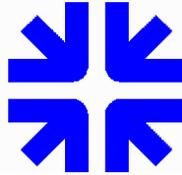


PLEASE POST

Committee Members:
Chair, Jerry Fishman
Vice Chair, Jim Golden
June Abeyta
Ken Bukowski
Kathryn Connell
Nora Davis
Joyce Jacobson
Susan Penner
Louis Labat



AGENDA

COMMISSION ON AGING

Meeting of the Advisory Committee
Special Meeting of the Emeryville City Council
Emeryville Senior Center
4321 Salem Street Emeryville, CA 94608

July 8, 2008
10:00 a.m.

All Advisory Committee meetings are noticed as Special City Council Meetings so that any or all of the City Council may attend and participate in the Advisory Committee's deliberations. However, actions taken by Advisory Committees are not official actions of the City Council but must be ratified at a regular City Council. All writings that are public records and relate to an agenda item below which are distributed to a majority of the Commission on Aging (including writings distributed to a majority of the Commission on Aging less than 72 hours prior to the meeting noticed below) will be available at the Information Counter, 1333 Park Avenue, Emeryville, California during normal business hours (9am to 5pm, Monday through Friday, excluding legal holidays).

AGENDA

- I. Roll Call
- II. Public Comment
- III. Approval of June 10, 2009 meeting
- IV. Action Items
None
- V. Information Items
 - A. "Friends of the Emeryville Senior Center" (Jim Golden)
 - B. Emeryville Marina Picnic (Cindy Montero)
 - C. Bus Logo and Banner Update (Cindy Montero)
 - D. November COA Meeting (Cindy Montero)
- VI. Staff Comments
- VII. Committee Member Comments
- VIII. Adjournment

FURTHER INFORMATION may be obtained by contacting Cindy Montero, Committee Secretary, at (510) 596-3770. The next regular meeting is scheduled for August 12, 2009

DATED: July 3, 2009

Karen Hemphill, City Clerk

Post on: July 3, 2009
Post until: July 10, 2009

Emeryville Senior Center Commission on Aging
ACTION RECAP

Regular Meeting of April 8, 2008
10:00am

- I. Meeting called to order 10:01
Members Present: Chair Jerry Fishman, Vice Chair Jim Golden, COA
Members June Abeyta, Joyce Jacobson, Kathryn Connell, Louis Labat, and
Council Members Nora Davis.

Members Absent: Council Member Ken Bukowski

Staff Present: Senior Center Manager Cindy Montero, Community Services
Director Melinda Chinn

Public: Judi Oser

- II Public Comments: Judi Oster asked about her application to the COA and
Center Manager Montero stated that she had not received it from the City
Clerks Office. Commissioner Jacobson asked Judi to give a little background
about herself. Judi stated she has lived in Emeryville for over 20 years and has
served on the Emeryville Public Arts Committee; she also gave a little
background on her professional career.

Agenda Action Items:

- III. Motion for approval of the minutes from March 11, 2009 meeting
Motion: Jim Golden
Second: Susan Penner
Ayes: 7
Noes: 0
Abstained: 0

- IV. Action Items

- V. Information Items

A. ACTIA Program Plan and 8 to Go. Manager Montero shared
the program Plan for ACTIA with the Commissioners and stated
that Kevin Laven and she would be going to present the plan to
ACTIA on May 6th at 1:00pm. Montero explained that the money
from Measure B funds was used for Meal on Wheels mileage
reimbursement, the center's taxi reimbursement program, to
supplement low-income families with East Bay Paratransit ticket
purchases and for group trips. Commissioner Jacobson talked
about the hesitancy of member from Watergate using the new
system. She said that people equated the service to a taxi ride and

that many people have unpleasant taxi ride experiences. She will continue to promote and use 8 to Go and again encouraged the Commissioner to do the same.

B. Senior Center Theft-The Senior Center had a very unfortunate situation that occurred over the weekend of March 14th. Someone entered the center and stole the 52 big screen TV, the DVD player, digital camera and the Wii video game system, along with the candy jar filled with jellybeans. The estimated value was around \$2,300. A police report was filed and the information was turned over to finance for insurance purposes.

C. Pleasant Valley Adult Education Budget Cuts-Due to the budget cuts that the State passed relating to School funding Pleasant Valley has lost there funding. All money for adult education was handed over to the local school boards for allocation. Since the center has a budget for teachers-only two classes were affected-the Monday Exercise and the quilting class. The Advisory Council has volunteered to subsidize the payment for the quilting class and the teacher for the exercise class has volunteered to continue to teach.

