

Emeryville Senior Center Commission on Aging
ACTION RECAP

Regular Meeting of July 8, 2009
10:00am

- I. Meeting called to order 10:03
Members Present: Vice Chair Jim Golden, COA Members, Joyce Jacobson, Louis Labat, and Council Members Nora Davis.
- Members Absent: Chair Jerry Fishman Council Member Ken Bukowski, and Commissioner Susan Penner, June Abeyta, Kathryn Connell,
- Staff Present: Senior Center Manager Cindy Montero,
- Public: Lillie Mosley, Judi Oser
- II Public Comments: Lillie Mosley addressed the COA with a concern about the lack of postage service at the former Longs Drug Store. Longs were purchased by CVS Drugstores. The Commissioners suggested a petition that would be placed at the Senior Center recommending CVS to continue and expand its postal services. The petition would be taken to the COA and a recommend asking the Council to send a letter to CVS would be the best route to go.

Agenda Action Items:

- III. Motion for approval of the minutes from June 10, 2009 meeting.
Motion: Nora Davis
Second: June Abeyta
Ayes: 4
Noes: 0
Abstained: 0
- IV. Action Items
None
- V. Information Items
A. "The Friends of the Emeryville Senior Center" Advisory Council member Jim Golden gave a brief overview of what the committee has been doing. There have been two resent requested for assistance, one from a member that used her monthly food money to purchase eye glasses-the Friends donated a \$100 Gift Card to Safeway, the other was a donation to a member that had her apartment flooded, house was given a \$50 gift card to Ross to be used for clothes for her and her daughter. Mr. Golden also informed the COA on a donation from Bio-Pacific. The company donated 2 chairs and a roll top desk. The roll top desk was sold for

\$300 and the proceeds were put in the Friends account to be used to assist members and residents in Emeryville with financial needs.

B. Emeryville Marina Picnic.

Manager Montero invited the Commissioners to attend the Centers annual Emeryville Marina Picnic. Beside the picnic the center was honoring Awilda Riog and Louise Carter, meal handlers at the center that completed their last day of work on June 30th.

C. November COA Meeting

Since the November COA meeting falls on a city holiday the Commissioners agreed to move the meeting up one week and combine it with the “Friends of the Emeryville Senior Center.” Advisory Council meeting.

D. Bus Logo/Banner Update

Manager Montero pointed out that the bus was recently detailed with the Community Services Logo, along with the name “Go Van Go” the City of Emeryville Logo and also the acknowledgment that funds to purchase the vehicle were secured through ACTIA and the City of Emeryville. She also mentioned that the banner had been ordered and hopefully will be installed before the next COA meeting.

VI. Staff Comments:

- VII. Committee Member Comments: Commissioner Jacobson thanks the center for the gift cards that were given out at the Volunteer Appreciation luncheon on June 5th. She also stated that the financial situation with ACTIA was being handles and that rider ship for the 8 To Go service had doubled since the beginning of the program. Council Member Davis asked that Rani include the length of time she spends with each client on her monthly report. Commissioner Golden gave a little more history on the post office, stating that when the post office moved from San Pablo to 62nd Street, Joyce Jacobson, June Abeyta and himself went to the Oakland Post Office to request postal service at the Longs on San Pablo for people who lived in the area. Council Member Davis did not believe that in the condition of approval for CVS, that there was a stipulation about postal services. She also stated that the landscaping and lighting assessment was going forward. Commissioner, Labat wanted to know what ever happened with the crosswalk in front of the Avalon and just wanted to make sure that people who come to the COA meeting get a response to their concerns. Commissioner Golden was wondering what was going on with the AED for the center, and asked if the fire department had included it in their budget. All of the Commissioners stated that they would like City Manager Patrick

O'Keeffe to attend the September meeting to give a general update on the financial situation of the city and how the State's budget will impact Emeryville.

The meeting was adjourned at 10:57

Submitted by: Cindy Montero, Senior Center Manager, August 7, 2009

Senior Center Report July 2009

Commission on Aging

The COA met on June 8^h at 10am.

Commissioner Golden gave a brief report on the “Friends and the resent requests the no-profit was receiving. The “Friends” bought a \$100 gift card to Safeway also a \$50 gift card to Ross, both recipients were members of the center and residents of Emeryville. Manager Montero invite everyone to the annual Emeryville Marina picnic and also to celebrate Louise Carter and Awilda Roig’s last days working for the center. The November COA meeting will be moved to November 4, since November 11 is a city holiday. The meeting will be held in conjunction with the “Friends of the Emeryville Senior Center” advisory group. Manager Montero also reported that the bus has been detailed and the banner for the center has been ordered.

