

JUNE 2026



THE LINK

EMERYVILLE SENIOR CENTER • 4321 SALEM STREET, EMERYVILLE, CA 94608 • |510| 596-3730

WHAT'S HAPPENING @ ESC

JUNE 2026 AT A GLANCE

- June 3-** Friends of ESC Mtg.
- June 4-** Mercy Brown Bag
- June 4-** Diabetes Support Group
- June 4-** ESC Walking Group
- June 5-** Special Event:
Father's Day Fishing Meetup
- June 5-** Presentation:
You Matter: Wellness, Resources & Support for Seniors
- June 5-** Movie: **The Secret Agent**
- June 6-** Trip:
Walnut Creek Art & Wine Festival
- June 10-** COA Meeting
- June 11-** Trip:
Dine Around- AQUA TERRA Grill @ CCC
- June 12:** Movie (2pm): **Body Heat**
- June 12-** Special Event:
Summer Kick-off Picnic
- June 12-** 2nd Friday Social
- June 17-** PRIDE Support Group
- June 18-** Special Event:
Juneteenth Lunch Celebration
- June 18-** Mercy Brown Bag
- June 19-** Holiday Closure: **Happy Juneteenth**
- June 24-** Trip: **Alameda County Fair**
- June 25-** Ashby Village Tech Help
- June 26-** Special Event:
PRIDE Lunch Celebration
- June 26-** Presentation:
ESC Training & Refresher
- June 26-** Movie: **Marty Supreme**
- June 27-** Trip: **Red Hawk Casino**
- June 28-** Trip: **San Jose Blues & Brews Fest**

Summer Kick-Off Picnic **6/12, @ 11a**

June is Great Outdoors Month, a nationwide celebration encouraging everyone to get outside, enjoy nature, and experience the many benefits of fresh air, parks, and recreation. From walking trails and birdwatching to simply gathering with friends outdoors, it's the perfect time to embrace community and sunshine!

Join the Emeryville Senior Center (ESC) as we fire up the grill for our Annual Summer Kick-Off Picnic at Huchiun Park!

Location: Huchiun Park
4311 Hubbard St., Emeryville

Come enjoy a fun-filled afternoon of food, fellowship, laughter, and outdoor fun as we celebrate the start of summer together. ESC will provide the grilled meats and drinks — we ask that attendees please bring a store-bought potluck item to share with fellow members.

Please Note: There will be no lunch service at the Senior Center on picnic day.

Transportation to and from the picnic will be available.

Don't miss this chance to soak up the sunshine, connect with friends, and celebrate the great outdoors with your ESC family!

Let's kick off summer together — we'll save you a seat at the picnic table!

SAVE THE DATE:
6/19- CLOSED: Juneteenth
7/4- CLOSED: 4TH of July
7/10- Summer Picnic #2



EVENTS & NEWS!

WHAT'S HAPPENING @ ESC



Celebrating Pride Month! 🌈🎉 (6/26 @ 1p)

June is Pride Month, a time to celebrate the LGBTQ+ community, honor its many contributions to society, and recognize the ongoing journey toward equality, acceptance, and human rights. It is a joyful celebration of love, unity, resilience, and authenticity — embracing the beauty and diversity of all identities.

Join the Emeryville Senior Center (ESC) on Friday, June 26 for a fun, festive, and fabulous Pride celebration filled with community spirit and entertainment!

🍴 Congregate Lunch: 11:45 AM

🌈 Indoor Pride Parade: Following lunch

🎤 Drag BINGO with Miss Sweet Nothin': 1:00 PM

Get ready for an afternoon of laughter, prizes, music, and unforgettable fun with Miss Sweet Nothin', proudly representing Fishnets & Film. Come dressed in your favorite bright colors, rainbow gear, or simply bring your joyful spirit as we celebrate Pride, community, and inclusion together. All are welcome!

🌈 Love is love, and everyone belongs at ESC! 💜

Father's Day Fishing Trip! 🐟🎣 (6/5, 7a)

In celebration of Father's Day, cast your worries away and join the Emeryville Senior Center (ESC) for a relaxing and exciting day on the water as we reel in the fun at the beautiful Berkeley Marina!

📅 Friday, June 5

🕒 7:00 AM – 5:00 PM

📍 Meet at ESC before departure

Whether you're an experienced angler or trying fishing for the first time, this trip is the perfect opportunity to enjoy the fresh Bay air, connect with friends, and maybe even bring home dinner! Celebrate the fathers, father figures, and fishing enthusiasts in your life with a memorable day of laughter, relaxation, and adventure on the water.

👉 Before You Go – Helpful Reminders & Tips:

- ✓ Fishing License Required: A valid California fishing license is required for most adults and should be purchased in advance to avoid delays.
- 🧥 Dress in Layers: Bay mornings can be chilly, while afternoons are often sunny and warm.
- 🎣 Gear Needed: Rods, reels, and tackle; bait available for purchase.
- 🅑 Easy Parking: Free parking is available near the marina and bait shop.
- 🐟 A deckhand can gut and gill your fish; filleting services may be available for a small additional fee.

Come enjoy a peaceful day surrounded by ocean breezes, good company, and the thrill of the catch. Whether you hook the "big one" or simply enjoy the ride, this trip is sure to make waves!

👉 Space is limited, don't let this one get away! Register today!



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EVENTS
&
NEWS

WHAT'S HAPPENING @ ESC

Staff Spotlight & Exciting Changes at ESC!



Many of our members may have noticed a few friendly changes at the front desk following Helena's transition into a new position, and we are excited to officially share the news!

Please join us in congratulating Helena Sorus on her new role as Volunteer Coordinator at ESC! While you may still see Helena occasionally lending a helping hand at the front desk, her primary focus will now be supporting and coordinating assignments for our incredible team of volunteers who help make ESC programs and events possible.

Helena brings warmth, dedication, and a welcoming spirit to everything she does, and we know she will thrive in this important role. If you see her around the center, be sure to stop by, say hello, and get to know her, she's always happy to connect!

🌟 Congratulations, Helena, on this exciting new chapter! Thank you for all you do for the ESC community!

Friends of ESC

Before heading into their summer pause, our amazing Friends Volunteer Circle group completed 46 Summer Fun Backpacks, which have already been distributed to elementary school students in Emeryville and Oakland, helping local children stay engaged, supported, and ready for summer adventures.

When the Volunteer Circle returns in July, members will begin new projects focused on supporting:

- 📚 Children returning to school
- 🏠 Our unhoused neighbors
- 🤝 Isolated members of the Senior Center community

Looking for ways to help? Please be sure to check out the Friends of Emeryville article for information on needed donations and how you can contribute to support these meaningful efforts.

🌟 Thank you to our dedicated volunteers for continuing to spread kindness and care throughout our community!

2nd Friday Social @ ESC

Kick off your weekend with friends, fun, and great vibes at our Friday Night Social! Join us for an evening of music, a "potluck" dinner, games, and good company in a warm, welcoming atmosphere. Whether you're looking to unwind, meet new people, or just enjoy a lively night out, this is the place to be!

📅 2nd Friday (6/12, 4p-6p)
📍 Emeryville Senior Center

Come laugh, connect, and make memories. Your Friday nights just got a whole lot more fun!

Friends
of ESC

Friday
Social



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**EVENTS &
NEWS!**

WHAT'S HAPPENING @ ESC



🌟 Juneteenth Lunch Celebration @ ESC 🌟 (6/17)

Join us as we honor freedom, culture, and community at our Juneteenth Lunch Celebration! Come enjoy an afternoon filled with music, dancing, delicious food, and both live & virtual entertainment as we celebrate the rich history and spirit of Juneteenth together.

📅 Wednesday, June 17
🕒 11:30 AM - 1:00 PM
📍 ESC

Juneteenth, celebrated annually on June 19, commemorates the day in 1865 when enslaved African Americans in Texas finally learned they were free, more than two years after the Emancipation Proclamation was signed. It is a time to reflect on freedom, resilience, culture, and the ongoing journey toward equality.

Come dressed to celebrate, bring your joyful spirit, and enjoy an uplifting afternoon of fellowship, entertainment, and celebration as we honor this important moment in history. Don't miss the fun, music, and dancing, let's celebrate together! 🎉👯❤️❤️❤️

SUPPORT GROUP

Diabetes Support Group Meeting (6/4 @ 10:00am)
 Meet up with ESC's Diabetes Support Group, to discuss insulin resistance and how you can improve your condition. The group will discuss glycemic index and how that defines the best food choices and so much more!

