

PLEASE POST

Committee Members:
Chair, Jerry Fishman
Vice Chair, Jim Golden
June Abeyta
Kurt Brinkman
Kathryn Connell
Nora Davis
Joyce Jacobson
Judi Oser
Susan Penner
Louis Labat
Lillie Moseley



COMMISSION ON AGING

Meeting of the Advisory Committee
Special Meeting of the Emeryville City Council
Emeryville Senior Center
4321 Salem Street Emeryville, CA 94608

November 10, 2010

10:00 a.m.

All Advisory Committee meetings are noticed as Special City Council Meetings so that any or all of the City Council may attend and participate in the Advisory Committee's deliberations. However, actions taken by Advisory Committees are not official actions of the City Council but must be ratified at a regular City Council. All writings that are public records and relate to an agenda item below which are distributed to a majority of the Commission on Aging (including writings distributed to a majority of the Commission on Aging less than 72 hours prior to the meeting noticed below) will be available at the Information Counter, 1333 Park Avenue, Emeryville, California during normal business hours (9am to 5pm, Monday through Friday, excluding legal holidays).

- I. Roll Call
- II. Public Comment
- III. Approval of October 13, 2010 minutes
- IV. Action Items
None
- V. Information Items
 - A. Community Services Cash Policy (Melinda Chinn)
 - B. Tennis and Community Pools Use (Brad Helfenberger)
 - C. Case Management (Cindy Montero)
 - D. "Friend of the Emeryville Senior Center" Holiday Fund Raiser
- VI. Staff Comments
- VII. Committee Member Comments
- VIII. Adjournment

FURTHER INFORMATION may be obtained by contacting Cindy Montero, Committee Secretary, at (510) 596-3770. The next regular meeting is scheduled December 8, 2010.

DATED: November 5, 2010

Karen Hemphill, City Clerk

Post on: November 5, 2010

Post until: November 12, 2010

All documents are available in alternative formats, on request.

In compliance with the Americans with Disabilities Act, a person requiring an accommodation, auxiliary aid or service to participate in this program should contact the sponsoring department at (510)596-3770 or ADA Coordinator as far in advance as possible, but no later than 72 hours before the scheduled event. The best effort to fulfil the request will be made.

Dominique B. Burton, ADA Coordinator
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Emeryville Senior Center Commission on Aging
ACTION RECAP

Regular Meeting of October 13, 2010
10:00am

- I. Meeting called to order 10:07am
Members Present:, Chair Jerry Fishman, Lillie Moseley, Judi Oser, Louis Labat, and Council Member Nora Davis and Kurt Brinkman.

Members Absent:, Vice Chair Jim Golden, June Abeyta, Kathryn Connell, Joyce Jacobson, Susan Penner.

Staff Present: Youth and Adult Services Manager, Cindy Montero, Adult Services Supervisor, Brad Helfenberger.

Public: Rodney Wong, Charles Smith
- II Public Comments: None
- III. Motion for approval of the minutes from September 8, 2010 meeting with one correction, the church hosting the Health Fair was St. Columbus.
Motion: Nora Davis
Second: Kurt Brinkman
Ayes: 7
Noes: 0
Abstained: 0
- IV. Action Items
None
- V. Information Items
 - A. New Community Services Adult Supervisor
Manager Cindy Montero introduced the new Adult Services Supervisor, Brad Helfenberger. Supervisor Helfenberger gave a brief description of his education and work experience.
 - B. “8 To Go” /ACTIA Update
Manager Montero talked about the ACTIA funding which can be used for group trips, the taxi reimbursement program and discounted Paratransit tickets. She also gave a brief update on the transition of reservations being taken the center for the “8 To Go” shuttle service.
 - C. AED

Manager Montero was pleased to announce the approval of the donation of funds from the “Friends of the Emeryville Senior Center” by the City Council.

D. ACTIA

Unfortunately Joyce Jacobson was unable to attend the meeting.

E “Friends of the Emeryville Senior”

Staff reminded all in attendance that the Holiday Gala/Raffle would be held December 10, from 11am-2pm, and raffle tickets were now available for sale in the office.

VI. Staff Comments: None

VII. Committee Member Comments: A few of the commissioners asked to put case management on the agenda for the November meeting. Commissioner and Council member Davis informed the commission about the Emeryville Public Art Show, the 2 important items on the November 2 ballot and that the city was reviewing the Food Vendor Ordinance.

VIII. The meeting was adjourned at 10:33am

Submitted by: Cindy Montero, Youth /Adult Services Manager, November 5, 2010

ADULT/SENIOR PROGRAMS UPDATE

“Friends of the Emeryville Senior Center” Senior Center Advisory Council

The Advisory Council met on October 6 at 10:00am and began with the introduction of the new Adult Services Supervisor, Brad Helfenberger. The group discussed their non-profit status and review paperwork in order to complete the application. The new banners that the “Friends purchased for the Center were unveiled, and Manager Montero informed the group that the paperwork for the PG and E Care Provider Program have been completed by Marylyn Fulrath. Marilyn also completed the filing of form SI-100 and submitted it to the State for review. Manager Montero informed the “Friends” that the Council approved the donation of funds to purchase the AED. The “Friends” also continued planning for the annual Holiday Fund raiser which will be held on December 10, including the announcement of raffle ticket availability and the distribution of donation request letters to local businesses.

