

PLEASE POST

Committee Members:
Chair, Jerry Fishman
Vice Chair, Jim Golden
June Abeyta
Kurt Brinkman
Kathryn Connell
Nora Davis
Joyce Jacobson
Judi Oser
Susan Penner
Louis Labat
Lillie Moseley



COMMISSION ON AGING

Meeting of the Advisory Committee
Special Meeting of the Emeryville City Council
Emeryville Senior Center
4321 Salem Street Emeryville, CA 94608

February 10, 2010

10:00 a.m.

All Advisory Committee meetings are noticed as Special City Council Meetings so that any or all of the City Council may attend and participate in the Advisory Committee's deliberations. However, actions taken by Advisory Committees are not official actions of the City Council but must be ratified at a regular City Council. All writings that are public records and relate to an agenda item below which are distributed to a majority of the Commission on Aging (including writings distributed to a majority of the Commission on Aging less than 72 hours prior to the meeting noticed below) will be available at the Information Counter, 1333 Park Avenue, Emeryville, California during normal business hours (9am to 5pm, Monday through Friday, excluding legal holidays).

AGENDA

- I. Roll Call
- II. Public Comment
- III. Approval of January 13, 2009 minutes
- IV. Action Items
None
- V. Information Items
 - A. ACTIA (Joyce Jacobson)
 - B. Emeryville Senior Center "Codes of Conduct"
 - C. Re-organization update (Melinda Chinn)
 - D. ECCL (Melinda Chinn)
 - E. March Meeting (Cindy Montero)
 - F. Teen Time at the Senior Center
- VI. Staff Comments
- VII. Committee Member Comments
- VIII. Adjournment

FURTHER INFORMATION may be obtained by contacting Cindy Montero, Committee Secretary, at (510) 596-3770. The next regular meeting is scheduled March 10, 2010

DATED: February 5, 2010

Karen Hemphill, City Clerk

Post on: February 5, 2010
Post until: February 10, 2010

All documents are available in alternative formats, on request.

In compliance with the Americans with Disabilities Act, a person requiring an accommodation, auxiliary aid or service to participate in this program should contact the sponsoring department at (510)596-3770 or ADA Coordinator as far in advance as possible, but no later than 72 hours before the scheduled event. The best effort to fulfil the request will be made.

Dominique B. Burton, ADA Coordinator
City of Emeryville 1333 Park Avenue Emeryville, CA 94608
Direct Line: 510.596.4380, Facsimile: 510.596.3724, TTY Relay: 711 dburton@ci.emeryville.ca.us

Emeryville Senior Center Commission on Aging
ACTION RECAP

Regular Meeting of January 13th, 2010
10:00am

- I. Meeting called to order 10:00
Members Present: Chair Jerry Fishman, Vice Chair Jim Golden, Judi Oser
Louis Labat. Kathryn Connell, Joyce Jacobson, Lillie Moseley and Council
Member Nora Davis and Kurt Brinkman.

Members Absent: Joyce Jacobson

Staff Present: Senior Center Manager Cindy Montero, Community Services
Director Melinda Chinn, Nancy Templeton, City of Emeryville Economic
Development and Housing Department.

Public: Rose Smith, Contessa Bunn from the Life Line Telephone Program.
- II Public Comments: None
- III. Motion for approval of the minutes from December 9, 2009 meeting.
Approved with the correct spelling of Lillie Mosley and Kurt Brinkman's
names, and marking Kathryn Connell as absent.
Motion: Jim Golden
Second: Nora Davis
Ayes: 9
Noes: 0
Abstained: 0
- IV. Action Items
None
- V. Information Items
 - A. Nancy Templeton gave a presentation about the Emeryville
Housing Rehab Program. She also handed out fliers and
information about the City of Berkeley's free weatherization
program that is open to Emeryville renters and home owners.
 - B. Contessa Bunn from the Lifeline Telephone Program presented
information on telephone services for seniors in the community.
She left flyers in English, Spanish and Chinese to be posted in the
Center.
 - C. Manager Montero handed out the Center's "Code of Conduct"
and asked for comments from the Commissioners. After a brief

discussion the “Code of Conduct” was given the approval by all members of the COA.

D. AED

Manager Montero stated that the center would be purchasing the AED as soon as possible. Commissioner Golden asked that she place the item on the “Friends of the Emeryville Senior Center” agenda and ask that the “Friends” donate the money for the purchase.

E. Holiday Gala

Commissioner and member of “The Friends of the Emeryville Senior Center, Jim Golden gave a brief overview of the Holiday Gala. Close to 200 people were in attended and enjoy a variety of entertainment. Over \$1800 was raised thought the raffle and donations from local businesses and members.

- VI. Staff Comments: Manager Montero stated that membership continues to grow at the center. She invited the Commissioners to the 3rd Annual Gumbo Cook-off on January 15th, and informed everyone that the Age Song ribbon cutting would be held on January 27th form 4-7pm.
- VII. Committee Member Comments: Council Member Davis talked about the 2010 Census and how important it was that everyone be counted. She also asked that Manager Montero request the re-usable census bags from City Hall to pass out at the Senior Center.
- VIII. The meeting was adjourned at 10:50am

Submitted by: Cindy Montero, Senior Center Manager, February 5, 2010.

