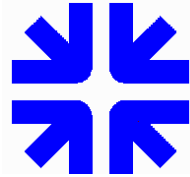


PLEASE POST

Committee Members:
Chair, Jerry Fishman
Vice Chair, Jim Golden
June Abeyta
Ken Bukowski
Kathryn Connell
Nora Davis
Joyce Jacobson
Judi Oser
Susan Penner
Louis Labat
Lillie Moseley



AGENDA
COMMISSION ON AGING
Meeting of the Advisory Committee
Special Meeting of the Emeryville City Council
Emeryville Senior Center
4321 Salem Street Emeryville, CA 94608

December 9, 2009
10:00 a.m.

All Advisory Committee meetings are noticed as Special City Council Meetings so that any or all of the City Council may attend and participate in the Advisory Committee's deliberations. However, actions taken by Advisory Committees are not official actions of the City Council but must be ratified at a regular City Council. All writings that are public records and relate to an agenda item below which are distributed to a majority of the Commission on Aging (including writings distributed to a majority of the Commission on Aging less than 72 hours prior to the meeting noticed below) will be available at the Information Counter, 1333 Park Avenue, Emeryville, California during normal business hours (9am to 5pm, Monday through Friday, excluding legal holidays).

AGENDA

- I. Roll Call
- II. Public Comment
- III. Approval of November 4, 2009 minutes
- IV. Action Items
None
- V. Information Items
 - A. Welcome Lillie Moseley
 - B. Age Song (Anastasia-Age Song)
 - C. Intergenerational Programming (Jerry Fishman)
 - D. Ed Roberts Campus (Jerry Fishman)
 - E. Holiday Gala (Jim Golden)
- VI. Staff Comments
- VII. Committee Member Comments
- VIII. Adjournment

FURTHER INFORMATION may be obtained by contacting Cindy Montero, Committee Secretary, at (510) 596-3770. The next regular meeting is scheduled January 13, 2010

DATED: December 4, 2009

Karen Hemphill, City Clerk

Post on: December 4, 2009

Post until: December 11, 2009

Emeryville Senior Center Commission on Aging
ACTION RECAP

Regular Meeting of November 4, 2009
10:00am

- I. Meeting called to order 10:05
Members Present: Chair Jerry Fishman, Vice Chair Jim Golden, Judi Oser Louis Labat. Kathryn Connell, Joyce Jacobson, and Council Member Nora Davis.
- Members Absent: June Abeyta, Council Members Ken Bukowski, Susan Penner,
- Staff Present: Senior Center Manager Cindy Montero, Community Services Director Melinda Chinn, Administrative Analyst Kevin Laven.
- Public and Friends of the Emeryville Senior Center: Lillie Mosley, Rocky Hart, Frieda Pardo, Rose Hong, Marilyn Fulrath.
- II Public Comments:
- III. Motion for approval of the minutes from September 9, 2009 meeting.
Motion: Jim Golden
Second: Nora Davis
Ayes: 7
Noes: 0
Abstained: 0
- IV. Action Items
None
- V. Information Items
- A. "Friends of the Emeryville Senior Center" Jim Golden stated that 200 donation letters had gone out for the Holiday Raffle requesting donations from local businesses. He also informed the members and staff present that raffle tickets were now available for sale.
- B. "8 To Go"
Kevin Laven gave a brief report on the on demand transportation service which is funded by a \$270,000 grant from ACTIA.
- C. AED
Manager Montero gave the final report on the AED. The city has recommended that the center purchase the Phillips brand. Montero will look to see where the funding will come from.

D. Membership Update

The center has completed its membership update. All members that did not respond to filling out a new membership form were deleted from the mailing. The final total of current members is 1260.

- VI. Staff Comments: CS Director Melinda Chinn informed the Commissioners that the CS Department was going through reorganization and the manager of the Senior Center, Cindy Montero would also be manager of the Recreation Department and the Senior Center. The reorganization will be going to Council on December 15th.
- VII. Committee Member Comments: Lillian Moseley (who is being appointed to the COA) showed everyone the buttons that other centers use for trips. Everyone in attendance agreed this was a good idea for Emeryville to use. Commissioner Jacobson talked about alternative transportation and talked about the bus tour she took.
- VIII. The meeting was adjourned at 10:58am

Submitted by: Cindy Montero, Senior Center Manager, December 4, 2009.

Senior Center Report November 2009

Commission on Aging

At the November 4 COA meeting the Commission heard a brief report from Jim Golden about the Holiday Fund raising Gala which will be held on December 11, from 11am-2pm. Administrative Analysts Kevin Laven was in attendance and gave a report on "8 To Go" the one demand transportation service. Senior Center Manager Cindy Montero talked about the AED that the center would like to purchase and also handed out an informational sheet listing the different types and the one that the Safety committee is recommending. She also informed the Commission that after updating the centers membership, the total number of members is 1260 and growing.

Advisory Council/ "Friends of the Emeryville Senior Center"

The Advisory Council met on November 4, in conjunction with the COA. The Advisory Council invited all the Commissioners to the Holiday event.

Trips

15 members hopped on "Go Van Go" and headed to the ACT Theater In San Francisco on November 4th.

45 members headed to Bodega Bay for the day on November 12

On November 14, 22 members attended a day at Golden Gate Fields.

