

PLEASE POST

Committee Members:
Chair, Jerry Fishman
Vice Chair, Jim Golden
June Abeyta
Kurt Brinkman
Kathryn Connell
Nora Davis
Joyce Jacobson
Judi Oser
Susan Penner
Louis Labat
Lillie Moseley



COMMISSION ON AGING

Meeting of the Advisory Committee
Special Meeting of the Emeryville City Council
Emeryville Senior Center
4321 Salem Street Emeryville, CA 94608

April 14, 2010

10:00 a.m.

All Advisory Committee meetings are noticed as Special City Council Meetings so that any or all of the City Council may attend and participate in the Advisory Committee's deliberations. However, actions taken by Advisory Committees are not official actions of the City Council but must be ratified at a regular City Council. All writings that are public records and relate to an agenda item below which are distributed to a majority of the Commission on Aging (including writings distributed to a majority of the Commission on Aging less than 72 hours prior to the meeting noticed below) will be available at the Information Counter, 1333 Park Avenue, Emeryville, California during normal business hours (9am to 5pm, Monday through Friday, excluding legal holidays).

AGENDA

- I. Roll Call
- II. Public Comment
- III. Approval of February 10, 2010 minutes
- IV. Action Items
None
- V. Information Items
 - A. Introduction of Senior Center Staff
 - B. Presentation Office for Independent Living (Sandra Decker)
 - C. ACTIA (Joyce Jacobson)
 - D. "Friends of the Emeryville Senior Center" (Jim Golden)
 - E. Volunteer Recognition Event (Cindy Montero)
- VI. Staff Comments
- VII. Committee Member Comments
- VIII. Adjournment

FURTHER INFORMATION may be obtained by contacting Cindy Montero, Committee Secretary, at (510) 596-3770. The next regular meeting is scheduled June 9, 2010

DATED: April 9, 2010

Karen Hemphill, City Clerk

Post on: April 8, 2010
Post until: April 16, 2010

All documents are available in alternative formats, on request.

In compliance with the Americans with Disabilities Act, a person requiring an accommodation, auxiliary aid or service to participate in this program should contact the sponsoring department at

(510)596-3770 or ADA Coordinator as far in advance as possible, but no later than 72 hours before the scheduled event. The best effort to fulfil the request will be made.

Dominique B. Burton, ADA Coordinator
City of Emeryville 1333 Park Avenue Emeryville, CA 94608
Direct Line: 510.596.4380, Facsimile: 510.596.3724, TTY Relay: 711 dburton@ci.emeryville.ca.us

Emeryville Senior Center Commission on Aging
ACTION RECAP

Regular Meeting of February 10th, 2010
10:00am

- I. Meeting called to order 10:09
Members Present: June Abeyt, Kathryn Connell, Lillie Moseley, Susan Penner and Council Member Nora Davis and Kurt Brinkman.

Members Absent: Chair Jerry Fishman, Vice Chair Jim Golden, Judi Oser Louis Labat, Joyce Jacobson

Staff Present: Senior Center Manager Cindy Montero, Community Services Director, Melinda Chinn

Public: Rose Smith, Fred Stevens, Senior Tax Preparer, Brian Foster, Financial Consultant
- II Public Comments: Fred Stevens and Brian Foster introduced themselves and gave a brief background on the services they offer.
- III. Motion for approval of the minutes from January 13, 2010 meeting.
Motion: Nora Davis
Second: Susan Penner
Ayes: 6
Noes: 0
Abstained: 0
- IV. Action Items
None
- V. Information Items
 - A. ACTIA-Joyce Jacobson was absent form the meeting.
 - B. Emeryville Senior Center Code of Conduct.
Manager Cindy Montero gave an up-date on the results of the Code of Conduct. Most members have returned there signed forms and the issues that the center was having have been resolved.
 - C. Re-organization Update. Director Melinda Chinn informed the Commission that the Council passed the Community Services re-organization a the January 19th meeting and that staff has been transitioning into there new positions.

