am	Main Hall	Zoom Link Above
ESC Staff	Mahjong	Tuesdays, 12:00pm	Upstairs	
Jay	Karaoke	Tuesdays, 12:30pm	Billiards Rm	
Daphne	Intermediate Tap	Tuesdays, 1:00pm	Main Hall	
Pamela	Yoga Pain Ease	Tuesdays, 2:00pm	Upstairs	Zoom Link Above
Daphne	Beginner Tap	Tuesdays, 2:00pm	Main Hall	
Novella	Line Dance	Wednesdays, 9:30am	Main Hall	Zoom Link Above
Lee	Ageless Grace	Wednesdays, @ 10am	Upstairs	
Lee	Body Restore	Wednesdays, @ 11am	Upstairs	
ESC Staff	Pickleball	M/W, 1:00pm	Main Hall	No Class 12/24
Pamela	Yoga	Thursdays, 9:00am	Upstairs	No Class 12/25
Terry	Guitar & Songs	Thursdays, 10:00am	Billiards Rm	No Class 12/25
Helen	Zumba	Thursdays, 10:30am	Main Hall	No Class 12/25
Staff	Needlework Circle	Thursdays, 1:00pm	Billiards Rm	No Class 12/25
ESC Staff	Pickleball	Thursdays, 1:00pm	Main Hall	2nd & 3rd Thursdays
Ann	Tai Chi	Fridays, 10:00am	Upstairs	No Class 12/26
Bayon	Happy Meditation	Fridays* @ 11:30am	Upstairs	No Class 12/26
Sandra	Tango	Fridays, 1:00pm	Main Hall	No Class 12/12, 12/26

ESC Holiday Closures:

12/24 - Closing at 1pm (after dine-in lunch service)

12/25 - Closed for Christmas

12/26 - Closed at 1pm (after dine-in lunch service)

12/31 - Closed at 1pm (after dine-in lunch service)*



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TRANSPORTATION PROGRAMS

Mobility Options:

The Emeryville Senior Center is the home of many transit / paratransit programs that support increased mobility and options for older adults in the community. Please see the information below to find out more about each program.

8-To-Go: Door-to-Door Shuttle Service:

The Emeryville Senior Center, in conjunction with the Emeryville Transportation Management Association, is excited to provide the 8-To-Go shuttle service. 8-To-Go is a scheduled, door-to-door, shared ride transportation for residents of the 94608 zip code area.

Eligibility:

The shuttle service is specifically for those age 70 years and above or persons between 18 and 69 that are East Bay Paratransit Certified. 8-To-Go will be happy to take eligible residents anywhere within the 94608 zip code and even to some destinations just outside of this area, such as Berkeley Bowl West, MacArthur BART, Herrick Hospital, Kaiser Oakland, and the "Pill Hill" Hospitals and Medical Clinics. Service hours for the 8-To-Go are generally from 9am-12:30pm and 1:30pm-4pm Mon-Fri. The shuttle does not operate on evenings, weekends, or holidays.

Complete Information:

Click for a [brochure](#) with complete information about the 8-To-Go Program. For more information on 8-To-Go, please contact the Emeryville Senior Center at 510-596-3730.

Applying: Click for an [application](#) for the 8-To-Go Program.

Fees:

8-To-Go is only \$1 per ride (each way) for qualifying users through a multi-year grant by the Alameda county Transportation Commission (A-CTC). For more information on A-CTC's funding of this and other great programs, please visit the Alameda-CTC's [website](#).

Taxi/Lyft/Uber Reimbursement Program:

The Emeryville Senior Center offers a taxi reimbursement program to Emeryville residents age 70 and older. Beginning July 2018, we are also accepting Lyft and Uber for Reimbursement. Members will be reimbursed for 90% of their taxi/TNC rides every 3 months, up to \$80 in actual fares purchased (e.g. a recipient will receive up to a \$72 reimbursement check for up to \$80 worth of taxi rides every three months). Eligibility is not based on income or assets, so please apply today! Call the Senior Center at 510-596-3730 for any questions about this service.



This LINK is published monthly by the Emeryville Senior Center, 4321 Salem Street Emeryville CA 94608, which is funded primarily by the City of Emeryville, with additional funds from Alameda County Area Agency on Aging, Measure BB, corporate and individual donations, and fundraising activities.