Commission on Aging (COA)

The new Adult Services Supervisor Brad Helfenberger was introduced to the COA, at the October 13 meeting. An update on the “8 To Go transportation service was provided by Manager Cindy Montero and the Commissioners were informed that the City Council approved the donation of funds from the “Friends of the Emeryville Senior Center” to purchase an AED. “The Friends of the Emeryville Senior Center” also talked about their annual Holiday Fund Raiser which will be held on December 10th from 11am-2pm.

Trips

- 16 members lived it up at Golden Gate Fields on October 2.
- 20 art and tech lovers traveled to San Jose to visit the Tech Museum and Museum of Modern Art - October 5.
- Fleet Week in San Francisco was attended by 17 members on October 7.
- On October 10, 45 members tried their luck at Colusa Casino.
- 21 members toured an olive oil and cheese company in Modesto before heading to a winery in Livermore on October 11.
- On October 13, 31 seniors marveled at creatures above and below the ocean at the Monterey Bay Aquarium and Butterflies trip.
- 35 members traveled to Ashland, Oregon for three nights for the annual Shakespeare Festival

- 22 members learned about marine conservation at the Marine Mammal Center in Sausalito on October 19.
- On October 21, 16 members enjoyed lunch at the Summer Summer Thai Restaurant
- 11 members traveled to Clear Lake and Robinson Rancheria for an overnight trip.
- 10 members experienced the magic of the Disney Museum on October 27

Other Events and Activities

- Manager Montero volunteered to man the front desk at the Emeryville Arts Celebration, while there she talked to a few members of the Art Committee to see if the Senior Center could be a site for a public art installation.
- Emeryville Fire Department stopped by on October 1st and 15th to check up on our members' blood pressure.
- Supervisor Helfenberger submitted the August Meal reports to Berkeley for both the Congregate Meals and Meals on Wheels programs on October 4.
- AARP hosted a "55 Alive" Defensive Driving Course on October 5 and 7. The class not only provides invaluable information for only \$12, it also provides for possible insurance discounts for the 14 participants that completed the course.
- Manager Montero and Supervisor Helfenberger attended the CPRS District III Fall Institute in Livermore on October 7.
- A Home Loan Modifications Workshop was held at the center on Saturday October 9th.
- Supervisor Helfenberger attended a Sports Agencies of Northern California Recreational Agencies (SANCRA) meeting in Dublin on October 14.
- Manager Montero attended an all day Community School Forum on October 14 at Stanford University.
- The monthly dance on October 18 was enjoyed by over 35 members, a marked increase in participation over last month.
- Paul Lee from HICAP had 3 appointments on October 19th.

- Over 10 members helped assemble the centers monthly newsletter on October 19. This month, 1,863 newsletters were mailed to members, the most we have ever sent.
- The Fall Prevention Series kicked off on October 26. This class is provided by Alta Bates Physical, Sports, and Hand Therapy. The 15 participants receive information on home assessments, gait training, posture re-education, and exercise designed to help prevent falls. A balance exercise class will continue for 6 weeks.
- The 60+ Clinic was at the Center on October 27. They provided flu shots for all seniors for only a \$2 donation-a total of 40 shots were given.
- The “Lavender Seniors” had a presentation on October 27 which focused on LGBT aging issues, both staff and members of the center were in attendance.
- Supervisor Helfenberger attended a Community Access Ticket Service (CATS) training in San Francisco on October 27.
- On October 28th, Manager Montero met with Supervisors Hampton and Helfenberger to discuss the future of Adult and Youth Sports offered by the CSD
- On October 29th, the Senior Center held its annual Halloween Party and Costume Contest. About 45 people were in attendance.
- The final Friday Night club for 2010 was also held on October 29 and had about 50 people in attendance.

Additional Info

- The Farmer’s Market has generously offered to donate all unsold produce after the market closes each Thursday, as the produce is perfectly good, but cannot be sold. Coordinator Melancon will be picking up the donation each Thursday afternoon.
- The Senior Center hours will be reduced to 9am-5pm on Fridays from November 5, 2010 to April 1, 2011.
- Information on Adult and Youth programs was submitted to Kevin Laven for the Winter Spring Activity Guide.
- The “Friends of the Emeryville Senior center addressed and mail out letter asking for donation to over 100 businesses in Emeryville and the surrounding area.

- “Go Van Go” was used by the ECDC in October for four trips to the Pumpkin Patch, as well as by the School District for a trip to El Cerrito.
- Money from the CDBG Grant will be used to hire a part-time person to handle the Meal programs and volunteers at the center. The part-time position is being advertised and the center hopes to have someone on board the middle of November.
- Raffle tickets for the quilt and other prizes are available for purchase at the Center. Donations benefit the “Friends of the Emeryville Senior center”.

Case Management

- A call from a members and Emeryville Residents was received asking for assistance with her shower not working properly-she was told to call the property management Company and if the issue was not resolved to call the center back.
- Total MOW - 12 residents on Mon, Wed, Fri and, 11 on Tues., Thurs. with 2 people receiving weekend meals.

Other Information

- 44 new members joined the Senior Center in October 2010.
 - 11 → Emeryville residents
 - 9 → 94608 Oakland residents
 - 24 → Non-Residents
- Activity Hours for October 395 hours

YOUTH PROGRAMS UPDATE

- Manager Montero is working with the Facilities Administrator to fix the roof at the Recreation Department.
- Manager Montero is working with staff to create a marketing plan to promote the pre-school program. The Recreation department has an interest list with 10 families on it.
- Manager Montero is working with the school district to implement a sailing program for youth in Emeryville.