D. ECCL Update. Director Chinn stated the Department is working very closely with the EUSD and city employees on this joint project.

E. March Meeting

Manager Montero asked if the commissioner still wanted to meet in March. She informed them she would be attending a conference and would be out of town.

F. Teen Time at the Senior Center

Manager Montero talked to the Commissioners about teens at the Senior Center. The center has been allowing the middle and high school aged children to use the Billiards Room on Wednesdays from 2-3:30.

Manager Montero stated that the center would be purchasing the AED as soon as possible. Commissioner Golden asked that she place the item on the “Friends of the Emeryville Senior Center” agenda and ask that the “Friends” donate the money for the purchase.

E. Holiday Gala

Commissioner and member of “The Friends of the Emeryville Senior Center, Jim Golden gave a brief overview of the Holiday Gala. Close to 200 people were in attended and enjoy a variety of entertainment. Over \$1800 was raised thought the raffle and donations from local businesses and members.

- VI. Staff Comments: Manager Montero gave an update on Joe Melancon, and also invited everyone to the Centers Tea and Talent Day on March 24th.
- VII. Committee Member Comments: Council Member Davis talked about the Lighting and Landscaping bond, a few Commissioners commented on the increased cost of Health Care and the reduction of Social Services in the county.
- VIII. The meeting was adjourned at 10:47am

Submitted by: Cindy Montero, Senior Center Manager, April 9, 2010.

Senior Center Report March 2010

Commission on Aging

The COA meeting that was to be held on March 10, 2010 was canceled.

Advisory Council/ “Friends of the Emeryville Senior Center” The Advisory Council met on March 3, 2010. The members agreed to donate the funds needed to purchase the AED for the Emeryville Senior Center and also generously donated the money to buy name tags and lanyards for people going on the centers trips. There was one request by a resident and member of the center for financial assistance to hire an organizer to assist with locating the papers she needed to file her taxes. The Friends donated \$100. Plans were for the Earth Day Celebration. The Friends agreed to sell hot dogs and drinks with all proceeds going to the 501 c 3. Manager Montero gave an update on the Code of Conduct and stated that most members had returned the forms and a few of the recent issues had been resolved.

Trips

20 members hopped about the Snow Train on March 1 and headed to Reno for 3 days .

The Asian Art Museum was enjoyed by 22 members on March 7.

22 Theater lovers headed to ACT in San Francisco to view “The Caucasian Chalk Circle” on March 10.

Thunder Valley was the destination for 55 members on March 21.

The Gilroy Outlets were visited by 22 members on March 17.

ST Helena Culinary School was the destination for 42 members on March 18.

On March 23 “Go Van Go” traveled to Francisco to be part of the audience for the TV show “View By The Bay.”

“Go Van Go” headed to the Ralston House then to lunch at the Vans Restaurant before heading over to Mission Delores on March 25.

22 members headed to Santa Barbara by train for a 4 day stay on March 28.

Other Events and Activities

On March 1, 8, 15, and 22, AARP sent volunteers to assist senior with their income tax returns. Over 50 members received free help and had questions answered.

The new poetry and theater group "Outloud" meet on Wednesday March 3rd. The group is facilitated by volunteers from the center, and will continue to meet every Wednesday at 1pm.

Age Song sponsored a presentation on "Conscious Aging on March 12. Over 25 members attended.

The monthly dance was attended by over 60 people on March 15. This month the dance featured a live band.

Member Joyce Cappitoli demonstrated and instructed 15 members on how to make home made bread on March 16. The class started in the morning and concluded with a tasting In the afternoon.

At the March City of Emeryville Safety meeting, Manager Montero Informed the committee that the "Friends of the Emeryville Senior Center" would be purchasing the AED for the center. This will be a pilot site for the City.

The Center provided a space for the Census Bureaus to assist people with their questionnaires and to answer questions. Assistance is available on Tuesday, Wednesday and Thursday afternoons from March 19-through April 19.