Senior Center Report January 2010

Commission on Aging

The COA met on January 13th at the Emeryville Senior Center. Nancy Templeton from the City of Emeryville's Housing Rehab Program gave information on the services they offer for seniors in Emeryville. She left flyers and brochures to share with the members of the center. A presentation about the Lifeline Telephone Program was given by Contessa Bunn. After the presentation Contessa left pamphlets in English, Spanish and Chinese. The COA approved a "Codes of Conduct" for the center. Copies were mailed to each member in the monthly LINK. Manager Montero explained that she was ready to purchase the AED and was looking at the budget before purchasing; Commissioner Golden asked that the item be put on the February Advisory Council Agenda requesting a donate for the purchase. Commissioner Golden gave a brief overview for the Holiday Fund Raising Gala and reported that over \$1800 was raised through donations and the raffle sales.

Advisory Council/ "Friends of the Emeryville Senior Center" The Advisory Council met on January 6. The Advisory Council stuffed and mailed Thank you letters to all the members and businesses that donated items and money to the Holiday Fund Raising Gala. The Tango Play Fundraiser was a success with \$670 going to the "Friends". Name Tags for trips were discussed and Marylyn Fulrath brought in a sample of one she made on her computer. Manager Montero talked about the "Code of Conduct" that she would be presenting to the Commission on Aging for adoption at the next meeting and she also mentioned that the center was ready to purchase the AED for Center, but was looking at the budget to see if there was money for the purchase this fiscal year.

Trips

22 members travel to San Francisco for a tour of City Hall and lunch on January 5.

A "mystery Trip to the Mystery House was on January 9th. 22 people attended.

The Chabot Space Center was the destination for 22 members on January 13.

January 16 "Go Van Go" traveled to Sacramento for an over night trip. 18 people were registered.

"Go Van Go" headed to the Exploratorium on January 19 with 22 members on board.

18 members of the center traveled to the Vacaville Outlets on January 20.

Frieda Pardo hosted the Dine around at the Boat House Chalet in Oakland on January 21. 12 members met there for a no-host lunch.

50 members headed to the Black Oak Casino on January 24.

The Disney Museum was the destination for 22 members on January 28.

ACT Theater was the destination for 20 members on January 27.

22 theater lovers attended Beach Blanket Babylon on January 31.

Other Events and Activities

Wendy Silvani, Kevin Laven, Doug ? and Cindy Montero met on January 6 to discuss ways to Improve the service for the "8 To Go" transportation service. After reviewing the "My Senior Center" and seeing that the system has the ability to create a daily manifest it was decided that all calls for reservation would be handle through the Senior Center beginning in March.

The Age Song presentation scheduled for January 8 was canceled due to illness.

The center signed up two new "8 To Go" participants at the informational meeting which was held on January 7.

Member Caroline Norwood gave a free classical piano recital to over 30 people on January 8th.

The monthly dance was attended by over 60 people on January 11.

The Emeryville Senior Center hosted the California Parks and Recreation District III meeting on January 12th. Parks and Recreation professionals from Dublin, San Ramon, Brentwood, Walnut Creek and numerous other cities were in attendance.

The quarterly CDBG grant was completed and given to Nancy Templeton for submission on January 14th.

The 3rd Annual Gumbo Cook off was held on January 15th. There were 7 gumbo entries. All 100 people in attendance were the judges. They were able to sample all 7 gumbos and cast their vote for first, second and third place. Marlon Green was the entertainment for the afternoon.

The new "Code of Conduct" was inserted into the LINK mailing and mailed to all 1476 members on January 19. The center has been receiving the acknowledgments of receipt and understanding back from many of the members.

On January 19th members form the EUSD and the Community Services Department meet to revisit the Task Forces that were started fort he new ECCL and the City Council passed the re-organization of the Community Services Department.

On January 21 the center registered over 85 people fort he Mercy Brown Bag Program.

Member Ray Westergard gave a free class to members on how to increase your casino winnings on January 22.

June Lee gave a free presentation on how to turn your savings into retirement income on January 22.

The center hosted an 8 hour AARP Driver Safety class on January 26.

Member John Semien presented an Electronic Toys class on January 26. He will continue to give free beginning computer classes for the center on Tuesdays and Thursdays through the month of February.

Manager Montero met with Marcy Greenhut and Eduardo Martinez to go over the Cities Green ordinance and to make sure the proper containers and liners were being used throughout the center.

On January 27 Senior Center Manager Montero attended the ribbon cutting ceremony at Age Song-a new senior housing facility in Emeryville.

Manager Montero met with the manager, Berkeley Senior Center Manager, Kelly Wallace, Tri-City nutritionist Dian Quan and Albany Senior center Manager Isabelle Leduc on January 28 at the North Berkeley Senior Center to discuss the RFQ that will be going from the Tri-Valley nutrition program which provides the meals for the center and also the meals on Wheels.

Elaine Ercolini did a presentation for the members of the center on January 29 on Advanced Health Care Directive.