WALKING W/ ESC

ESC Walking Group (6/4 @ 12:30pm)
 Improve your cardiovascular health, and muscle strength, and build friendships while enjoying walking and other outdoor activities. Walks will last approximately **1 to 1.5 hrs.**

PRIDE Support Group

ESC PRIDE Peer Support Group (6/17, @ 1:00pm)
 All members and aging adults of the LGBTQ+ community are invited to join us for a safe, welcoming space to connect, socialize, and build community. Enjoy coffee, conversation, and meaningful connection in a relaxed, supportive environment.

📅 3rd Wednesdays (6/17, @ 1:00 pm)
📍 Emeryville Senior Center

Come as you are, everyone is welcome.



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EVENTS & NEWS!

WHAT'S HAPPENING @ ESC

Emeryville Senior Center Member Survey

We Want to Hear From YOU! 🗨️ ✨

The Emeryville Senior Center is all about community, connection, and creating programs you actually enjoy, and that means your voice matters.

We've put together a short member survey to learn more about what you love, what you'd like more of, and what new ideas you want to see brought to life at ESC. From classes and trips to events, resources, and everyday services, this is your chance to help shape what comes next.

Whether you're here every week or just drop in from time to time, your feedback helps us grow stronger together and keep ESC vibrant, welcoming, and full of opportunities that reflect you.

- 📝 **Take a few minutes to share your thoughts and ideas**
- 💡 **Suggest new programs, trips, and events**
- 🎯 **Help improve the services you already use and enjoy**

Your input doesn't just stay on paper, it helps guide real decisions that impact our center, our programming, and our community.

Click, share, and help us build the future of ESC together! ❤️

[Emeryville Senior Center Member Survey - Collaboration](#)

Voting Center 2026



ESC Serving as a Voting Center 🗳️

The Emeryville Senior Center (ESC) will serve as an official Voting Center for the upcoming Statewide Primary Election. We encourage all members to plan ahead and be aware that portions of the Center may experience increased activity during voting days.

Voting Center Dates & Hours:

- 🗳️ 17 **Saturday, May 30 – Monday, June 1, 2026**
🕒 9:00 AM – 5:00 PM
- 🗳️ 17 **Tuesday, June 2, 2026 (Election Day)**
🕒 7:00 AM – 8:00 PM

Whether you choose to vote early or on Election Day, this is a convenient opportunity to make your voice heard right here at ESC.

Please be mindful of parking during these dates, as increased visitor traffic may impact parking availability. We encourage members to allow extra time for arrival and parking when visiting the Center.

Your vote matters—thank you for supporting civic engagement in our community! 🇺🇸 🗳️

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TRIPS: JUNE 2026

JUNE TRIP
REGISTRATION IS
OPEN WEDNESDAY,
5/27
@ 9AM

USS Potomac 4th of July
Fireworks Cruise
(7/4, 6P-11P)
\$170

⚓ 4th of July Cruise on the USS Potomac! ⚓
Aboard the USS Potomac for an amazing cruise to see the city of SF's spectacular July 4th fireworks show! You'll cruise to a prime waterfront viewing spot, with the show beginning around 9 p.m., then return to Jack London Square after the celebration.
Enjoy light food service on board, with beer and wine available for purchase, plus complimentary coffee, tea, and water.
Celebrate Independence Day with history, great views, and unforgettable company, space is limited, so reserve your spot today!
(MINOR TO MODERATE WALKING) Trip #: 072026002

Fillmore Jazz Festival
(7/5, 9A-6P)
\$25

Join us for a day at the world-renowned Fillmore Jazz Festival, where you will spend the day exploring the rich cultural history of the Fillmore while enjoying great music, shopping, dining, and entertainment at your own pace. Whether you're a longtime jazz lover or simply looking for a fun summer outing, this festival promises an unforgettable experience! 🎷🎵
(MINOR TO MAJOR WALKING) Trip #: 072026003

Summer Coastal
Adventure
(7/9, 7:30A-6:30P)
\$117

Embark on an unforgettable summer adventure on a scenic motorcoach day trip filled with charm, history, and breathtaking views. Start in Carmel-by-the-Sea, this picturesque seaside town features storybook architecture, cozy cafés, tasting rooms, and boutique shops. Wander its quaint streets, feel the ocean breeze, and discover the artistic spirit by visiting some art galleries.
Cost Includes:
Roundtrip on Luxury Coach w/ Restroom Onboard,
Bus Fees (Parking, Driver Gratuity, Bridge Toll, etc...),
2 ½ Hours Free Time in Carmel-By-The-Sea,
2 ½ Hours Free Time in Cannery Row
*Monterey Bay Aquarium Tickets are not included. You can purchase on your own.
(MINOR TO MAJOR WALKING) Trip #: 072026001

Taste of Napa
(7/11, 10:30A-5P)
\$320

Experience the flavors, sights, and sounds of wine country at Taste of Napa, part of the celebrated Festival Napa Valley! This lively event brings together world-class wineries, exceptional cuisine from renowned chefs, live music, and the beautiful atmosphere of downtown Napa for an unforgettable day.
Stroll through tasting pavilions, sample gourmet bites, enjoy live entertainment, and soak in the elegance and energy of one of Napa Valley's signature summer festivals. Whether you're a foodie, wine enthusiast, or simply looking for a fun and scenic outing, this trip is sure to delight! 🍷🎵
(MINOR TO MAJOR WALKING) Trip #: 072026004

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CONT. TRIPS: JUNE 2026

Petaluma Art & Garden Festival
(7/12, 9A-6P)
\$25

Spend the day exploring the charming streets of historic downtown Petaluma at the annual Art & Garden Festival! This beloved community event features beautiful garden displays, unique arts and crafts vendors, live entertainment, delicious food, wine and beer gardens, and plenty of local shopping.

Celebrate creativity, culture, and the beauty of summer while enjoying the lively atmosphere of one of Sonoma County's favorite festivals. Whether you're browsing handcrafted goods, admiring garden inspiration, or simply soaking in the music and community spirit, there's something for everyone to enjoy! 🌿🌸🌻 (MINOR TO MAJOR WALKING) Trip #: **072026005**

Pleasant Hill Blues & Brews Festival
(7/18, 3P-9P)
\$105

Join us for a lively day at the Blues & Brews Festival, a celebration of great music, craft beverages, delicious food, and community fun! Enjoy live blues performances from talented musicians while exploring craft beer selections, local vendors, and festival favorites in a vibrant outdoor setting.

Whether you're a longtime blues fan or simply looking for a fun summer outing with good food and entertainment, this festival offers the perfect mix of relaxation, rhythm, and excitement. Don't miss this unforgettable day of music and brews! 🎵🍺

(MODERATE TO MAJOR WALKING) Trip #: **072026006**

Sugartown Fest VIP Experience
(7/19, 10A-6P)
\$45

Spend your summer Sunday soaking up the charm of historic Crockett at the annual Sugartown Festival, a lively community celebration packed with live music, artisan vendors, delicious food, local wine and beer, and family-friendly fun. Stroll the shaded streets, discover handcrafted treasures, dance to all-day entertainment, and enjoy the welcoming small-town energy that makes this waterfront festival a Bay Area favorite.

Whether you're coming for the music, the food, or the good vibes, Sugartown Festival delivers the perfect mix of community spirit and summer celebration.

(MODERATE TO MAJOR WALKING) Trip #: **072026007**

Dine Around: Heads & Tails BBQ
(7/21, 11A-3P)
\$15

Join for a flavorful dining experience at Heads & Tails Barbecue! Known for its smoky, slow-cooked meats, comforting Southern-inspired sides, and welcoming atmosphere, this local favorite serves up bold barbecue flavors that keep guests coming back for more.

Enjoy great food, good company, and a relaxed outing with friends as we explore one of the Bay Area's delicious barbecue spots. Come hungry and ready for a finger-licking good time! 🍖🔥🍴

(MINOR WALKING) Trip #: **072026008**

JUNE 2026



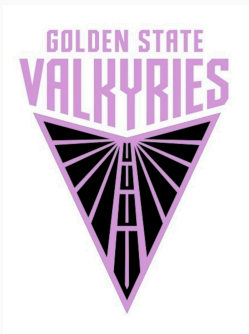
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REGISTRATION NOW OPEN!

