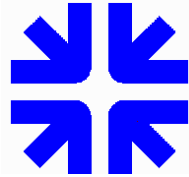


PLEASE POST

*Committee Members:*  
*Chair, Jerry Fishman*  
*Vice Chair, Jim Golden*  
*June Abeyta*  
*Ken Bukowski*  
*Kathryn Connell*  
*Nora Davis*  
*Joyce Jacobson*  
*Judi Oser*  
*Susan Penner*  
*Louis Labat*



**AGENDA**  
**COMMISSION ON AGING**  
Meeting of the Advisory Committee  
Special Meeting of the Emeryville City Council  
Emeryville Senior Center  
4321 Salem Street Emeryville, CA 94608

**October 14, 2009**  
**10:00 a.m.**

All Advisory Committee meetings are noticed as Special City Council Meetings so that any or all of the City Council may attend and participate in the Advisory Committee's deliberations. However, actions taken by Advisory Committees are not official actions of the City Council but must be ratified at a regular City Council. All writings that are public records and relate to an agenda item below which are distributed to a majority of the Commission on Aging (including writings distributed to a majority of the Commission on Aging less than 72 hours prior to the meeting noticed below) will be available at the Information Counter, 1333 Park Avenue, Emeryville, California during normal business hours (9am to 5pm, Monday through Friday, excluding legal holidays).

**AGENDA**

- I. Roll Call
- II. Public Comment
- III. Approval of September 9th, 2009 minutes
- IV. Action Items
  - A. Recommendation to the City Council to appoint Lillie Moseley to the COA
- V. Information Items
  - A. AED update (Cindy Montero)
  - B. "Coming of Age" Bay Area (Cindy Montero)
  - C. "Friends of the Emeryville Senior Center" (Jim Golden)
  - D. "8 To Go"/ACTIA (Joyce Jacobson)
- VI. Staff Comments
- VII. Committee Member Comments
- VIII. Adjournment

**FURTHER INFORMATION** may be obtained by contacting Cindy Montero, Committee Secretary, at (510) 596-3770. The next regular meeting is scheduled for October 14, 2009

DATED: October 2, 2009

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Karen Hemphill, City Clerk

Post on: October 2, 2009  
Post until: October 16, 2009

Emeryville Senior Center Commission on Aging  
**ACTION RECAP**

Regular Meeting of September 9, 2009  
10:00am

- I. Meeting called to order 10:00  
Members Present: Chair Jerry Fishman , Vice Chair Jim Golden, COA  
Members, Susan Penner, , Joyce Jacobson, and Louis Labat.  
Judi Oser, and Council Members Ken Bukowski, and Nora Davis.  
  
Members Absent: Kathryn Connell and, June Abeyta  
  
Staff Present: Senior Center Manager Cindy Montero, Community Services  
Director Melinda Chinn, City Manager Patrick D. O’Keefe  
  
Public: Lillie Mosley, Rodney Wong
- II Public Comments: Rodney Wong stated that Amtrak was giving a 50% of to  
seniors 62 years of age and older, from September –October on the Capitol  
Corridor.
- III. Motion for approval of the minutes from August 12, 2009 meeting.  
Motioned for approval with the request to change the word meeting  
to minutes.  
Motion: Jim Golden  
Second: Joyce Jacobson  
Ayes: 8  
Noes: 0  
Abstained: 0
- IV. Action Items  
None
- V. Information Items
  - A. City Manager Pat O’Keefe pasted out informational sheets on  
revenues and expenditure forecast, staff vacancies and frozen  
positions and information about the general fund. He explained  
how the state budget was affecting the City of Emeryville. He also  
explained that the City Council was considering a lighting and  
landscaping bond and other ways to increase revenue.
  - B. “Friend of the Emeryville Senior Center  
Jim Golden informed the Commissioners the “Friends helped three  
members of the center with financial donations. Also the “Friends”

have started their fund raising for the Holiday event, which will be held on December 11<sup>th</sup>.