On November 17th, Go Van Go departed the center with 22 members for a trip to the Hayes Mansion and the San Jose Tech Museum.

8 people attended the monthly Dine Around which was held In Emeryville at Bucci's on November 19.

50 members traveled to Red Hawk Casino on November 21.

Olive Oil and Cheese were on the menu as 22 members headed to the Olive Oil Factory in Livermore on November 24th.

Other Events and Activities

On November 4, 40 members and people in the Community took advantage of the free seasonal flu shots the center offered through the 60+ clinic.

CPRS District III presented a seminar on group interviewing on November 5 in Danville. Manager Cindy Montero and Supervisor Darrel Hampton attended this training.

On November 7, Program Coordinator Joe Melancon attended an all day workshop on Exercise classes for seniors.

November 13-Manager Montero attended a CPRS Administrators training on how the budget cuts are affecting local cities in Northern California. The training was held on November 13.

The monthly dance on November 16 had a special treat-a live band. 50 members danced to Big Band hits from 1pm-4pm.

From 5:30pm-9:00pm Center Manager Cindy Montero attending a special presentation on the Emeryville Community of Life. The presentation was held at the Emeryville High School.

November 17th was National Memory Screening Day. The center screened approximately 10 people throughout the day.

Sally Maxwell started a Yoga class on November 18th. The class will be held at the center every Wednesday, from 10am-11am.

The Center hosted the 55 Alive AARP 4 hour refreshed course on November 19th. 12 people attended.

Member Ray Westgard gave a class on the "Odds at Casinos" on November 20. Over 18 people attended.

The center gave out 22 Thanksgiving bags to members of the center. 12 were picked up at the center and the other 10 were delivered. The bags were supplied by ECAP.

Additional Info

The center received back the contracts from AAA. The center will receive \$23,400 for FY09/10 which is used to provide free classes to seniors of the center.

The East Bay monthly newspaper did an article on the Tango class. The article also talked about the many fitness classes the center offers to keep its members healthy.

The "new" Philosophers corner was a success in the month of November. Members met and discussed different topics.

The Saturday walking group continues, with Rocky Shaw as the leader.

Robert Murphy continues to facilitate the book club.

The Mar Jong classes continue with 6-8 players every Tuesday afternoon.

The quilting class will be losing Susan Hackett as the teacher. Susan will be moving, but will try to come to the class occasionally.

Manager Montero has been meeting with Age Song to bring some interesting and informative programs to the center. The first one will be on December 4.

The center was lucky to have a member of the center volunteer to pick up the bred from Semi Freddie's in Alameda.

Managers of the Community Services Department have been meeting with Lori Elephant weekly to discuss plans if there is a H1N1 outbreak.

October new members 118

November 2009 Case Management Report - Rani Visweswaran

	Nature of assistance needed / Identified problems	First Time assistance or follow up	Resolution / Interventions	Length of time client has been receiving assistance through program	Date when client will no longer be needing assistance through program
72- year-old female	Multiple falls at home; increased care needs; benefit cuts	Follow up	Home visit; education and planning with daughter; meal program intake; MD consultation for home health/ physical therapy referral and forms to increase in-home help; consultations with home health agency	3 months	Depends on health condition and living situation
67-year-old female (lives alone)	New hospital discharge; Expected post-surgery recovery of 8-12 weeks/ impaired functioning	New	In-home assessment; meal program intake; referral for short-term in-home help; discussion of available community resources (benefits, long-term home help, and transportation programs).	New	2-3 months, depending on extent of recovery/ health status

81- year-old female	Functional decline; daughter/ caregiver no longer able to handle client's care at home.	Follow up	Assistance planning and arranging for long-term care facility; supportive counseling	5 months	Upon placement in skilled nursing facility - 12/09?
81-year-old female	Chronic health condition - still waiting for in-home assistance.	Follow up	Status check of referral made in May; offered alternative resource in the interim; answered client's questions regarding the two programs.	6 months	Depends on health condition and living situation
80- year-old female	Client with daily care needs, and primary live-in caregiver/son hospitalized for extended time.	Follow up	Monitoring of in-home care; supportive counseling to client.	3 years	Depends on stability of health condition and living situation
81-year-old female	Lives alone/ socially isolated - depression related to Holidays and health conditions	Follow up	Supportive Counseling; referral for Thanksgiving basket	4 years	Depends on stability of health condition and living situation
69-year-old female	Reoccurrence of undiagnosed medical symptoms and related fears; problems making ends meet	Follow up	Supportive counseling; advocacy with health care system; referral to community resources.	2 years	Depends on stability of health condition and living situation

53-year-old female	Single, disabled mother of special needs children; relationship loss; poor outcomes for recent surgeries.	Follow up	Supportive counseling, advocacy, and referrals to community resources	2 years	Depends on stability of health condition and living situation
79-year old female	Difficulty understanding correspondence regarding benefits; threat of benefit termination.	Ongoing	Assistance understanding correspondence; advocacy with appropriate government agencies	5 years	Depends on stability of health condition and living situation.

**Case worker time
spent on this
client**

5 hours

4 hours

3 hours

1 hour

2 hours

1 hour

2 hours

4 hours

2 hours