FROM THE DESK OF

FRIENDS OF ESC

Our ESC Members,



Thanks to the incredible efforts of our dedicated volunteers, this year's First Annual Holiday Marketplace was a wonderful success! Attendance from both the community and Center members was strong for a first-time event, and our vendors were delighted to be part of it, many even expressed interest in returning. Sales were successful enough to generate a donation of just over \$1,000 to the Friends of the Emeryville Senior Center, which will directly support instructor fees and program events in the coming year.

A heartfelt thank you goes out to the volunteers whose energy and teamwork made the Marketplace shine: Terry Lee, Byron Soublet, John and Nancy Suter, Ruchi Aggarwat, Menno Marringa, Donald Wong, and Paul and Gerri White, who supported set-up, clean-up, vendor needs and staffed our Center booth. Special thanks to Katherine Harris for completing the beautiful Needlework Circle quilt for display and raffle, and to Catherine Bates, our warm and welcoming greeter. We also appreciate Charla Blackmon and Dee Johnson for engaging with shoppers throughout the day, and Tamika Wright for help with promoting prior to the event and assisting with our facility needs on the day of the event.

Missed the Marketplace? You're in luck! We're giving you a second chance to shop with some of the same wonderful vendors at our Holiday Pop-Up during the Holiday Gala on Friday, December 12th. This special shopping event is free and open to the public (10 AM-2 PM), perfect for finding unique, handcrafted, one-of-a-kind gifts or a little treat for yourself.

The Friends greatly appreciate the continued support of our members and volunteers. If you'd like to help us sustain the classes, programs, and activities you enjoy throughout the year, please consider:

- Purchasing raffle tickets, and/or
- Making an end-of-year donation

Your generosity truly makes a difference. Thank you for helping us keep our Center community vibrant and thriving!

Friends of ESC



DECEMBER 2025



CAFÉ DINE-IN MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Beef and Tomato Stir Fry Seasoned Carrots & Cabbage+* Vegetable Fried Brown Rice Seasonal Pear	2 Beef and Bean Chili Whole Wheat Roll Green Salad (Romaine)+ with Shredded Carrots & Thousand Island Dressing Fresh Apple	3 <i>Soup is a large 12 ounces</i> Southwest Chicken Vegetable Soup Garden Salad with Carrots* & Ranch Dressing Whole Wheat Bread & Butter Fresh Citrus Cutie+	4 Homemade Baked Macaroni & Cheese (Vegetarian) Lentil/ Bean Soup Braised Collard Greens* Whole Wheat Crackers Pineapple Chunks+	5 Meatloaf with Gravy Mashed Potatoes Herbed Green Beans Whole Wheat Roll Orange+
8 Teriyaki Chicken Vegetable Medley Stir Fry+ Steamed Brown Rice Fresh Citrus Cutie+	9 Whole Wheat Penne Pasta with Marinara and Meatballs (beef/turkey) Steamed Broccoli & Carrots+* Grapes	10 <i>Soup is a large 12 ounces</i> Thai Fish Curry Soup+ Whole Wheat Bread & Butter Green Salad with Shredded Carrots* and Vinaigrette Banana	11 Spinach & Mushroom Lasagna* (Vegetarian) Three Bean Salad* Caesar Salad (Romaine+)- no crouton Whole Wheat Crackers Grapes	12 Chicken Enchilada Casserole Zucchini, Corn & Peppers+ Mexican Coleslaw+* Whole Wheat Crackers Pineapple & Mango Chunks+
15 Chicken and Mushroom in Black Bean Sauce Sesame Green Beans & Carrots* Steamed Rice Blend (Half Brown) Fresh Cutie Citrus+	16 Beef and Vegetable Stew* Brown Rice Zucchini Tangerine+ French Roll & Butter	17 <i>Soup is a large 12 ounces</i> Chicken Pozole Green Salad (Romaine & Cabbage) with shredded carrots with citrus vinaigrette+* Whole Wheat Crackers Mango Chunks+	18 Cheese Ravioli with Marinara Herbed Broccoli & Carrots+* Three Bean Salad Whole Wheat Bread & Butter Seasonal Pear	19 Holiday Meal Roasted Turkey with Gravy Mashed Potatoes Seasoned Green Beans Savory Dressing Whole Wheat Roll Apple Cranberry Crisp
22 Moo Shu Pork Squash Medley Stir Fry+* Steamed Rice Blend (Half Brown) Mandarin Oranges+	23 Baked Salmon in a Lemon Garlic Cream Sauce Brown Rice Malibu Blend Vegetables+* (broccoli carrots & cauliflower) Banana	24 Roast Beef and Monterey Jack Sandwich on Whole Wheat Bread Green Salad with Ranch Dressing SunChips Fresh Citrus cutie+	25 <i>Senior Center Closed</i> 	26 Sweet & Spicy Citrus Tilapia Seasoned Red Potatoes Sautéed Spinach* Green Salad (Romaine & Cabbage) with shredded carrots with cilantro lime dressing+* Banana Whole Wheat Crackers
29 Thai Basil Ground Turkey Asian Vegetable Blend (broccoli, carrots, snap peas, corn) +* Mixed Green Side salad w/ Shredded carrots & Cilantro Lime Dressing Steamed Rice Blend (Half Brown) Orange +	30 Pulled Pork Sandwich on Whole Wheat Bun Southern Green Beans Coleslaw+* Grapes	31 Happy New Year! Herb Roasted Chicken Thigh/Gravy Black Eye Peas Braised Greens* Whole Wheat Bread & Butter Tangerine+	1 NEW YEAR'S DAY ALL CENTERS CLOSED 	2 Swedish Meatballs (turkey or chicken) Egg Noodles Steamed Broccoli and Carrots+* Whole Wheat Crackers Seasonal Pear
	Meals are prepared by Nutrition Solutions, Inc. with Title III Older American Act funds administered by Alameda County Area Agency on Aging.	Program participation is not limited with regard to: Race, ethnicity, national origin, religion, economic status, political affiliation, gender, sexual orientation, gender identity, immigration status or disability.	+denotes vitamin C-rich foods * denotes vitamin A-rich foods All meals have no more than 800 milligrams of sodium. If a meal has more than 1,000 milligrams of sodium, it will be labeled a <u>Higher Sodium Meal</u>	All meals include 1% milk. Menu is subject to change without notice.