Advisory Council/ “Friends of the Emeryville Senior Center”

There were two donations requests, a member and resident of Emeryville who lost her medical benefits used her food money to purchase new eye glasses, so the “Friends donated a \$100 gift card to Pac N Save to purchase groceries. Another member and Emeryville resident whose rental home was flooded and had no insurance. A \$50 gift card to Ross was donated. “Bio-Pacific” a company located in Emeryville donated a roll top desk, and two chairs to the “Friends.” The Friends also discussed the Internet Café.

Trips

July 7 Go Van Go transported twenty two members to the De Young for the Tutankhamen exhibit.

July 12 Go Van Go’s destination was Stern Grove to see Joan Baez perform. 35 members attended this free concert.

Twenty two members headed over to Pier 39 to catch the ferry over to Alcatraz for the day on July 14. This trip had a waiting list of nineteen people, so another trip has been scheduled for August 3.

Forty five members headed up to Orville for a day trip to Feather Falls Casino, on July 18th.

Stern Grove hosted a performance by Salsamuffin, on July 19th. Twenty members of the center enjoyed this free performance.

The annual Gilroy Garlic Festival was enjoyed by forty five members of the center on July 25.

Thirty eight people enjoyed a cruise on the Delta and lunch on July 27.

Other Events and Activities

The center has an intern that was supplied by EYE-Emeryville Youth Employment Program through the EUSD. Jessica Ortiz has been assisting the center in the office, calling Bingo, making copies and general planning of events, since July 6th. She will be with the center till the end of August.

On July 6th Manager Montero met with new Emery-Go Round Manager, Doug Patterson, Director, Wendy Silvini and Kevin Laven, Admin Analyst for the city met to discuss the 8 To Go service area and its progress. Three locations were added outside of the 94608 area code - the new Berkeley Bowl, Sutter, and Alta Bates. These were an addition to Kaiser and Macarthur BART.

Recreation Coordinator/Bus Driver Joe Melancon, along with bus driver Curtis Winters, attended a training in Concord various tie downs for transporting people that use wheels chair and other mobility devices, were demonstrated. Sensitivity training was also included in this 4 hour class.

18 Members were treated to free A's tickets for the July 18th game, courtesy of CATS and the A's.

On July 9th forty members were treated to a special meal that was prepared by children that had attended a 2 week culinary cooking camp at Paulding Catering. The children set the tables, served the meals and also cleaned up the main hall after the event. Nick Sebastian was on hand to take pictures. The cooking camp returned on July 30 and was able to provide another fine meal that they had cook to 38 members of the center.

Over 110 members enjoyed the annual Emeryville Marina Picnic on July 10th. The theme of this event was western apparel and many people arrived in cowboy hats and boots. Many members of the center kicked in and assisted with the set-up, the cooking and the clean-up.

20 people took the AARP re-fresher class on July 15th. This course is for people that have taken the 8 hour course within the last four years.

On July 17 the center hosted a Billiard Competition. 6 members played for first second and third place. As the competition progressed, many members watched and cheered on their friends.

The monthly Dance on July 20 had the most people so far this year-40. DJ Joe played tunes as the group danced the afternoon away.

Manager Montero attended the quarterly Safety Committee meeting on July 23. Discussed were AED's and also Lunch and Learn programs that the City offers for their employees.

Caroline Norwood presented a piano concert on July 24. Fifteen members enjoyed sitting on stage with her, as she gave a little history about each piece she played.

Bob Robillard taught a 3 hour class on how to sell on E-Bay to members.

The Water Aerobics class on Tuesdays and Thursdays is attended by 25 to 30 members, all other classes are seeing an increase in attendance, with the Tango class attracting between 35-40 people each week.

Volunteer hours for the month of June totaled 291 hours.
In July the center had 308 hours scheduled activities.

Case Management (Rani Visweswaran)

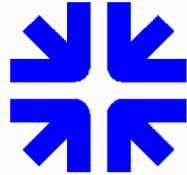
| Age/Gender | Nature of assistance needed/ Identified Problems | First Time assistance or Follow Up | Resolution/ Interventions | Length of time client has been receiving assistance through program | Date when client will no longer be needing assistance through program |
|--------------------|--|------------------------------------|--|---|---|
| 81-year-old female | Recent move to daughter's home from out of state; diagnosis of Alzheimer's | First time. | In-home assessment/ longterm planning; supportive counseling to daughter; referrals to appropriate community services to assist dtr. with Caregiving; transportation assistance. | New ----- This month – 6 hours | Depends on health condition and living situation |
| 83-year-old female | Exacerbation of chronic illness and new onset illness for spouse. | First time. | In-home assessment/ longterm planning with family; enrollment in Senior Center's Personal Care Program; referrals to appropriate community resources; transportation assistance. | New ----- This month – 2 hours | Depends on health condition and living situation. |
| 74-year-old female | Stressful living situation | First time. | Advocacy/ referral to legal/housing resource; supportive counseling | New ----- This month – 3 hours | Until situation is resolved. |