C. "8 to Go ACTIA. Joyce Jacobson stated that rider ship was up and that there had been a change in driver.

VI. Staff Comments:

VII. Committee Member Comments: Commissioner Jacobson said that the crossing and intersection near Wally's Restaurant was very dangerous, and thinks something should be done. Louis Labat said that the police should do a pedestrian sting. Commissioner Golden said that the median are so overgrown that it's hard for drivers to see. Commissioner Labat also asked that the purchase of an AED for the center be on the COA agenda until one is purchased.

VIII. The meeting was adjourned at 11:02am

Submitted by: Cindy Montero, Senior Center Manager, October 9, 2009.

## **Senior Center Report September 2009**

### **Commission on Aging**

State of the City Manager Patrick D. O'Keeffe gave a presentation on the State of the City and the effects the State budget and the economy has had.

Jim Golden a member of both the COA and the "Friends of the Emeryville Senior Center" gave a brief overview of what the Friends has been doing the past few months and also gave an over view of up coming events.

Senior Center Manager Cindy Montero and Joyce Jacobson, talked about the increase in rider ship on "8 To Go" and talked a little on the ACTIA funding the center receives.

### **Advisory Council/ "Friends of the Emeryville Senior Center"**

The Friends had three requested for assistance from members of the center-all three were granted. They also worked on the holiday donation letter and agreed to meet on September 23rd to address stuff and stamp the letters. The group also agreed to sponsor the Tango Play, which will be held on December 9th. Proceeds from the play will go towards "The Friends" 501 c 3 fund.

### **Trips**

The DeYoung Museum was the destination for our art lovers on September 2. 22 members took Go Van Go over to the Golden Gate Park and enjoyed the King Tut exhibit.

Go Van Go headed up to the California State Fair on September 6th with 22 members.

Carmel was the destination for 55 members on September 9th.

22 members took the Toast the Bay trip on September 13.

The Santa Cruz Follies was enjoyed by 22 members on September 16th. Go Van Go was used for the transportation.

The monthly Dine Around was on September 17. 12 members enjoyed lunch at Murrays Circle.

Safari West in Santa Rosa was the destination for 14 wildlife lovers on September 22.

33 members headed up to Yosemite for three days. They left on September 30 and returned on October 2.

### **Other Events and Activities**

Terry Lee started Mar Jung classes at the center on September 1. The classes will continue every Tuesday at 1:00.

Manager Montero attended the EYE recognition at the EUSD on September 3rd. The program sponsored an intern, Jessica Ortiz, at the Senior Center for the summer months.

Juliette Dunn, Wellness Director and center manager, Cindy Montero met on September 4th to discuss the menu and the opening of the Café. The Café is scheduled to open on October 19th.

On September 9, CS Managers Montero, Pullium and Brannon, Supervisor Hampton and Admin Analyst Laven met to discuss a program plan for H1N1. Each person is responsible for a component of the program.

The Community Services Department met to go over the remainder of 2009 and 2010 events that are planned or in the panning stages. The group met on September 10th.

The Center hosted the last picnic of the year at the Berkeley Marina on September 11th. Over 80 people attended and the winner of the BBQ Sauce Contest was Ray Westergard.

The Fall Fashion show meeting was held on September 14th. 6 volunteers showed up to model, plan and help with the show which will be held on Friday, October 9th at 12 noon.

Manager Montero sat in on the focus group for the Parks and Community Services Master Plan at City Hall on September 17th.

Vital Link - which is similar to Life Line came and gave a short presentation to the members of the center on September 18th. Also on that day Mercy Retirement Home presented "Brain Games" and brought carrot cupcakes for the attendees.

20 members headed over to the Emeryville Marina and boarded the Captain Hook for a day of fishing. Proceeds from this trip went to the "Friends of the Center." \$320.00 was raised.

The monthly Social Dance with DJ Joe had the most people ever- 56. The word has been spreading around town that the third Monday of the month the center has music and refreshment for dancers of all kinds.