TRIPS: UPCOMING 2026

WNBA GAME:
Valkyries vs Tempo
(8/2, 3:30P-9:30P)
\$140



Get ready for an electrifying night of hoops, Bay Area energy, and GIRL POWER! Your game experience tips off before the doors officially open with exclusive access to the Pre-game Shootaround, where you'll step foot on the actual court that Veronica Burton (& Steph Curry) play on every season. Your seats are located in the lively Modelo Cantina section, where you'll enjoy great sight lines and an atmosphere that keeps the excitement flowing from tip-off to the final buzzer. **(MINOR TO MAJOR WALKING) Trip #: 082026001**



Join ESC for a 4-day, 3-night cultural getaway to beautiful Ashland, Oregon! Enjoy scenic travel, charming downtown exploration, and the option to experience world-class performances at the renowned Shakespeare Festival.

- 🚌 Trip includes transportation, hotel stay, brewery tour, garden visit, and more.
- 📅 ¹⁷ October 6-9, 2026
- 💰 Starting at \$665/pp (double)
- 🎫 Theater tickets sold separately for flexible scheduling
- ⚠️ Limited to 25 participants, reserve early!

(MODERATE TO MAJOR WALKING) Trip #: 102026001

Ashland Shakespeare Fest.
(10/6-10/9, 6:30A-8P)
\$665-771/pp

Cambria Christmas Markets & Hearst Castle
(12/6-12/7, 6:30A-8P)
\$388-\$408/pp

Join ESC for a magical overnight holiday trip to California's Central Coast! Experience the enchanting Cambria Christmas Market filled with twinkling lights, festive treats, and holiday cheer, plus a tour of the beautifully decorated Hearst Castle.

- 🚌 Includes transportation, hotel stay, breakfast, and more!
- 📅 ¹⁷ December 6-7, 2026
- 💰 Starting at \$388/pp (based on occupancy)
- 🎫 Limited space available—reserve your spot early!

(MODERATE TO MAJOR WALKING) Trip #: 122026001



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PRESENTATIONS



You Matter: Wellness, Resources & Support for Seniors **(6/5/26 @ 11:00am)**

Join Family Support Services for a fun, interactive wellness session designed just for you! We'll talk about taking care of your mind and body, understanding your rights and resources in Alameda County, and how to get free support if you're caring for a grandchild or loved one.

Billiards Room

ESC Escort Training & Refresher 🚗 ⭐ **(6/26 @ 10:00am)**

📅 Friday, June 26

🕒 10:00 AM

📍 Billiards Room

Do you enjoy traveling on Senior Center Day trips? Have you ever thought about becoming an ESC Trip Escort and earning a free trip while helping fellow members enjoy their experience?

Join us for an Escort Training & Refresher to learn what it takes to be a successful trip escort! Whether you're brand new or simply need a refresher, this informational session will cover the ins and outs of escorting—from what works, what to avoid, helpful tips, and how to still enjoy the outing yourself while supporting the group.

Being an escort is a rewarding way to give back, meet fellow members, and help make our trips safe, fun, and memorable for everyone.

Have questions? Please contact Tamika Wright by email at twright@emeryville.org or call (510) 596-3787.

Come learn, connect, and see if becoming an ESC Escort is right for you—we hope to see you there! ⭐

Billiards Room



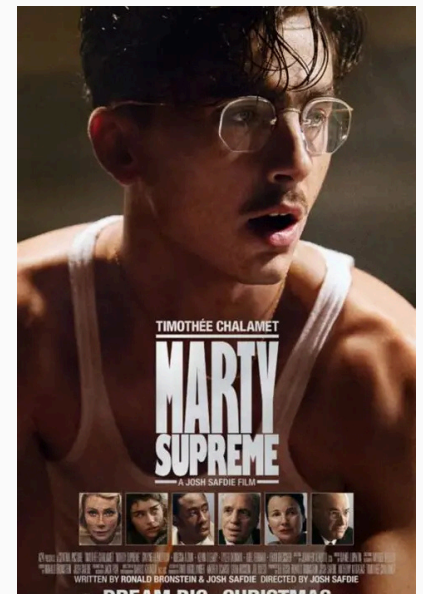


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FRIDAY MOVIES

Did you know that in GOAT, Stephen Curry not only produced the film through his Unanimous Media Company but also voiced character Lenny Williamson, making it his film debut as a voice actor.



6/5 The Secret Agent:

Amid the political turmoil of 1977 Brazil, a technology expert is forced into hiding and seeks help from the underground resistance as he tries to flee the country with his young son, after returning to Recife during Carnival to escape his past, only to be drawn into the dangers of a dictatorship's corruption and intrigue.

6/12 (@ 2pm)- Body Heat:

During an extreme, sweltering Florida heatwave, where a seedy lawyer's affair with a seductive married woman spirals into a dangerous plot against her wealthy husband.

6/26- Marty Supreme:

Marty Mauser, a young man with a dream no one respects, goes to hell and back in pursuit of greatness. Chalamet's Marty is constantly deploying his considerable charm to shape the world to his liking, always at the expense of those around him, us included. Our desire to see him succeed in table tennis is hard to shake, and the more damage done by his manipulative schemes, the greater our guilt at continuing to root for him anyway.



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RESOURCES (CONT.)

SENIOR HELP DESK

NEED HELP?

MEET WITH VOLUNTEER GUIDES FOR HELP ACCESSING:

- Technology
- Medical Services
- Housing
- Education
- Food Assistance
- Transportation
- Legal Services
- Employment
- Estate Planning
- And more!

Dates: 4/1, 4/8, 4/15, 4/22, 4/29
Time: 11:00 AM

Location: 4321 Salem St., Emeryville, CA 94608

Let's build a stronger, more connected community together.

ESC Help Desk (Wednesdays @ 11am)

☛ Meet with Volunteer Help Desk Guides for help navigating local resources, they are here to assist you in accessing:

- 🎓 Education
- 🍲 Food Assistance
- 🏥 Medical Services
- 🏠 Housing
- 📄 Estate Planning
- 🚗 Transportation
- ⚖️ Legal Services
- 💼 Employment ...and more!

Dates: 6/3, 6/10, 6/17, 6/24
Time: 11:00 AM – 1:00 PM
Location: Emeryville Senior Center
4321 Salem St., Emeryville, CA 94608

Let's work together to build a stronger, more connected community.



Friends Volunteer Circle Group Meeting

The Friends Volunteer Circle will be taking a short break and will not meet in June, but don't worry they'll be back in action this July, ready to continue making a difference in our community!

Other Resources

211 (Local Assistance and Referral Program): <http://211alamedacounty.org/>
 Born to Age Resource Referral: borntoage.com/alameda-county

Legal Assistance for Seniors -
 Call **510-832-3040** and leave a message. www.lashicap.org

East Bay Community Law Center - **Call 510-548-4040**

HICAP - **Call 510-839-0393** for phone appointments. There may be delays in response time.

Center for Independent Living:
<https://www.centerforindependentliving.org/programs>

SPECTRUM for Community Services: www.spectrumcs.org/energy-services/liheap

Home Energy Assistance Program (HEAP):
<https://www.spectrumcs.org/energy-services/liheap>

Ashby Village: Aging Better Together: <https://www.ashbyvillage.org>

Alameda County Aging and Disability Resource Connection (ADRC):
<https://alameda.my-adrc.org/>





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RESOURCES



Mercy Brown Bag Grocery Pick Ups

Mercy BrownBag Grocery Pick Ups Brown Bags for seniors 60+ are distributed at ESC from 9–10 AM on the **1st & 3rd Thursday** of each month.

Next dates: **June 4th & 18th**

Please bring your own reusable bag and be ready to update personal info if needed. Bags will only be held with an advance request. Not registered? Call Jacob at (510) 596-4309 or sign up on-site at 9 AM on distribution days.



AARP

AARP Driver Safety (8-hr) Refresher Course
The next 4-hour AARP refresher course will be held on:
Thursday, July 15, 9:00 AM – 1:00 PM.

Fee: \$20 (AARP members) | \$25 (non-members)

Register in advance: 510-596-3730 (or walk in)

Can't attend in person? Explore online, self-paced workshops at aarp.org or renew insurance discounts through the AARP Driver Safety Program at aarpdriversafety.org.