SENIOR HELP DESK



MEET WITH VOLUNTEER
GUIDES FOR HELP ACCESSING:

- ✓ Technology
- ✓ Medical Services
- ✓ Housing
- ✓ Education
- ✓ Food Assistance
- ✓ Transportation
- ✓ Legal Services
- ✓ Employment
- ✓ Estate Planning
- ✓ *And more!*



Dates: **12/3, 12/10, 12/17**



Time: **11:00 AM**



Location: 4321 Salem St., Emeryville,
CA. 94608

Let's build a stronger, more connected
community, together.

CITY OF EMERYVILLE

HOLIDAY PARADE

Main Event :

- Live Music & Performances
- Sweet Treats
- Family Fun
- & Walking Parade



DEC 5
2025

4:00PM – 6:00PM

1333 Park Ave.
Emeryville, CA
94608



**BIKE, SCOOT, SKATE, &
WALK PARADE**



**PLEASE JOIN US FOR
LUNCH WITH**






**EMERYVILLE'S
CITY MANAGER**

**Monday, December 8, 2025
4321 Salem Street, Emeryville
12 PM - 1 PM**



Lunch will be provided





Please join us for our
annual

Holiday Gala



Celebrate the joy of the season at our Annual Holiday Gala! Join us for an afternoon of delicious food, holiday entertainment, festive music, raffle prizes, and wonderful company.



🌟 Enjoy a cheerful holiday program
📺 Shop our Holiday Pop-Up featuring local vendors

🎵 Seasonal performances & warm community spirit

🥂 A member-only event filled with celebration and connection

DECEMBER

12

AT 11:00 AM

Emeryville Senior Center
4321 Salem St., Emeryville, CA

Tickets \$20/pp

LET'S GATHER, GIVE THANKS, AND ENJOY THE
MAGIC OF THE HOLIDAYS, TOGETHER!





Friends of Emeryville Senior Center presents their annual

HOLIDAY GALA POP-UP SHOP



FREE ADMISSION

**JEWELRY, BOOZY GIFT PACKS, LEGWEAR,
NAIL PRESS-ONS, AND SO MUCH MORE!**

**20% OF ALL PROCEEDS GO TO THE
FRIENDS OF ESC (NON-PROFIT)**



10 a.m. - 2 p.m.

Friday, December 12th

4321 Salem St.

Emeryville, CA 94608



 **ONE-DAY HOLIDAY SHOPPING EXTRAVAGANZA!**

**GET READY FOR A VERY EXCITING ONE-DAY SHOPPING EVENT FEATURING ONE-OF-A-KIND
TREASURES MADE BY TALENTED LOCAL ARTISANS!**

**SHOP LOCAL, DISCOVER UNIQUE GIFTS, AND SUPPORT THE FRIENDS OF THE EMERYVILLE SENIOR
CENTER, A NONPROFIT THAT FUNDS PROGRAMS, CLASSES, AND COMMUNITY EVENTS.**

**DON'T MISS THIS FESTIVE HOLIDAY POP UP SHOP, YOUR PERFECT CHANCE TO FIND SOMETHING
SPECIAL AND GIVE BACK!**



CITY OF EMERYVILLE 3RD ANNUAL WINTER EVENT!