18 people attended the 2 day AARP Driver Safety Class at the center on September 22 and 24.

Manager Montero attended a Webinar given by the Red Cross about the H1N1 virus on September 24. She will use this information to train staff and members of the center about ways to keep help prevent the spread of this virus.

On September 24 Manager Montero attended the quarterly safety meeting. During the meeting the purchasing of AED's for the center was discussed. Later that evening she attended the Age Song open house and met the new Marketing Director.

On September 29 Anastasia and Debra from Age Song stopped by the center to discuss programs and ideas that they could provide to the center at no cost. They also expressed an interest in possibly volunteering for the Meals on Wheels Program.

### **Additional Info**

The Center continues to hosting the Ball Room Dance classes from the North Oakland Senior center on days that the center is closed.

Sally Maxwell will begin teaching gentle Yoga classes for the center in November.

Angie Specter started a Pilate's class on September 14<sup>th</sup>. The classes have been averaging 22-24 people.

The Center is up-dating its membership mailing. This update will include e-mail addresses so people not wishing to receive the newsletter by mail can receive it via e-mail. This should save money on printing and mailing.

The Center received tickets from CATS for the SF Symphony, Raiders games, Oakland A's games, Giants games, the B-52 Bombers Show and more.

The sidewalk outside of the center has been temporarily paved. The city has to remove the old oil tank outside of the building.

Center Manager Cindy Montero has been working on a Marketing plan for the Community Services Department.

September 2009 Case Management Report - Rani Visweswaran

	<b>Nature of assistance needed / Identified problems</b>	<b>First Time assistance or follow up</b>	<b>Resolution / Interventions</b>	<b>Length of time client has been receiving assistance through program</b>	<b>Date when client will no longer be needing assistance through program</b>
80-year-old female	Chronic health condition with resulting stress and problems with household management	Follow up	In-home reassessment; supportive counseling; checked status of County referral and reviewed options; offered Senior Center's Personal Care Program for help in interim.	4 months	Depends on health condition and living situation.

82-year-old female	Eviction and urgent move into daughter's residence; client frail with high care needs	First time	In-home assessment of needs; long-term planning; supportive counseling with client and daughter around adjustment to new living situation; advocacy with appropriate agencies to transfer services to Alameda County; arrangement of transportation and food services.	New	Depends on health condition and living situation.
89-year-old female	Decreased memory with increased care needs	First time	In-home assessment of needs; long-term planning and arrangement of nutrition and transportation services.	New	Depends on health condition and living situation.
81- year-old female (lives alone)	Depression related to loss of pet; problems hiring new in-home care worker.	Follow up	Supportive counseling; advocacy with County program	3 1/2 years	Depends on stability of health condition and living situation



71- year-old female	Multiple health and financial stressors; difficulty organizing affairs.	Follow up	Supportive counseling; discussion and review of options to improve situation.	2 1/2 years	Depends on stability of health condition and living situation
83-year-old female	Problem with health insurance; client charged unknowingly for 2 phone lines; problems making ends meet financially.	Follow up.	Advocacy with relevant agencies and companies to resolve problems (and obtain credit for phone charges); signed client up for energy and phone assistance programs.	3 years	Depends on stability of health condition and living situation
79-year old female	Incorrect benefit amounts and problems with bank accounts and direct deposits	Ongoing	Contact with relevant government agencies and bank to make corrections and changes.	5 years.	Depends on stability of health condition and living situation.
72-year-old male	Inadequate health insurance and benefits	First time	Assessment of needs; advocacy and assistance applying for government programs.	New	Depends on stability of health condition and living situation.
88-year-old male	Frail, lives alone with anxiety and difficulty managing affairs	Follow up	Supportive counseling; assistance replacing lost government documents.	6 years off and on as needed	Depends on stability of health condition and living situation.

**Case worker time  
spent on this  
client**

4 hours

10 hours

3 hours

3 hours

3 hours

10 hours

9 hours

2 hours

1 1/2 hours