Tech Help w/ Ashby Village (4th Thursday @ 1pm)

Need help with your smartphone, tablet, or laptop? Stop by our monthly drop-in tech session—no appointment needed!

1:00–3:00 PM (6/25/26)

ESC Main Hall, 4321 Salem St.

The Ashby Village Tech Team will guide you one-on-one with apps, device settings, accessibility tools, and more—at your pace. Just drop in!

Questions? Call (510) 596-3730.

Let's make tech easier, together!

Meals on Wheels

Meals on Wheels Meals on Wheels continues to serve homebound seniors (60+) in Emeryville with up to 7 ready-to-heat meals per week, delivered on Monday, Wednesday, and Friday mornings.

To request meals or refer a senior: Call 510-596-4309 or email jacob.wojnar@emeryville.org.

Outside Emeryville? Contact your local program:

Oakland / San Leandro / Hayward / Castro Valley / San Lorenzo:
510-582-1263

Berkeley: 510-981-5250

Join us for Lunch @ ESC!

Enjoy a hot congregate (dine-in) lunch, Monday–Friday at 11:45 AM. Check the **June** menu for daily offerings. These programs are funded by Alameda County. A \$3 donation per meal (\$10 for members under 60) is appreciated.

We are in need of kitchen volunteers, come join our team





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HEALTH & WELLNESS CLASS SCHEDULE

Senior Center Classes

Your health and wellness are extremely important and ESC is happy to afford our members the opportunity to remain active and enjoy your favorite classes. Please note which classes are available in person, online via Zoom or a hybrid class (both options are available). Want to Zoom but don't have access?

Online/Hybrid Zoom Classes

Instructor	Class	Day/Time	Website (Click for link)	Other Info
Joe	Meditation	M/TW//Th, 8:00am (No Class 5/25)	Zoom	ID 940 9351 3137, PW 4321
Helen	Weights	Tuesdays, 9:30am	Zoom	ID 870 8808 7266, PW 4321
Helen	Zumba	Tuesdays, 10:30am	Zoom	ID 818 8733 2590, PW 4321
Pamela	Pain Ease	Tuesdays, 2:00pm	Zoom	ID 925 9097 9143, PW 4321
Novella	Line Dance	Wednesdays, 9:30am	Zoom	ID 993 4137 3668, PW 4321
Isabelita	Qi Gong	Wednesdays, 10:30am	Zoom	ID 810 5258 6014, PW 4321
Stephanie	Rosen	Thursdays, 10:00am	Zoom	ID 894 5266 7677, P: 670945
Pamela	Yoga	Thursdays, 9:00am	Zoom	ID 925 9097 9143, PW 4321

In-Person Classes

Instructor	Class	Day/Time	Location	Other Info
Judy	Tai Chi	Mondays, 9:00am	Upstairs	No Class 5/25
Sandra	NIA	Mondays, 10:00am	Main Hall	No Class 5/25
Volunteer	Current Events	Mondays, 10:00am	Billiards Rm	No Class 5/25
Sandra	Chair Yoga	Mondays, 11:00am	Upstairs	No Class 5/25
Helen	Weights	Tuesdays, 9:30am	Main Hall	Zoom Link Above
Jay	Ukulele	Tuesdays, 10:30am	Billiards Rm	
Helen	Zumba	Tuesdays, 10:30am	Main Hall	Zoom Link Above
ESC Staff	Mahjong	Tuesdays, 12:00pm	Upstairs	Practice Only
Jay	Karaoke	Tuesdays, 12:30pm	Billiards Rm	
Daphne	Intermediate Tap	Tuesdays, 1:00pm	Main Hall	
Pamela	Yoga Pain Ease	Tuesdays, 2:00pm	Upstairs	Zoom Link Above
Daphne	Beginner Tap	Tuesdays, 2:00pm	Main Hall	
Novella	Line Dance	Wednesdays, 9:30am	Main Hall	Zoom Link Above
Lee	Ageless Grace	Wednesdays, @ 10am	Upstairs	
Lee	Body Restore	Wednesdays, @ 11am	Upstairs	
ESC Staff	Pickleball	M/W, 1:00pm	Main Hall	
Pamela	Yoga	Thursdays, 9:00am	Upstairs	Zoom Link Above
Terry	Guitar & Songs	Thursdays, 10:00am	Billiards Rm	
Helen	Weights	Thursdays, 9:30am	Main Hall	2nd & 4th Thursdays
Helen	Zumba	Thursdays, 10:30am	Main Hall	
Staff	Needlework Circle	Thursdays, 1:00pm	Billiards Rm	
ESC Staff	Pickleball	Thursdays, 1:00pm	Main Hall	2nd & 3rd Thursdays
Ann	Tai Chi	Fridays, 10:00am	Upstairs	No Class 6/19
Bayon	Happy Meditation	Fridays* @ 11:30am	Upstairs	No Class 6/19
Sandra	Tango	Fridays, 1:00pm	Main Hall	No Class 6/19



THE LINK

EMERYVILLE SENIOR CENTER • 4321 SALEM STREET, EMERYVILLE, CA 94608 • [510] 596-3730

TRANSPORTATION PROGRAMS

Mobility Options:

The Emeryville Senior Center is the home of many transit / paratransit programs that support increased mobility and options for older adults in the community. Please see the information below to find out more about each program.

8-To-Go: Door-to-Door Shuttle Service:

The Emeryville Senior Center, in conjunction with the Emeryville Transportation Management Association, is excited to provide the 8-To-Go shuttle service. 8-To-Go is a scheduled, door-to-door, shared ride transportation for residents of the 94608 zip code area.

Eligibility:

The shuttle service is specifically for those age 70 years and above or persons between 18 and 69 that are East Bay Paratransit Certified. 8-To-Go will be happy to take eligible residents anywhere within the 94608 zip code and even to some destinations just outside of this area, such as Berkeley Bowl West, MacArthur BART, Herrick Hospital, Kaiser Oakland, and the "Pill Hill" Hospitals and Medical Clinics. Service hours for the 8-To-Go are generally from 9am-12:30pm and 1:30pm-4pm Mon-Fri. The shuttle does not operate on evenings, weekends, or holidays.

Complete Information:

Click for a [brochure](#) with complete information about the 8-To-Go Program. For more information on 8-To-Go, please contact the Emeryville Senior Center at 510-596-3730.

Applying: Click for an [application](#) for the 8-To-Go Program.

Fees:

8-To-Go is only \$1 per ride (each way) for qualifying users through a multi-year grant by the Alameda county Transportation Commission (A-CTC). For more information on A-CTC's funding of this and other great programs, please visit the Alameda-CTC's [website](#).


Taxi/Lyft/Uber Reimbursement Program:

The Emeryville Senior Center offers a taxi reimbursement program to Emeryville residents age 70 and older. Beginning July 2018, we are also accepting Lyft and Uber for Reimbursement. Members will be reimbursed for 90% of their taxi/TNC rides every 3 months, up to \$80 in actual fares purchased (e.g. a recipient will receive up to a \$72 reimbursement check for up to \$80 worth of taxi rides every three months). Eligibility is not based on income or assets, so please apply today! Call the Senior Center at 510-596-3730 for any questions about this service.