Pancakes and PAJAMAS

SATURDAY DECEMBER 13, 2025



8:15AM-10:00AM OR 10:30AM-12:15PM

SENSORY FRIENDLY SEATING 12:45PM-2:15PM

LOCATION: ECCL CAFETERIA 4727 SAN PABLO AVE. EMERYVILLE CA 94608

Delicious
PANCAKE
BREAKFAST

DRESS CODE:
PAJAMAS!

Santa's
coming
to town

GET A PICTURE
WITH
SANTA!

ALONG WITH OTHER WINTER
CHARACTERS!

EMERY HIGH
HOT COCOA BAR
FUNDRAISER!

ARTS
&
CRAFTS

TO GET YOUR TICKETS

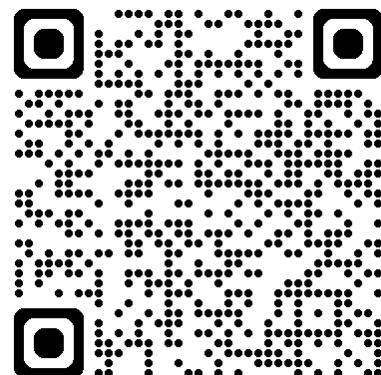
SCAN ME

COST PER PERSON:

RESIDENTS: \$12.00

NON-RESIDENTS: \$17.00

(2 YEARS AND UNDER, FREE)



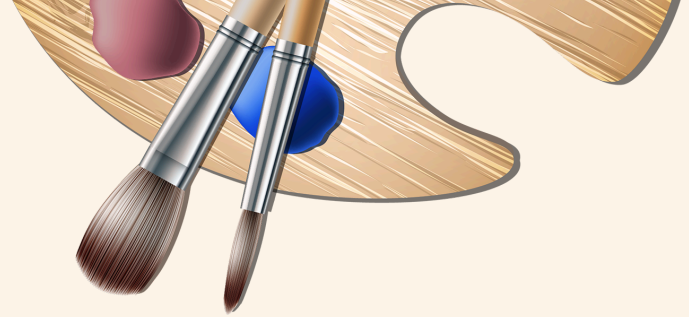
QUESTIONS? CALL 510-596-4395 OR EMAIL CSD@EMERYVILLE.ORG

TICKETS ON SALE NOW! Deadline to buy: 12/09/2025

Scan the QR code or visit REC.US/Emeryville and click special events!



ESC presents...



HOLIDAY PAINT PARTY

Unlock your creativity

**DEC. 18
2:00 PM**

\$18/PP

What's Included:

- ✓ All art supplies provided
- ✓ A finished canvas to take home
- ✓ Step-by-step painting instructions
- ✓ Complimentary glass of sparkling cider + light bites

CONTACT US

Emeryville Senior Center
4321 Salem St., Emeryville, CA 94608
(510) 596-3730 (For more info.)

ESC PRESENTS

2025 NYE *Party*

31 DEC, 2023
WEDNESDAY AT 6:30PM

EMERYVILLE SENIOR CENTER
4321 SALEM ST EMERYVILLE, CA

TICKETS GO ON SALE 12/1

TICKETS \$20/PP

DINNER, DANCING, APPLE CIDER TOAST,
PHOTO BOOTH, DOOR PRIZES

510.596.3730

MUST REGISTER BY 12/24

Emeryville Police Department



Holiday Toy & Coat Drive

Nov. 24- Dec. 15

.....
Help local families in need this holiday season by donating new toys and new/gently used coats.

All donations must be unwrapped and in good condition, thank you!



.....
DROP OFF LOCATIONS

Emeryville PD : 2449 Powell St

Public Market: 5959 Shellmound St

Bay St Mall: 5616 Bay St

Fogo de Chao: 5633 Bay St

Pacific Park Plaza: 6363 Christie Ave

Watergate (Clipper Club): 5 Captain Dr

City Hall: 1333 Park Ave

The Bank Club: 3900 San Pablo Ave

Senior Center: 4321 Salem St

The Towers: 1900 & 2000 Powell St

Hilton: 1800 Powell St

Old Navy: 5777 Christie Ave