The 3rd Annual Tea and Talent Day was held on March 24. Over 120 members enjoyed scones and teas from around the world as they were entertained by members from the center. Entertainment included; singing, dancing, musical instruments, art knitting and quilting displays and much more. The center has a very talented membership.

Manager Montero met with Lee and Veronica form the North Oakland Senior Center to discuss the possibility of working together on group trips. The first trip that they will try will be an overnight excursion to Mendocino and a ride on the Skunk Train.

On March 31 12 members attended and completed a 4 hr AARP refresher course.

Additional Info:

Manager Montero attended the California Parks and Recreation Conference on March 10-the 12. She also assisted with manning the Best of the Best Awards Booth, which featured the Doyle Hollis Park. On March 25 she attended the CPRS Awards and Installation Banquet where she was installed as the CPRS District III President.

The Center will be adding a Cha Cha Dance class and a Train Lovers Club-both will begin in May and will be run by volunteers.

All current classes continue to be well attended, especially the exercise and dance classes.

The members continue to ask for computer related classes.

“8 To Go” and the taxi Reimbursement program continue to attract new participants. The center is still working on setting up the “My Senior Center” to be used for reservations.

The transition of staff is still taking place, and the center continues to provide excellent customer service and programs and activities.

New Members for March

Activity Hours for March 360

March 2010 Case Management Report - Rani Visweswaran

	Nature of assistance needed / Identified problems	First Time assistance or follow up	Resolution / Interventions	Length of time client has been receiving assistance through program	Date when client will no longer be needing assistance through program
69-year-old female	Recent cancer metastasis; daughter w/ caregiver stress and overload.	Follow up	Home visit, assessment, and supportive counseling w/ daughter; Nutrition program intakes; respite arrangements; f/u calls.	1 month	Depends on stability of health condition and living situation
94-year-old female - lives alone	Physical decline	First time	Phone assessment and consultation with son; joint home visit scheduled to complete assessment and care plan.	New	Depends on stability of health condition and living situation
72-year-old female	Continued safety problems at home during the day; family w/difficulty providing for all care needs, even with support services in place.	Follow up	Home visit and f/u calls; review of options w/daughter and support around decision-making	7 months	When and if client is permanently placed in long-term care facility

67-year-old female (lives alone)	Slow recovery from first surgery; second surgery scheduled for separate medical issue.	Follow up	Revised short-term plan with extension of in-home service (via Center's Program) and nutrition program.	5 months	Depends on recovery/ health status
76-year-old male	Dementia compounded by grief from recent loss -susceptible to fraud/ financial abuse by neighbor.	Follow up	Supportive counseling and problem-solving with daughter; written and verbal report to Adult Protective Services; f/u calls	9 months	Depends on health condition and living situation
55-year-old disabled female	Continued problem accessing health benefits and in-home care; depression and overwhelm with situation.	Follow up	Multiple phone calls/correspondence with County, State, and legal organizations; request for state hearing; physician consult for home health referral; crisis intervention and supportive counseling w/ client	2 1/2 years	Depends on stability of health condition and living situation

71-year-old female	Ongoing health and financial problems	Follow up	Assistance reviewing options; supportive counseling; <i>Helping Hand funds</i> utilized.	3 years	Depends on stability of health condition and living situation
79-year old female	Sudden loss of independence (new medical condition requiring near 24-hour care and move to niece's home).	Follow up	Discharge planning with family and skilled nursing facility staff; services arrangement to help with transition to new home environment; supportive counseling with client and family	5 years	Depends on degree of recovery and living situation.
81-year-old female	Lives alone; chronic health issues; negative reaction to medications; needs affordable eye exam and glasses - insurance no longer covers.	Follow up	Home visit; MD consult and f/u (client advised to take med earlier in day); arranged eye care f/u	4 1/2 years	Depends on stability of health condition and living situation

**Case worker time
spent on this
client**

2 1/2 hours

1 1/2 hours

6 hours

1 1/2 hours

4 hours

10 hours

2 hours

6 hours

1 1/2 hours