JUNE 2026

CAFÉ DINE-IN MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Beef and Tomato Stir Fry Seasoned Carrots & Cabbage* Vegetable Fried Brown Rice Diced Pineapple/ Mango+	2 Beef and Bean Chili Brown Rice Southern Green Beans Fresh Mandarin Orange+	3 Chicken & Tortellini Soup Green Salad (Romaine & Cabbage) with shredded carrots with Ranch Whole Wheat Crackers Seasonal Apple	4 Vegetable Enchilada Casserole (with Beans) WW Crackers Zucchini, Corn & Peppers+ Papaya+	5 Chicken & Sausage Gumbo Brown Rice Collard Greens+* Green Salad (Romaine & cabbage) + w/ Italian Dressing Grapes
8 Teriyaki Chicken Asian Vegetable Medley Stir Fry (broccoli, carrots, snap peas)+ Steamed Brown Rice Fresh Citrus Cutie+ Chocolate Chip Cookie	9 Meat Loaf (Turkey) w/ Gravy Whipped Sweet Potatoes* Steamed Broccoli+ Whole Wheat Roll Seasonal Pear	10 Thai Fish Curry Soup Whole Wheat Crackers Coleslaw+ Banana	11 Spinach & Mushroom Lasagna (Vegetarian) White Bean Ragu Garlic Zucchini Citrus Cutie+	12 BBQ Chicken Thigh Seasoned Greens+* Coleslaw+ WW Crackers Grapes
15 Chicken and Mushroom in Black Bean Sauce Sesame Green Beans Steamed White & Brown Rice Blend Cutie Citrus+	16 Beef and Vegetable Stew* Zucchini Brown Rice Diced Mango+	17 Chicken Pozole Green Salad (Romaine & Cabbage) +with shredded carrots with citrus vinaigrette Whole Wheat Crackers Seasonal Pear	18 Juneteenth Meal Homemade Baked Macaroni & Cheese (Vegetarian) Braised Collard Greens+* Lima Beans Red Salad (watermelon, red grapes, raspberries, strawberries, plum)	19 <p style="text-align: center;">ALL CENTERS CLOSED IN HONOR OF JUNETEENTH</p>
22 Happy Father's Day Lemongrass Chicken Squash Medley Stir Fry + Steamed White & Brown Rice Blend Papaya+	23 Baked Cod in a Lemon Garlic Cream Sauce Brown Rice Malibu Blend Vegetables (broccoli, carrot, cauliflower) +* Banana	24 Chicken & Vegetable Tortilla Soup Tortilla Chips Green Salad (Romaine & Cabbage) + with cilantro lime dressing Pineapple chunks+	25 Indian Vegetable Curry with tofu & chickpeas (Vegan) Brown Basmati Rice Roasted Sweet Potato* Green Beans Seasonal Citrus+	26 PRIDE Month Sweet & Spicy Citrus Tilapia Quinoa Garlicky Spinach* Steamed Broccoli+ Rainbow Fruit Salad (grapes, honeydew, strawberries, cantaloupe, blueberries, mango, pineapple) +
29 Thai Basil Ground Turkey Asian Vegetable Blend (broccoli, carrots, snap peas) +* Steamed White & Brown Rice Blend Citrus Cutie+	30 Beef Brisket au jus Mashed Potatoes Southern Green Beans Whole Wheat Roll Pineapple, berries, mango+	Meals are prepared by Nutrition Solutions, Inc. with Title III Older American Act funds administered by Alameda County Area Agency on Aging	+denotes vitamin C-rich foods * denotes vitamin A-rich foods 	All meals have no more than 800 milligrams of sodium. If a meal has more than 1,000 milligrams of sodium, it will be labeled a <u>Higher Sodium Meal</u>

Program participation is not limited with regard to: Race, ethnicity, national origin, religion, economic status, political affiliation, gender, sexual orientation, gender identity, immigration status or disability.



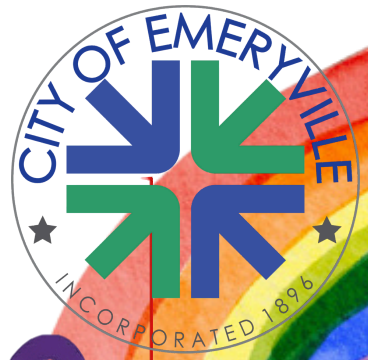
EMERYVILLE SENIOR CENTER MEMBER SURVEY



HELP US IMPROVE!

TAKE THE MEMBERSHIP SURVEY BY
SCANNING THE QR CODE OR CLICK
HERE





DRAG BINGO

HOSTED BY SWEET NOTHING

EMERYVILLE SENIOR CENTER

JUNE 26TH

1-3PM

REGISTRATION OPENS

5/25 @ 9AM

\$5

HAPPY PRIDE
MONTH!

4321 SALEM ST.
EMERYVILLE
CA 94608
510) 596-3730

24

16

13



Emeryville Senior Center Presents...

GOLDEN STATE VALKYRIES VS TORONTO TEMPO

AT CHASE CENTER IN SAN FRANCISCO

DEPART: 3:30PM FROM: EMERYVILLE SENIOR CENTER 4321 SALEM ST, EMERYVILLE, CA 94608

APPROX RETURN: 9:30PM

DATE: SUNDAY, AUGUST 2, 2026

COST: \$140/PP BASED ON 33 GUESTS



MUST REGISTER BY
FRIDAY
MAY 22 2026

Get ready for an electrifying night of hoops, Bay Area energy, and GIRL POWER! Your game experience tips off before the doors officially open with exclusive access to the Pre-game Shootaround, where you'll step foot on the actual court that Veronica Burton (& Steph Curry) play on every season. Hear the sneakers squeak and witness moments that most fans never get to see. Your seats will be located in the lively Modelo Cantina section, where you'll enjoy great sightlines and an atmosphere that keeps the excitement flowing from tip-off to the final buzzer.



MOBILITY LEVEL - 2: Bus will park as close as possible, there may be a short walk of up to 1 block. All seats are located within the Modelo Cantina.

COST INCLUDES: Roundtrip Luxury Motorcoach Transportation in a NEW 34 Passenger Bus with Restroom Onboard, Bus Fees (Driver Gratuity, Bridge Toll), Pregame Shootaround Experience, Tickets in the Modelo Cantina for the Valkyries vs Tempo WNBA Game at Chase Center



For full registration details, please see Tamika Wright at the Senior Center or call (510) 596-3730

MUST REGISTER BY 5/22/26

TravelCenter, Tours and Travel, 1936 Oak Park Blvd., Pleasant Hill, CA 94523 (925)937-2223

All trips and tours are arranged for your pleasure. TravelCenter, Tours and Travel, Emeryville Seniors, City of Emeryville assume no responsibility for any passenger or their possessions. All trips, tours and shows are subject to change and availability. No refunds unless a replacement is found. Tickets are non-refundable. Individual cancellations/changes must follow Emeryville Senior Center's cancellation policy. Specific conditions apply. CST#1002945-40



ARTIST
RESIDENCY
FOR CULTURAL
IDENTITY

2 0 2 6

MEHMOON



SAM MARJAEI

COME ON IN | PLAY WITH WOOD | BE MY GUEST

05/15

Gallery Hours | Thursday - Sunday | 1PM - 6PM

06/15

06/06 OPENING RECEPTION 4PM

RCCD Gallery, 5616 Bay St, Emeryville Unit 5610 | @rccdemeryville

For more info email sfm.sammy@gmail.com

ROTTEN CITY CULTURAL DISTRICT PRESENTS



2026 ARTIST RESIDENCY COHORT

April/May	Freddie Sizemore
May/June	Seyedeh Fatemeh Marjaei
June/July	East Bay Artists' Circle
July/August	Jasmine Singh Rosado
September	Archana Horsting
November/December	Alyssa Minko
December/January	Method Made
January/February	Jeffrey Yip



Gallery Hours | Thursday - Sunday | 1 pm - 6 pm

5616 Bay Street, Unit 5610 | [Rottencityculturaldistrict.com/events](https://rottencityculturaldistrict.com/events) | @rccdemoryville

JOIN EMERYVILLE SENIOR CENTER FOR A DAY TRIP SUMMER COASTAL ADVENTURE



Featuring: Carmel by the Sea & Cannery Row Monterey

Embark on an unforgettable summer adventure on a scenic motorcoach day trip filled with charm, history, and breathtaking views. Start in Carmel-by-the-Sea, this picturesque seaside town features storybook architecture, cozy cafés, tasting rooms, and boutique shops. Wander its quaint streets, feel the ocean breeze, and discover the artistic spirit by visiting some art galleries. You will have from 11am-1:30pm for this beautiful seaside town. Next, from 2pm to 4:30pm, explore historic Cannery Row in Monterey. Once a sardine packing district, it now offers restaurants, shops, and attractions against the stunning Monterey Bay backdrop. Visit the Monterey Bay Aquarium or enjoy a meal along the scenic waterfront, the time is free for you to explore.

Cost Includes: Roundtrip Motorcoach Transportation on Luxury Coach with Restroom Onboard, Bus Fees (Parking, Driver Gratuity, Bridge Toll, etc...),
2 ½ Hours Free Time in Carmel-By-The-Sea,
2 ½ Hours Free Time in Cannery Row

**Monterey Bay Aquarium Tickets are not included, you can purchase on your own.
You will arrive to Cannery Row at 2pm, the Aquarium will close at 5pm.*

DATE: JULY 9TH, 2026

COST: \$117/PP

TIME: DEPART 8AM | 6:30PM APPROX. RETURN

PICKUP: EMERYVILLE SENIOR CENTER

432I SALEM ST

FOR RESERVATIONS PLEASE CONTACT:

TAMIKA WRIGHT (510) 596-3730



Walking Level: 2 - Medium

Carmel is paved, but has several inclines. Cannery Row is paved and flat.

