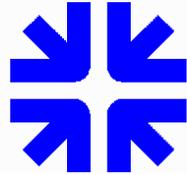


PLEASE POST

Committee Members:
Chair, Jerry Fishman
Vice Chair, Jim Golden
June Abeyta
Ken Bukowski
Kathryn Connell
Nora Davis
Joyce Jacobson
Judi Oser
Susan Penner
Louis Labat



AGENDA
COMMISSION ON AGING
Meeting of the Advisory Committee
Special Meeting of the Emeryville City Council
Emeryville Senior Center
4321 Salem Street Emeryville, CA 94608

September 9, 2009
10:00 a.m.

All Advisory Committee meetings are noticed as Special City Council Meetings so that any or all of the City Council may attend and participate in the Advisory Committee's deliberations. However, actions taken by Advisory Committees are not official actions of the City Council but must be ratified at a regular City Council. All writings that are public records and relate to an agenda item below which are distributed to a majority of the Commission on Aging (including writings distributed to a majority of the Commission on Aging less than 72 hours prior to the meeting noticed below) will be available at the Information Counter, 1333 Park Avenue, Emeryville, California during normal business hours (9am to 5pm, Monday through Friday, excluding legal holidays).

AGENDA

- I. Roll Call
- II. Public Comment
- III. Approval of August 12, 2009 meeting
- IV. Action Items
None
- V. Information Items
 - A. State of the City (Patrick D. O'Keeffe)
 - B. "Friends of the Emeryville Senior Center" (Jim Golden)
 - C. "8 To Go"/ACTIA (Joyce Jacobson)
- VI. Staff Comments
- VII. Committee Member Comments
- VIII. Adjournment

FURTHER INFORMATION may be obtained by contacting Cindy Montero, Committee Secretary, at (510) 596-3770. The next regular meeting is scheduled for October 14, 2009

DATED: September 9, 2009

Karen Hemphill, City Clerk

Post on: September 9, 2009
Post until: September 18, 2009

Emeryville Senior Center Commission on Aging
ACTION RECAP

Regular Meeting of August 12, 2009
10:00am

- I. Meeting called to order 10:05
Members Present: Vice Chair Jim Golden, COA Members, June Abeyta, Kathryn Connell, Judi Oser, and Council Members Ken Bukowski.

Members Absent: Chair Jerry Fishman Council Member Nora Davis and Commissioners Susan Penner, Joyce Jacobson, and Louis Labat.

Staff Present: Senior Center Manager Cindy Montero,

Public: Lillie Mosley, Rodney Wong
- II Public Comments: None
- III. Motion for approval of the minutes from July 8, 2009 meeting.
Motion: Kathryn Connell
Second: June Abeyta
Ayes: 4
Noes: 0
Abstained: 0
- IV. Action Items
None
- V. Information Items
 - A. Manager Montero informed the COA that Judi Oser had been officially appointed to the Commission on Aging at the July Council Meeting.
 - B. "Friend of the Emeryville Senior Center
Jim Golden gave a brief report on the "Friends" He said they had helped a few members of the center with some financial issues.
 - C. "8 to Go ACTIA. Joyce Jacobson was not at the meeting so Manager Montero reported that "8 To Go" had 243 people signed up and was averaging 15-24 riders per day.
 - D. Senior Stakeholder Forum
Manager Montero handed out copies of the Stake Holders Forum final report. She had attended the Forum in Sacramento on February 4th.

E. Manager Montero gave an up-date on the Statistics of the Center and informed the Commissioners that the Center was updating its membership, and also collecting e-mail addresses for people who wish to receive the LINK via e-mail, in order to “save a tree or two.”

F. Community Services Director Melinda Chinn informed the COA that the ECCL was on track and the city and the school were working on a MOU that will detail the responsibilities of each department as they move forward with the project.

- VI. Staff Comments: Manager Montero reminded everyone that the City Manager would be at the September 9th meeting to give an over view of the city in these difficult economical times and also that the November meeting would be held the first Wednesday of the month in conjunction with the “Friends of the Emeryville Senior Center” meeting.
- VII. Committee Member Comments: A few of the commissioners discussed the ECCL and said that more information and community involvement was needed. Commissioner Connell said she was glad was had a part time case manager.
- VIII. The meeting was adjourned at 10:35am

Submitted by: Cindy Montero, Senior Center Manager, September 4, 2009.

