

PLEASE POST

*Committee Members:*  
*Chair, Jerry Fishman*  
*Vice Chair, Jim Golden*  
*June Abeyta*  
*Kurt Brinkman*  
*Kathryn Connell*  
*Nora Davis*  
*Joyce Jacobson*  
*Judi Oser*  
*Susan Penner*  
*Louis Labat*  
*Lillie Moseley*



## COMMISSION ON AGING

Meeting of the Advisory Committee  
Special Meeting of the Emeryville City Council  
Emeryville Senior Center  
4321 Salem Street Emeryville, CA 94608

September 8, 2010  
10:00 a.m.

All Advisory Committee meetings are noticed as Special City Council Meetings so that any or all of the City Council may attend and participate in the Advisory Committee's deliberations. However, actions taken by Advisory Committees are not official actions of the City Council but must be ratified at a regular City Council. All writings that are public records and relate to an agenda item below which are distributed to a majority of the Commission on Aging (including writings distributed to a majority of the Commission on Aging less than 72 hours prior to the meeting noticed below) will be available at the Information Counter, 1333 Park Avenue, Emeryville, California during normal business hours (9am to 5pm, Monday through Friday, excluding legal holidays).

- I. Roll Call
- II. Public Comment
- III. Approval of August 11, 2010 minutes
- IV. Action Items  
None
- V. Information Items
  - A. "8 To Go" (Gray Bowen Management Comp.)
  - B. ACTIA (Joyce Jacobson)
  - C. School Bond/ November Ballot (Discussion)
  - D. Up date on Adult Services Supervisor
  - E. "Friend of the Emeryville Senior Center" (Jim Golden)"
- VI. Staff Comments
- VII. Committee Member Comments
- VIII. Adjournment

**FURTHER INFORMATION** may be obtained by contacting Cindy Montero, Committee Secretary, at (510) 596-3770. The next regular meeting is scheduled October 13, 2010

DATED: September 3, 2010

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Karen Hemphill, City Clerk

Post on: September 3, 2010  
Post until: September 10, 2010

All documents are available in alternative formats, on request.

In compliance with the Americans with Disabilities Act, a person requiring an accommodation, auxiliary aid or service to participate in this program should contact the sponsoring department at

(510)596-3770 or ADA Coordinator as far in advance as possible, but no later than 72 hours before the scheduled event. The best effort to fulfil the request will be made.

Dominique B. Burton, ADA Coordinator  
City of Emeryville 1333 Park Avenue Emeryville, CA 94608  
Direct Line: 510.596.4380, Facsimile: 510.596.3724, TTY Relay: 711 [dburton@ci.emeryville.ca.us](mailto:dburton@ci.emeryville.ca.us)

Emeryville Senior Center Commission on Aging  
**ACTION RECAP**

Regular Meeting of August 11, 2010  
10:00am

- I. Meeting called to order 10:03am  
Members Present: Vice Chair Jim Golden, Lillie Moseley, Kathryn Connell, Joyce Jacobson, Louis Labat, and Council Member Nora Davis.  
  
Members Absent: Chair Jerry Fishman, Susan Penner, Judi Oser, June Abeyta, Kurt Brinkman.  
  
Staff Present: Senior Center Manager Cindy Montero, Community Services  
  
“Friends of the Emeryville Senior Center” present: Frieda Pardo, Marylyn Fulrath, Lillie Mosley, Jim Golden.  
  
Public: Betsy Cooley, Rodney Wong, Rosemary Stephenson, Rosemary Yacono
- II Public Comments: None
- III. Motion for approval of the minutes from June 9, 2010 meeting. Approved with the correction that Lillie Mosley was in attendance.  
Motion: Nora Davis  
Second: Katherine Connell  
Ayes: 6  
Noes: 0  
Abstained: 0
- IV. Action Items  
None
- V. Information Items
  - A. “8 To Go” Gray Bowen Management Company  
A representative from Gray Bowen was invited to the meeting, but unfortunately they could not make it. Commissioner Jacobson suggested a formal invitation in the form of a letter be sent. Manager Montero said she would send the letter and invite them to the September meeting. Manager Montero also informed the Commissioners that the scheduling of riders for the shuttle service at the center would begin in September using the “My Senior Center” transportation module.

B. ACTIA

C. Commissioner Jacobson talked about the Mobility workshop she attended that was hosted by ACTIA on July 30<sup>th</sup>.

D. Case Management

There was a brief discussion on Case Management, but the COA agreed to postpone a more detailed discussion till the October meeting. Manager Montero said that there was a hiring freeze and that at the October meeting the CSD would bring a few recommendations, and that no decisions would be made until after the October meeting.

E. "Friends of the Emeryville Senior"

Commissioner Golden informed the COA that another of the scooter was sold and the "Friends" purchased a bath bench and a few other items for a member. He also was still working on getting an answer from the IRS about the non-profit status.

VI. Staff Comments: Manager Montero said that the center would be hiring someone to handle the Meals on Wheels volunteers, attend the monthly meetings, do the in-home quarterly reporting and other duties. The position will be funded by the CDB grant. This year the center will receive over \$16,000.

VII. Committee Member Comments: Commissioner Connell suggested Jim Golden to contact Barbara Lee's office if he did not get any response about the non-profit status. Jim encouraged everyone present to enjoy one of the Senior Centers trips-he had just taken a trip to Monterey a few weeks ago. Frieda Pardo gave an update on the Dine Around program.