All trips and tours are arranged for your pleasure. TravelCenter, Tours and Travel, Emeryville Seniors, City of Emeryville and Kim Burrows assume no responsibility for any passenger or their possessions. All trips, tours and shows are subject to change and availability. No refunds unless a replacement is found. Tickets are non-refundable. Individual cancellations/changes must follow Emeryville Senior Center's cancellation policy. Specific conditions apply. CST#1002945-40

TravelCenter
Tours & Travel



Life is a good trip.



JOIN EMERYVILLE SENIOR CENTER ON
AN EXTENDED TOUR BY BUS



ASHLAND


SHAKESPEARE FESTIVAL

OCTOBER 6TH-9TH





COST: DOUBLE \$665/PP
SINGLE \$771/PP

BASED ON A 25 GUEST MINIMUM

TRIP COST INCLUDES:



ROUNDTRIP TRANSPORTATION IN A 34 PASSENGER COACH WITH RESTROOM ONBOARD, TOUR OF SIERRA NEVADA BREWERY WITH TIME FOR LUNCH, COMFORT STOP IN THE TOWN OF WEED, 3 NIGHT STAY AT THE ASHLAND HILLS HOTEL IN OREGON, SHUTTLE TO AND FROM THE SHAKESPEARE FESTIVAL, SELF-GUIDED TOUR OF DUNSMUIR BOTANICAL GARDENS, LUNCH STOP AT YAKS ON THE 5, BAGGAGE HANDLING, BUS FEES (DRIVER GRATUITY, BRIDGE TOLL, FUEL, PARKING, WHEN APPLICABLE)



JOIN THE EMERYVILLE SENIOR CENTER FOR AN EXTENDED TOUR ASHLAND SHAKESPEARE FESTIVAL

TUESDAY OCTOBER 6-FRIDAY OCTOBER 9, 2026

ASHLAND ADVENTURE: BREWS, BEAUTY & THEATER ESCAPE

Get ready for a four-day getaway filled with scenic Northern California landscapes, lively small-town charm, delicious food, and world-class theater in the enchanting town of Ashland, Oregon. This thoughtfully paced trip blends relaxation, exploration, and optional cultural experiences—perfect for travelers who enjoy a mix of guided structure and free time.

Day 1 – October 6: Journey North & Playful Stops

Your adventure begins bright and early with pickup at the Emeryville Senior Center. After loading luggage and settling in, we'll head north toward the mountains.

Our first stop brings us to the renowned Sierra Nevada Brewing Company, where you'll enjoy a guided tour and time for lunch. Take in the craftsmanship behind one of California's most iconic breweries while relaxing in a beautiful setting. We continue onward to the delightfully quirky town of Weed, CA. Here, we'll visit the famous "Weed Store"—a lighthearted and memorable stop filled with playful souvenirs and cheeky memorabilia that never fails to get a laugh. Guests love browsing the tongue-in-cheek merchandise (think "I ♥ Weed, CA"), making this a fun photo opportunity as well as a convenient restroom break before continuing on. By early evening, we arrive at our hotel in Ashland. After check-in, the night is yours to unwind. For those interested, optional evening theater performances are just a short ride away—perfect for anyone eager to dive right into Ashland's vibrant arts scene.



Day 2 – October 7: Discover Ashland & Festival Experiences

After a relaxed morning departure, we'll head into the heart of Ashland—a charming, walkable town known for its rich arts culture and welcoming atmosphere. At its center is beautiful Lithia Park, a nearly 100-acre green oasis featuring shaded walking paths, bubbling creeks, gardens, and peaceful gathering spaces—perfect for a leisurely stroll or quiet moment in nature.

Ashland offers a delightful mix of boutique shopping, cozy cafés, wine bars, and art galleries, all within a few picturesque blocks. Whether you're browsing local shops, enjoying a relaxed lunch, or simply taking in the mountain air, the town invites you to explore at your own pace.

Guests may also choose to enhance their experience with a behind-the-scenes theater tour or attend matinee performances at the world-renowned Oregon Shakespeare Festival—one of the country's premier theater destinations, known for its rotating lineup of classic and contemporary productions.

Afterward, you'll have time to recharge at the hotel before heading back out for optional evening shows featuring a variety of compelling performances. This flexible day allows you to tailor your experience—immerse yourself in theater, explore the town, or do a bit of both.



All trips and tours are arranged for your pleasure. TravelCenter, Tours and Travel, Emeryville Seniors, City of Emeryville, Tamika Wright, assume no responsibility for any passenger or their possessions. All trips, tours and shows are subject to change and availability. No refunds unless a replacement is found. Individual cancellations/changes must follow Emeryville Senior Center's cancellation policy. Specific conditions apply. CST#1002945-40

TravelCenter, Tours and Travel, 1936 Oak Park Blvd., Pleasant Hill, CA 94523 (925)937-2223

TravelCenter
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Life is a good trip.™

JOIN THE EMERYVILLE SENIOR CENTER FOR AN EXTENDED TOUR ASHLAND SHAKESPEARE FESTIVAL TUESDAY OCTOBER 6-FRIDAY OCTOBER 9, 2026

Day 3 – October 8: More Theater & Leisure

Today mirrors the relaxed, choose-your-own-adventure style of Day 2—with new show options and another opportunity to experience Ashland’s cultural richness. Start the day with an optional behind-the-scenes tour or enjoy a peaceful morning exploring town. Wander through Lithia Park, revisit your favorite shops, or discover a new café tucked along Ashland’s charming streets. Afternoon and evening performances offer fresh selections, making it easy to catch something new or revisit a favorite style of production. Whether you’re a devoted theatergoer or simply soaking in the atmosphere, this day continues the magic of Ashland at your own pace.



Day 4 – October 9: Scenic Return Home

After checking out, we begin our journey home with a refreshing stop at the Dunsmuir Botanical Gardens, a hidden 10-acre gem nestled along the Upper Sacramento River. This peaceful, forested setting features easy walking paths, open meadows, and seasonal blooms including dogwoods, azaleas, rhododendrons, and the region’s famous Shasta lilies. It’s the perfect place to stretch your legs, breathe in crisp mountain air, and enjoy a quiet moment surrounded by natural beauty. Next, we’ll stop for lunch at Yak’s on the 5, a beloved Northern California roadside favorite that has become a destination in its own right. Known for its juicy smash burgers, creative sandwiches, fresh salads, and indulgent sticky buns, Yak’s serves up hearty comfort food with bold flavors. It’s a fun, satisfying stop to relax, refuel, and swap stories from the trip.

(Lunch will be on your own, feel free to choose what you would like to eat.)

Our final stop is at Granzella’s, where you can browse specialty goods, pick up snacks, and stretch your legs one last time before heading home. Grab an ice cream cone on your way out!

We anticipate arriving back in Emeryville by early evening.



Important Notes

Theater tickets are not included in this trip package. Guests are strongly encouraged to purchase tickets in advance directly through the Oregon Shakespeare Festival website: www.osfashland.org or box office to secure preferred shows and seating.

Optional activities, including theater performances and local transportation (such as Uber), are at guests’ discretion.

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TravelCenter, Tours and Travel, 1936 Oak Park Blvd., Pleasant Hill, CA 94523 (925)937-2223

TravelCenter
Tours & Travel



Schedule of shows - to attend you must purchase your own tickets, we recommend doing so ahead of time online or by calling the box office 800-219-8161

October 6th Emma 8pm - Angus Bowmer Theater

(No shuttle. UBER or Public Transport is available.)

Jane Austen's beloved Regency-era heroine takes center stage in this fast, funny, feminist adaptation by Kate Hamill, featuring contemporary pop music and a screwball-comedy spirit. Emma believes she has it all figured out, especially when it comes to other people's love lives. The self-appointed matchmaker means well, but in a world with few options for women beyond marriage, her meddling leads to a bevy of misadventures, mishaps and misunderstandings, leading her to confront the difference between toying with matters of the heart and truly experiencing them. Meredith McDonough makes her OSF directorial debut with a bold, genre-bending romp that turns Austen on her head.