Senior Center Report August 2009

Commission on Aging

The COA met on August 12 at 10am. The Commissioners welcomed the newest member, Judi Oser and heard a report from Commissioner Golden on the "Friends of the Emeryville Senior Center". Center Manager Montero gave an up-date on rider ship for "8 To Go" and also handed out copies of the report from the Senior Center Stakeholders Forum which she attended in February. Manager Montero talked about the "My Senior Center" and the reports and statistics that the system can generate. Community Service Director Melinda Chinn reported on the ECCL.

Advisory Council/ "Friends of the Emeryville Senior Center"

At the August 5th meeting the Friends received three requests from members for financial assistance. They approved all three. One was for a legal bill-\$175, the second was for a walker with a seat-\$124 and the final one was for a hand held shower. The Friends also signed a thank you letter to Bio Pacific for their donation of two chairs and a desk. The donation letter for the annual Holiday fund raiser was written and the group talked about future events and trips.

Trips

A trip to Alcatraz was enjoyed by 18 members of the center on August 3rd. This was the second trip of the summer-since the last trip had a waiting list.

The de Young Museum was the destination for "Go Van Go" on August 5th. The Tutankhamen exhibit was enjoyed by 22 members

A charter bus with 47 members headed to the Red Hawk Casino on August 8th.

22 members headed to the Rye Hotel where they boarded a boat to cruise the Sacramento River before heading to Old Town for some free time to explore the shops.

8 members of the center joined a group from Mill Valley and traveled down to Laguna to enjoy the Pageants of the Masters along with the Nixon Museum and much more. The trip was August 12-15.

The San Francisco Ballet hosted a free performance at Stern Grove, which was enjoyed by 18 members of the center on August 16th.

The Lindsey Museum and free time for shopping in Walnut Creek was the trip scheduled for August 20th. 18 members enjoyed this day.

A return trip to Stern Grove on August 23 was enjoyed by 22 members. A free performance by the San Francisco Opera was enjoyed by all in attendance.

18 members headed to the San Francisco Zoo on August 26th.

On August 29th the destination for 20 members was the Guide Dog for the Blind graduation ceremony. After the ceremony the group had a hosted dinner in Sausalito.

Other Events and Activities

Every Tuesday morning in the month of August Shioun Kim and James Chen taught computers classes to members of the center. Approximately 15-20 seniors showed up for these informational classes on e-mail, safe surfing, and more.

Staff at the center were trained on the new phone system on August 6th. With the new phone system the center was able to install a phone in the lobby, where staff will be stationed as a welcoming center.

Manger Montero met with Terry Lee on August 6. Mr. Lee will be teaching a beginning Mar Jung class at the center beginning Tuesday, September 2, at 1:00pm.

On August 7 children from the St. Vincent's Day Home entertained the members during the Friday Club lunch.

On August 11th the "My Senior Center" was upgraded to include new ways to record statistics at the center, including tracking of volunteer hours.

Over 80 members enjoyed the monthly picnic at Union Point. The center's picnics are a great way for people to socialize and to remember BBQing, with family and friends.

The Monday Social was held on August 17. Thirty two members were entertained by "DJ Joe."

The bus had a slight air conditioning problem that was fixed by El Dorado Bus Sales on August 18th. Since it was still under warranty-the members can now enjoy a "cool ride."

One of the highlights of the month was the "I Scream for Ice Cream" social, which was held on August 19th. Along with the social, the family of Sonia Sharma donated 40 pizzas and 2 birthday cakes in celebration of Sonia's birthday. Sonia has been volunteering at the center for the past 2 years and is a Senior this year at EUSD. Also the kids from the Emeryville Recreation Dept. led by Recreation Assistant Dawn Alexander help with the event by decorating and setting the tables, and then entertained the 120 members by singing songs they learned at the camp.

On August 21 the center hosted a Trivial Pursuit Competition. Members competed in teams of two in a single elimination competition. Members have expressed another tournament soon and we will continue to 'maintain the brain by offering these types of events monthly.

Also on August 21 Phyllis Plotkin performed during the Friday Club Lunch. She played a selection of classical piano pieces.