Additional Info:

A suggestion box has been placed at the front desk for members to make suggestions on trips, events, programs or any other thoughts they may have.

The center has been very fortunate to continue to attract volunteers for delivering Meals on Wheels, assisting in the office, for trip escorts and general straightening of supplies and decorations for the building. Volunteer are also assisting with the Friday Club and other special events.

Chauncey Anderson from the Recreation Department and now working at the Senior center has been assisting with planning trips, setting up for events, taking registrations for trips and for new members and assisting where needed.

In reviewing the 8 To Go participants list the center found that 100 of them were not registered as members of the center. Letter and membership forms were mailed to each person.

The Community Services Department has been working on a Mission Statement with the input of all full time employees.

New Members for January 77
27 Emeryville residents, 12 in the 94608 zip code
Activity Hours for January 390

January 2010 Case Management Report - Rani Visweswaran

	Nature of assistance needed / Identified problems	First Time assistance or follow up	Resolution / Interventions	Length of time client has been receiving assistance through program	Date when client will no longer be needing assistance through program
79-year-old female (lives alone)	Recent surgery with impaired functioning	First time	In-home assessment; information/referral; nutrition program intake	New	3-6 months, depending on recovery process/ health status
81-year-old female	Dementia with worsening symptoms- home alone during day/ safety issues	Follow up	Joint home visit with client and family; short and long-term planning; exploration of available resources	One month	Depends on progression of dementia and living situation
75-year-old female and 76-year-old male	Couple with chronic illness/ dementia; daughter with caregiver stress Dad noncompliant with health and safety issues).	Follow up	In-home reassessment; short-term planning and problem-solving with daughter/ supportive counseling.	7 months	Depends on health condition and living situation
94-year-old female (dementia/ lives alone)	Dramatic recent progression of dementia/ impaired safety and judgment requiring immediate action.	Follow up	Crisis intervention; family counseled on procedures to get client hospitalized, then placed in secured long-term care facility.	2 1/2 years	February, or when help with transition is no longer needed.

80-year-old female	Chronic illnesses and depression/homebound	Follow up	Home visit, supportive counseling and consultation with family; nutrition program reassessment; arranged repair of specialized phone.	3 years	Depends on health condition and living situation
68-year-old female	Chronic illness requiring multiple community resources - moved to new county with different family member; difficulty adjusting to new living environment and situation.	Follow up	Agency contacted for transfer of in-home service to new county; information search for senior programs in new area - reviewed w/client; supportive counseling.	4 years off and on	February, or when help with transition is no longer needed.
53-year-old female	Disabled mother of special needs children; difficulty getting services for child; termination of health benefits	Follow up	Advocacy and assistance reinstating health insurance; information/referral and supportive counseling.	2 years	Depends on stability of health condition and living situation

82-year-old male (lives alone).	Social Isolation/ chronic depression; recent traumatic loss	First Time	In-home assessment and multiple office visits; supportive counseling; referrals to community agencies (grief, nutrition, medical) consultation with family regarding immediate concerns and long-term planning.	New	Depends on coping abilities and living situation (may move out of town with family).
81-year-old female	Lives alone/ minimal supports; chronic depression; difficulty managing health and other needs	Follow up	Home visit and multiple calls; medical f/u; supportive counseling; assistance with in-home care; nutrition program reassessment.	4 years	Depends on stability of health condition and living situation
90-year-old female	Social Isolation; stressful living situation; malfunctioning phone; nutritional difficulties;	Follow up	Home visit; supportive counseling; contact with property management; referral for free phone for mobility impaired; nutrition program reassessment	2 1/2 years	Depends on stability of health condition and living situation

71-year-old female	Ongoing health and financial problems; difficulty organizing; minimal family/social supports	Follow up	Assessment; information/referral and review of options; counseling	3 years	Depends on stability of health condition and living situation
67-year-old male	Limited homecare; problems meeting nutritional needs.	Follow up	Home visit and nutrition program reassessment; exploration of community resources.	7 months	Depends on health condition and living situation
74-year-old female	Stressful family situation	Follow up	Supportive counseling and referrals to community resources.	7 months	Depends on living situation, social supports, and coping skills.
82-year-old female	Poor recovery from 5/09 surgery - chronic pain; lives alone	Follow up	Short and long-term planning - client to move in with daughter out of state for increased support.	8 months	February (depending on adjustment to new living situation).
79-year old female	Grief regarding recent tragedy in her family/ recall of past tragedies. Difficulty understanding and responding to correspondence.	Ongoing	Supportive counseling; Assistance with correspondence and advocacy with appropriate government agencies;	5 years	Depends on stability of health condition and living situation.

70- year-old female	Chronic illness with limited mobility; Anxiety related to continued symptoms of possible cancer	Follow up	In-home reassessment for nutrition programs; information/referral and supportive counseling	2 1/2 years	Depends on health condition and living situation
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Case worker time spent on this client
2 hours
3 hours
4 hours
2 hours

2 1/2 hours

3 hours

3 hours

4 hours

3 hours

2 hours

2 hours

1 1/2 hour

1 hour

1 hour

2 hours

2 hours