| | | | | | |
|---------------------|--|-------------|--|---|---|
| 82-year-old male | New onset illness/ spouse also ill. | First time. | In-home assessment/ longterm planning with family; enrollment in Senior Center's Personal Care Program; referrals to appropriate community resources; transportation assistance. | New ----- This month – 3 hours | Depends on health condition and living situation |
| 75-year-old female | New life-threatening, chronic illness; spouse w/ dementia | First time. | In-home assessment/ longterm planning with daughter; referrals to appropriate community resources | New ----- This month – 2 hours | Depends on health condition and living situation |
| 76-year-old male | Dementia; spouse with chronic illness | First time. | In-home assessment/ longterm planning with daughter; referrals to appropriate community resources | New ----- This month – 2 hours | Depends on health condition and living situation |
| 67-year-old male | Multiple hospitalizations due to chronic illness; lives alone. | First time. | In-home assessment; referrals to appropriate community resources. | New ----- This month – 3 hours | |
| 84- year-old female | Caregiver stress (husband requiring 24hr. care). | First time. | Longterm care planning; supportive counseling; Referrals and discussion of respite care options. | New ----- This month – 2 hours | Depends on family's decision regarding longterm plan. |

| | | | | | |
|--------------------------------------|---|------------|---|--|--|
| 76- year-old female | Recent hospitalization and surgery/ need for in-home care; anxiety | Follow up | In-home reassessment of needs; assistance arranging in-home care and transportation; supportive counseling. | 2 years ----- This month – 5 hours | Depends on stability of health condition and living situation |
| 70-year-old female | Client and daughter with allergic reaction to mold from apt. flooding. | Follow up. | In-home Reassessment of needs; referrals to community resources | 2 years ----- This month - 2 hours | Depends on stability of health condition and living situation. |
| 79-year old female | Continued problems obtaining required documentation for government agencies. | Ongoing | Client advocacy and hands-on assistance in obtaining needed verification of assets. | 5 years ----- This month – 6 hours | Depends on stability of health condition and living situation. |
| 80-year-old female | Return home after prolonged hospitalization/ rehabilitation from major car accident; need for 24-hr. care | Follow up | In-home reassessment with client and son; longterm planning with son and discussion of community resources and care options | 2 years ----- This month – 5 hours | Depends on family's ability to maintain 24 hr. care at home. |
| 81- year-old female (lives alone) | Memory decline and resulting problems with in-home worker. | Follow up | Home visit and f/u telephone calls to mediate between client and worker. | 3 ½ years ----- - 2 hours | Depends on stability of health condition and living situation |

PLEASE POST

Committee Members:
Chair, Jerry Fishman
Vice Chair, Jim Golden
June Abeyta
Ken Bukowski
Kathryn Connell
Nora Davis
Joyce Jacobson
Judy Oser
Susan Penner
Louis Labat



AGENDA
COMMISSION ON AGING
Meeting of the Advisory Committee
Special Meeting of the Emeryville City Council
Emeryville Senior Center
4321 Salem Street Emeryville, CA 94608

August 12, 2009
10:00 a.m.

All Advisory Committee meetings are noticed as Special City Council Meetings so that any or all of the City Council may attend and participate in the Advisory Committee's deliberations. However, actions taken by Advisory Committees are not official actions of the City Council but must be ratified at a regular City Council. All writings that are public records and relate to an agenda item below which are distributed to a majority of the Commission on Aging (including writings distributed to a majority of the Commission on Aging less than 72 hours prior to the meeting noticed below) will be available at the Information Counter, 1333 Park Avenue, Emeryville, California during normal business hours (9am to 5pm, Monday through Friday, excluding legal holidays).

AGENDA

- I. Roll Call
- II. Public Comment
- III. Approval of July 8th, 2009 meeting
- IV. Action Items
None
- V. Information Items
 - A. Appointment of Judy Oser
 - B. "Friends of the Emeryville Senior Center" (Jim Golden)
 - C. 8 To Go/ACTIA (Joyce Jacobson and Cindy Montero)
 - D. Senior Center Stakeholder Forum (Cindy Montero)
 - E. "My Senior Center" Statistics (Cindy Montero)
 - F. Up date on ECCL (Melinda Chinn)
- VI. Staff Comments
- VII. Committee Member Comments
- VIII. Adjournment

FURTHER INFORMATION may be obtained by contacting Cindy Montero, Committee Secretary, at (510) 596-3770. The next regular meeting is scheduled for September 9, 2009

DATED: August 7, 2009

Karen Hemphill, City Clerk

Post on: August 7, 2009
Post until: August 14, 2009