VIII. The meeting was adjourned at 10:52

Submitted by: Cindy Montero, Youth and Adult Services Manager, September 3, 2010

## **ADULT/SENIOR PROGRAMS UPDATE**

### **Commission on Aging (COA) Senior Center Advisory Council / “Friends of the Emeryville Senior Center”**

The COA and the Senior Center Advisory Council / “Friends of the Emeryville Senior Center” had a joint meeting on August 11<sup>th</sup> at 10:30am. Topics on the agenda included the new reservation system the center will be implementing for 8 To Go, a brief report on ACTIA, and a discussion about the vacant Case Management position. Jim Golden, briefed the Commission on the “Friends of the Emeryville Senior Center’s” activities.

### **Trips**

- 22 members traveled to the De young Museum on August 3 to view the Impressionist Exhibit.
- The SF Ballet offered a free performance on August 8 at Stern Grove. 22 members of the center hopped on “Go Van Go” to see the show.
- On August 10<sup>th</sup> 22 members traveled to Napa to tour 3 different Champagne cellars and to enjoy a hosted lunch before heading home.
- Niles Canyon Railroad was the destination on August 15. 22 people enjoyed the train ride and time in Niles.
- 49 members hopped aboard a charter bus for a day of shopping in Carmel on August 18.
- The Niles train trip was so popular the week before that the center offered another trip on August 22 to accommodate the wait list of 14 people.
- Bodega Bay, the house where “The Birds” was filmed, a docent tour of the Marine Mammal Center and lunch at the Tides Inn was enjoyed by 22 members on August 24.
- 102 members traveled to Cache Creek for a day of fun on August 29<sup>th</sup>.
- 48 people headed over to Pittsburg to hop on a boat for a cruise of the Delta. While on board they enjoyed a catered lunch before heading home. The trip took place on August 31.

### **Other Events and Activities**

- Manager Montero submitted the CDB Grant year end report to Nancy Templeton on August 3.

- The center hosted a 4 hour AARP Driver Safety class on August 11. Fourteen people attended.
- Betty Ford from Catholic Charities set-up an informational table to explain SNAP, the supplemental food program for low-income families and seniors on August 12. Betty will be coming to the center the second and fourth Thursday of each month.
- “My Senior Center” hosted a Webinar on the transportation module, which the senior center staff viewed on August 12.
- Mosswood Park was the venue for the August 13 picnic. Over 105 people enjoyed the event, while staff and members cooked, cleaned and provided the food and beverages.
- The monthly dance on August 16<sup>th</sup> was enjoyed by a 24 members.
- Interviews for the Adult Services Supervisor were held on August 17. The city had over 153 applicants and interviewed the top 10 candidates.
- A Memoir writing class was held at the center on August 17.
- Manager Montero met with Admin Analyst Kevin Laven on August 18<sup>th</sup> to discuss the possibility of using an intern from the Expressions College to create some marketing materials for the Community Services Department.
- Lan Shaw a Financial Consultant was on hand at the Center to provide free advice to members. Ms Shaw will be coming to the center the third Friday of each month.
- The center was the site for a Community Services all staff training on August 24. Volunteers manned the office so the Senior Center Staff could attend.
- August 25<sup>th</sup> was the centers annual Ice Cream Social. 80 member enjoyed banana splits and the company of friends and other members.
- Ray Westergard volunteered to teach a class on how to get the best odds at the casinos. 12 people participated on August 27<sup>th</sup>.

### **Additional Info**

- All health and exercise classes are well attended even throughout the summer months, when many members are on vacation.

- Acmes bakery in Berkeley has generously agreed to donate bread to the center on Mondays. The volunteer for Semi Freddie's on Mondays decided that the trip to Alameda was too long, but has agreed to pick up the Acme bread instead.
- Construction on the streets around the center did not seem to detour members from enjoying the activities at the center.
- Friday Night Club continues to have 40-50 participants; the center has noticed a decline in attendance on picnic days so has decided to close on those Friday evenings.
- "Go Van Go" was used by the Recreation Department and ECDC in August for field trip transportation.
- There are 2 new MOW's delivery volunteers-with only a few spots left to fill. The center has received 3 applications for the MOW Volunteer Coordinator position which will be funded by the CDB Grant. Interview will take place the middle of September and hopefully the PT person will be on board by the end of September.
- The Brown Bag program has over 90 participants.
- Senior water aerobics will continue at the pool on Thursdays only for the months of September and October.

### **Case Management**

All calls and e-mailed related to Case Management have been re-directed to Manager Montero. In the month of August there has been 1 call requesting info on Paratransit and the "8 To Go" shuttle service.

Total MOW's - 13 residents on Mon, Wed, Fri and, 12 on Tues., Thurs. with 3 people receiving weekend meals.

- 39 new members joined the Senior Center in August 2010.
  - 9 → Emeryville residents
  - 3 → 94608 Oakland residents
  - 27 → Non-Residents
- Activity Hours for August 360

### **YOUTH PROGRAMS UPDATE**

- The Teen Program at the Recreation Center was well attended over the summer months. Since the center now has a teen room with pool table, computers and other activities, the teens will now be going there on Wednesdays instead of the Senior Center.