The staff at the Senior Center, along with other divisions in the Community Services Department had a day of team building and training on August 27th. The City Manager also gave an overview of the "State of the City". After the morning training the staff attended the City "Employee Recognition lunch.

Advisory Council Member and COA member Jim Golden and Manager Cindy Montero met with the Director of the Elk Grove Senior Center and also 2 members of the Board of Director for the Center on August 28th. They were interested in the "My Senior Center" kiosk and seeing what other center in Northern California are offering.

Additional Info

The Center was fortunate to receive additional funds from the CDGB Grant. The additional funds will be used for the C1 and C2 meal programs. This will help pay for the cost of meals from Project Open Hands.

A number of members of the Center will be participating in a focus group for the Parks and Community Services Master Plan. They will give input on the direction of activities and programs offered by the cit.

Manager Montero scheduled the 60 Plus clinic for flu shots which will be provided on November 4th. Montero will also be working on a Communication Plan for the CS Department for the H1N1 flu season.

The banner was installed by Ferrari Signs on the front of the center on August 13th. Numerous people have walked in and said "Now I know where the center is located."

Another great comment from the Fire Department on August 7, one of the EFD staff was impressed on the number of members partaking in the blood pressure check-they were here for over one hour. They also commented on the difference in the atmosphere and the increased participation in the programs.

The Center has been hosting the Ball Room Dance classes from the North Oakland Senior center on days that the center is closed.

Jessica Ortiz, from EYE, finished her internship with the center on August 28th. Manager Montero will attend the City/ Schools meeting to thank her for her commitment to the Senior Center.

The center continues to provide HICAP counseling, the 60 + Clinic, and blood pressure screening, and massages. The movies are well attended and a group of members have started a discussion group immediately after the movies.

July new members	64
94608 new members	26
Emeryville only	12

Case Management (Rani Visweswaran)

Age/Gender	Nature of assistance needed/ Identified Problems	First Time assistance or Follow Up	Resolution/ Interventions	Length of time client has been receiving assistance through program	Date when client will no longer be needing assistance through program
80-year-old female	Client with 24-hour total care needs/ sudden loss of in-home worker/ caregiver burnout (son)	Follow up and termination.	Supportive counseling with son; arranged for client's placement in a skilled nursing facility for longterm care.	2 years	August 2009
70-year-old male	Multiple medical problems and poor nutrition	Follow up.	In-home annual reassessment for nutrition program; replaced broken blender to aid with meal prep; discussion of options for medical f/u	Two years	Depends on health condition and living situation.
83-year-old female and 82-year-old male	Exacerbation of chronic illness and new onset illness for spouse.	Follow up.	Assistance with logistical issues with Personal Care Program; Consultation with daughter regarding longterm planning	One month	Depends on health condition and living situation.

81-year-old female	Recent move to daughter's home from out of state; diagnosis of Alzheimer's	Follow up.	Longterm planning; supportive counseling to daughter; Medical equipment purchase w/ Helping Hand funds.	One month.	Depends on health condition and living situation
92-year-old female	Possible financial and emotional neglect by family	Follow up.	Supportive counseling with client; report to Adult Protective Services.	Two months.	Depends on APS intervention and client's desire for assistance.
84- year-old female	Caregiver stress (husband requiring 24hr. care).	Follow up.	Longterm care planning and supportive counseling; Husband placed in assisted living facility.	One month.	Depends on client's transition to her new living situation (without husband at home)
81- year-old female (lives alone)	Insurmountable problems with in-home; continued need for nutritional assistance.	Follow up	Assistance taking steps to hire a replacement in-home care worker; annual reassessment for nutrition program	3 ½ years	Depends on stability of health condition and living situation
76- year-old female	No in-home care provider; High anxiety.	Follow up	Continued assistance/ advocacy in locating and hiring in-home worker; ongoing supportive counseling.	2 years	Depends on stability of health condition and living situation

90-year-old female	Exacerbation of health problems; social isolation; continued need for nutritional assistance	Follow up.	Supportive counseling; reassessment for nutrition program and of overall needs.	2 Years	Depends on stability of health condition and living situation
79-year old female	Continued problems obtaining required documentation for government agencies.	Ongoing	Client advocacy and hands-on assistance in obtaining needed verification of assets.	5 years	Depends on stability of health condition and living situation.