October 6th 8pm OR October 8th 1:30pm Yellow Face - Allen Elizabethan Theatre

(No shuttle for the Oct 6th show. UBER or Public Transport is available.)

When DHH—a Chinese American playwright and staunch activist—protests the casting of a white actor in Miss Saigon, he never imagines he'll make the same mistake himself. But after accidentally casting a white actor in the lead Asian role of his own play, he scrambles to cover his tracks, spinning an increasingly ridiculous web of half-truths, media frenzy, and personal contradictions. Pulitzer Prize finalist Yellow Face is a laugh-out-loud mockumentary that skewers the worlds of theatre, identity politics, and public image with razor-sharp wit. Fresh off a thrilling Broadway run, David Henry Hwang's hilarious and thought-provoking Tony-nominated play comes to OSF in a new production directed by May Adrales (Vietgone).

October 7th & 8th Behind the Curtain Tour - 9:30am Carpenter Hall

Explore Oregon Shakespeare Festival's campus and engage your creative imagination in one epic tour! This event guides you through the offstage magic, highlighting the design and technical work that goes into our shows. With fresh displays and different tour routes every season, there's always something new to see and learn.

October 7th 1:30pm or October 8th 8pm Midsummer Nights Dream

1:30pm Angus Bowmer Theatre

When Hermia, Lysander, Helena, and Demetrius flee into the woods, they do it in pursuit of personal freedom and their one true love. But making their way through the forest is particularly tricky under the influence of the mischievous Puck's spells. The line between truth and illusion blurs as the couples are drawn into a dream world that is as dark and mysterious as it is marvelous and full of wonder, where magic reigns and nothing is quite as it seems. Shakespeare's timeless romantic comedy returns to OSF with original music by Justin Huertas (Lizard Boy) in an enchanting production, under the direction of Marcela Lorca (The Count of Monte Cristo).

October 7th or October 8th Smote This - 1:30pm Thomas Theatre

Back by popular demand, this sharp and hilarious solo show follows actor Rodney Gardiner as he attempts to abandon God—no easy feat for a devoutly raised, undocumented Black boy growing up in tumultuous 1980s Miami. For young Rodney, dealing with racial unrest, an immigration crisis, and the drug war is just another Tuesday. Smote This spins an entertaining web of personal stories and hilarious tangents that land with equal parts heart and heat. OSF is thrilled to welcome back Rodney, who has riveted our audiences for years in everything from musicals to Shakespeare.

October 7th Come From Away - 8pm Angus Bowmer Theatre

In the hours following September 11, 2001, as planes were grounded and uncertainty swept the globe, 7,000 stranded air travelers landed in the remote town of Gander, Newfoundland. With no time to prepare, the people of Gander opened their homes, their hearts, and their lives to these complete strangers. This Tony and Olivier Award-winning musical, based on that astonishing true story, unfolds through a propulsive, folk-inspired score and a cast of unforgettable real-life characters. A heart-forward, joyful celebration of resilience, Come From Away reminds audiences of all ages of the power of community in the darkest of times.

October 7th King Hedley II - 8pm Thomas Theatre

It's 1985, and King returns to his family and community, determined to take control of his life after having served seven years in prison. He patches together odd jobs—some legal, some not, hoping to open a video store and build a new future. Two-time Pulitzer Prize-winning playwright August Wilson has created a mythic and metaphysical landscape full of unabashed lyricism amongst the crumbling Black neighborhood of Pittsburgh's Hill District. Like the hero of a Greek tragedy, King seeks redemption from a past that still haunts him: the murder that changed his life, old vendettas that won't die, and an explosive secret his mother has kept hidden. Director Tim Bond brings his love of August Wilson, along with a powerhouse cast, to this poetically tragic epic about systems of violence and intergenerational poverty, the ninth play in Wilson's American Century Cycle.

October 7th King Henry IV - 8pm Allen Elizabethan Theatre

King Henry IV is in trouble: a faction of his allies, including a valiant youngster named Hotspur, have turned on him and are now gunning for his throne. And his own son, Prince Hal, is no help, spending all his time languishing with his low-life drinking buddies and a corrupt knight, Falstaff, who holds a strange sway over the kid. Will Hal ever come around and act like the king he will be one day? Shakespeare's iconic history play is a stirring coming-of-age story, filled with humor, romance, and intrigue. Associate Artistic Director Rosa Joshi (Henry V, Julius Caesar) directs.

October 8th Taming of the Shrew - 8pm Allen Elizabethan Theatre

It's 1985, and King returns to his family and community, determined to take control of his life after having served seven years in prison. He patches together odd jobs—some legal, some not, hoping to open a video store and build a new future. Two-time Pulitzer Prize-winning playwright August Wilson has created a mythic and metaphysical landscape full of unabashed lyricism amongst the crumbling Black neighborhood of Pittsburgh's Hill District. Like the hero of a Greek tragedy, King seeks redemption from a past that still haunts him: the murder that changed his life, old vendettas that won't die, and an explosive secret his mother has kept hidden. Director Tim Bond brings his love of August Wilson, along with a powerhouse cast, to this poetically tragic epic about systems of violence and intergenerational poverty, the ninth play in Wilson's American Century Cycle.

**Only 25
Spots
Available!!**

**CALL TAMIKA @ 510-596-3730
TO REGISTER OR FOR MORE INFORMATION
NO REFUNDS AFTER 08/03/2026**

Name: _____ Phone Number: _____

Roommate Name: _____ Phone Number: _____

E-mail Address: _____

Do you require an ADA room? YES NO

Tub with Shower Bars? Or Roll-In Shower? _____

*ADA Rooms can be requested, but are based on availability. We will update you when we have options available.
Any special accommodation needed must be communicated before trip departure.*

Which room type are you booking? **Please note: All rooms are non-smoking.**

- Single Room - 1 Person 1 King Bed - \$771/pp (Based on hotel availability. If King bed is unavailable, room will default to 2 Queen Beds.)
- Double Room - 2 People 2 Queen Beds - \$665/pp

Notes/Requests: _____

*We will do our best to accommodate special requests, in the order that they are received.
We cannot promise all requests will be honored due to availability or unforeseen circumstances.*

- You understand that this trip does not include travel insurance and if you would like to purchase travel insurance, you will have to do so on your own through TravelEx: [Click Here!](#), or by contacting TravelCenter Tours & Travel (925) 937-2223 (Travel insurance costs are non-refundable once purchased, even if the trip cancels. Travel insurance must be booked within 15-21 days of first payment.)
- You also understand that there will be no refunds on this tour for any cancellation, or roommate cancellation, after 08/03/2026 You may talk to Emeryville Senior Center about finding a replacement for your place, if needed.
- If you have purchased an insurance policy and need to cancel, you will alert Emeryville Senior Center, and then you will file a claim with the insurance company, you will receive your refund from the travel insurance carrier. Emeryville Senior Center/The City of Emeryville will not issue refunds for cancellations made after 08/03/2026.
- Valid cancellation requests must reflect medically diagnosed illness for yourself, or close family member which includes spouse, sibling, parents, or child, and proof will be required upon request by the travel insurance carrier.

Main roommate on reservation will be responsible for leaving a credit card on file at check-in for incidentals.

Your signature indicates you have read and understand the conditions for sign-up and cancellation for this overnight trip.

Signature: _____ Date: _____

JOIN THE EMERYVILLE
SENIOR CENTER FOR A HOLIDAY OVERNIGHT

CAMBRIA CHRISTMAS MARKETS
& HEARST CASTLE
DECEMBER 6TH-7TH 2026



COST

DOUBLE \$408/PP

SINGLE \$477/PP

TRIPLE \$391/PP

QUAD \$388/PP

BASED ON A 30
GUEST MINIMUM



MUST
REGISTER BY

OCT 5TH
2026

COST INCLUDES: LUXURY 48 PASSENGER MOTORCOACH
WITH RESTROOM ONBOARD, BUS FEES (FUEL, DRIVER GRATUITY,
PARKING, AND BRIDGE TOLL, ALL WHEN APPLICABLE),
FREE TIME IN CASA DE FRUTA, OVERNIGHT ACCOMMODATIONS AT THE
OXFORD SUITES IN PASO ROBLES, COMPLIMENTARY HAPPY HOUR,
ADMISSION TO THE CAMBRIA CHRISTMAS MARKETS,
COMPLIMENTARY HOT BREAKFAST BUFFET,
HEARST CASTLE ADMISSION & CHOICE OF TOUR,
STOP ENROUTE BEFORE ARRIVAL HOME

JOIN THE EMERYVILLE SENIOR CENTER FOR AN OVERNIGHT TRIP TO CAMBRIA CHRISTMAS MARKETS & HEARST CASTLE SUNDAY DECEMBER 6-MONDAY DECEMBER 7, 2026

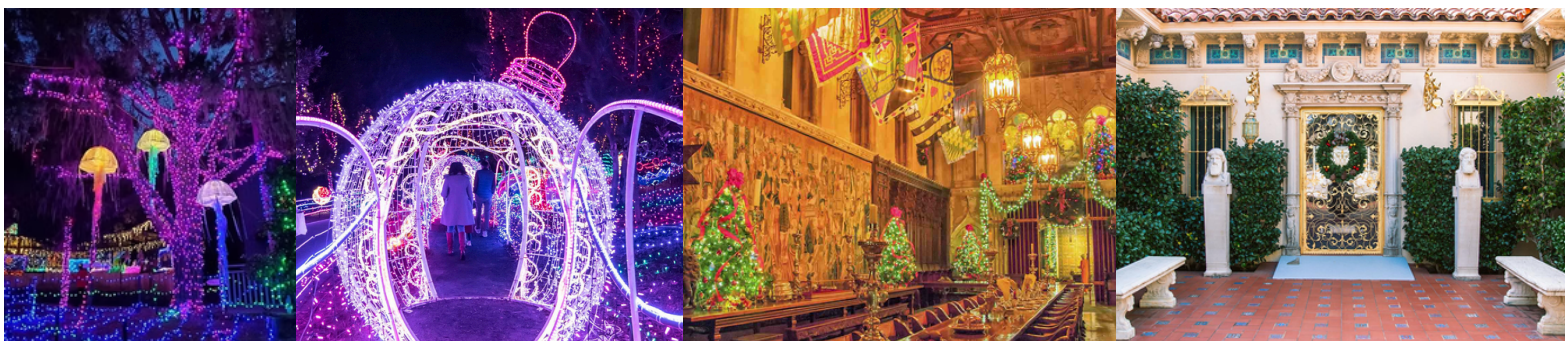
Day 1: A Storybook Holiday Begins

Step aboard our comfortable motorcoach and let the Christmas season gently unfold as we travel toward California's Central Coast. Our first stop is the delightfully kitschy Casa de Fruta, a beloved roadside treasure bursting with old-fashioned charm. Wander through whimsical shops, sample fresh local treats, browse homemade goodies, and enjoy the playful sights—from vintage amusements to roaming peacocks—all wrapped in cheerful holiday spirit. It's a joyful, nostalgic stop that feels like Christmas on the open road. By late afternoon, we arrive in Paso Robles and settle into the warm hospitality of the Oxford Suites. Unwind at the complimentary Happy Hour, raise a glass to the season, and prepare for an evening straight out of a holiday dream. As night falls, we travel to the spectacular Cambria Christmas Market, where Christmas truly comes alive. Inspired by traditional German markets, this outdoor winter wonderland sparkles with millions of twinkling lights, glowing tunnels, and beautifully themed areas. Stroll through artisan booths filled with handcrafted gifts, savor festive favorites like bratwurst, gingerbread, and warm holiday drinks, and enjoy live music drifting through the crisp evening air. With Santa sightings, charming themes like SF, Cowboy, Flora & Fauna, the dazzling displays throughout the Cambria Pines Lodge grounds, this magical evening captures the joy, wonder, and excitement of the season.



Day 2: Castles, Garlands & Christmas Grandeur

Wake to a hot breakfast before continuing your holiday adventure to the legendary Hearst Castle, transformed for the season into a Christmas masterpiece. Step into grand rooms adorned with towering trees, shimmering garlands, and traditional decorations that echo the elegance of Christmases past. You will choose your own tour this season, the Grand Rooms, Upstairs Suites, or Kitchen & Cottages tours, each offering a festive glimpse into holiday life at the castle. Following your tour, enjoy time at the Visitor Center, where you may grab a bite to eat at the Cafe, browse for seasonal keepsakes, and enjoy the beautifully decorated surroundings. As you begin our journey home, one final touch of holiday magic awaits—a surprise festive stop, perfect for stretching your legs and enjoying a seasonal snack before returning home filled with memories of lights, laughter, and winter wonder.



All trips and tours are arranged for your pleasure. TravelCenter, Tours and Travel, Emeryville Seniors, City of Emeryville, Tamika Wright, assume no responsibility for any passenger or their possessions. All trips, tours and shows are subject to change and availability. No refunds unless a replacement is found. Individual cancellations/changes must follow Emeryville Senior Center's cancellation policy. Specific conditions apply. CST#1002945-40

TravelCenter, Tours and Travel, 1936 Oak Park Blvd., Pleasant Hill, CA 94523 (925)937-2223



Only 30 Spots Available!!

**CALL TAMIKA @ 510-596-3730
TO REGISTER OR FOR MORE INFORMATION
NO REFUNDS AFTER 10/05/2026**

Name: _____ Phone Number: _____

Roommate Name: _____ Phone Number: _____

Roommate Name: _____ Phone Number: _____

Roommate Name: _____ Phone Number: _____

Do you require an ADA room? YES NO

Tub with Shower Bars? or Roll-In Shower? _____

ADA Rooms can be requested, but are based on availability. We will update you when we have options available. Any special accommodation needed must be communicated before trip departure.

Which room type are you booking? **Please note: All rooms are non-smoking.**

- Single Room - 1 Person 1 King Bed - \$477/pp (Based on hotel availability. If King bed is unavailable, room will default to 2 Queen Beds.)
- Double Room - 2 People 2 Queen Beds - \$408/pp
- Triple Room - 3 People 2 Queen Beds - \$391/pp
- Quad Room - 4 People 2 Queen Beds - \$388/pp

Hearst Castle Tour Choice:

Cottages & Kitchen: _____

This tour features two of the luxurious mansions that housed the Hearst family and their guests before Casa Grande was ready. The famous wine cellar and gigantic kitchen in Casa Grande are included in this tour. The Cottages & Kitchen Tour is 70 minutes long and consists of approximately 193 stairs, both up and down, and a 3/4-mile route to walk.

Hearst Castle Tour Choice:

Grand Rooms Tour: _____

Best for first-time visitors, this overview of Hearst Castle offers an itinerary through the main building called Casa Grande: the Assembly Room, Refectory, Morning Room, Billiard Room and Theater. Tours begin outdoors with several stairs to negotiate on the terraces. The Grand Rooms Tour is 70 minutes long and includes approximately 140 steps, both up and down, and 2/3-mile walk.
ADA Needed? _____

Hearst Castle Tour Choice:

Upstairs Suites Tour: _____

Climb the spiral stairs (322 steps) through the upper levels of Casa Grande to admire Mr. Hearst's own Gothic Suite, the enchanting Celestial Suite, the main library with 150 ancient Greek vases, the della Robbia Room, and a clever Duplex Suite. The Upstairs Suites Tour is 70 minutes long and consists of approximately 367 stairs, both up and down, and a 3/4-mile route to walk.

Notes/Requests: _____

We will do our best to accommodate special requests, in the order that they are received. We cannot promise all requests will be honored due to availability or unforeseen circumstances.

You understand that this trip does not include travel insurance and if you would like to purchase travel insurance, you will have to do so on your own through TravelEx: [Click Here!](#), or by contacting TravelCenter Tours & Travel (925) 937-2223 (Travel insurance costs are non-refundable once purchased, even if the trip cancels. Travel insurance must be booked within 15-21 days of first payment.)

You also understand that there will be no refunds on this tour for any cancellation, or roommate cancellation, after 10/05/2026 You may talk to Emeryville Senior Center about finding a replacement for your place, if needed.

If you have purchased an insurance policy and need to cancel, you will alert Emeryville Senior Center, and then you will file a claim with the insurance company, you will receive your refund from the travel insurance carrier. Emeryville Senior Center will not issue refunds for cancellations after 10/05/2026.

Main roommate on reservation will be responsible for leaving a credit card number at the hotel front desk at check-in for incidentals.

Your signature indicates you have read and understand the conditions for sign-up and cancellation for this overnight trip.

Signature: _____ Date: _____