D. Centers New Hours/Other Centers in the Area- As of April 1, 2009 the center has extended its hour. The Center will now be open Monday-Thursday 9am-5pm and on Fridays 9am-9pm. Manager Montero also informed the Commissioners that she met with 3 other Senior Center Directors-Isabelle Leduc from Albany, Patti Thomas and Debbie Jordan from Berkeley. All centers are experiencing cuts in programs and are also affected by the adult education funding.

E. Advisory Council-Commissioner Golden, who also serves on the "Friends of the Emeryville Senior Center" Advisory Council, reminded everyone to support the booth they were having at Earthday, on April 18th from 12noon-4pm. He also stated that the "Friends " had purchased re-usable bags for the Brown Bag program and that they were in and being used.

- VI. Staff Comments: Manager Montero informed the Commissioners that she would be at a Retreat on May 13th, which was the next scheduled COA meeting, and informed the COA that Director Melinda Chinn would facilitate the meeting.
- VII. Committee Member Comments: None

The meeting was adjourned at 10:40am

Submitted by: Cindy Montero, Senior Center Manager, June 5, 2009

Senior Center Report June 2009

Commission on Aging

The COA met on June 10th at 10am.

Commissioner Joyce Jacobson and Manager Cindy Montero gave a brief report on the 8 To Go program and informed the Commissioners that ACTIA approved the City of Emeryville's program plan for FY 09/10. Manager Montero informed the COA that the City Council had approved the elimination of the meal handler's positions at the center as of June 30. Manager Montero gave a brief report on the "Friends of the Emeryville Senior Center" advisory group in the absence of Jim Golden. Manager Montero also gave a recap on the Grandparents Support. Unfortunately Wanda Hundley, facilitator of the group was unavailable to the COA meeting.

Advisory Council/ "Friends of the Emeryville Senior Center"

The "Friends of the Emeryville Senior Center met on June 10th at 10:30am. The Advisory Council approved a request for \$300 for a member of the center that needed to use it for a deposit for an apartment for herself and her 2 grandchildren. They also approved a request to purchase a blender for a member that has to purify his food due to health reasons. The Advisory Council generously gave a donation to the Center for the Annual Volunteer Recognition Party that was held on June 5, 2009. The idea of the Advisory Council using the internet Café as a fund raising tool was visited again.

Trips

Go Van Go transported twenty two members to the SFMOMA on June 2. The museum had its grand opening of its rooftop garden and art work throughout the month of June.

Thirty member of the center travel either by "Go Van Go" or their own vehicle for a Day at the Races at Golden Gate Fields on June 14.

On June 16, twenty two members left the center and traveled to Angel Island where they had a guided tour of the island and a cater lunch.

The Dine Around headed to Albany on June 18 to have lunch at the Solano Grill. 9 members attended.

Sixty eight people we shuttled to Stern Grove to enjoy a free concert given by Roberta Flack.

Eleven theater lovers enjoy the ACT performance of "At Home at the Zoo" on June 24.

Go Van Go transported 14 member over to San Francisco to compete in a Wii competition at the Bethany House, on June 25.

The Center shuttles over 40 members down to Lake Merritt for the annual Healthy Living Fair on June 26.

Thirteen members join 2 other center centers for an overnight trip to Reno on June 30th. While in Reno the group saw Patti Page perform.

Other Events and Activities

The center held its annual Volunteer Recognition event on June 5. The event was attended by approximately 130 members of the center. The EUSD catered the event and the entertainment was provided by our tap teacher Debra Steinbach's professional singing and dance group. All volunteers were given a thank you card and their choice of a gift card to the local Trader Joes, Pack N Save the theater or Starbucks. Everyone that received a gift card stated they were glad to get something that they could use.

Members were treated to free A's tickets for the June 7th game, courtesy of CATS and the A's.

Manager Montero met with the consultants that are doing the Faculty Needs Assessment on June 10. The Friday club had it first summer picnic at Mosswood Park on June 12. Over 60 members enjoyed BBQ chicken, hot dogs and out door games.

The Social Dance attracted over 30 people on June 15 as DJ Joe spun the tunes. The center received it approval letter for funding from AAA. FY 09/10 the city will receive \$23,304.

The children from the Berkeley Maynard Academy returned to the center on June 19th to share the biographies they had written for members of the center. They read and shared them in the morning before heading back to school to celebrate their last day.

Manager Montero trained 24 recreation leaders and staff in CPR/First Aid and AED use on June 22.

Senior Water Aerobics classes started on June 23. The classes are held at 1:15 on Tuesdays and Thursdays. Manager Montero went to observe the first class to see if the pool was "user friendly" for the senior. After observing the difficulty of many senior getting in and out of the pool she contact Lincoln pools and ordered a easy step, which allows the senior to walk into the water verses climbing in backwards on ladders. Over 25 people were in attendance for the first class.

Over fifty people enjoyed classical pianist Joanne Cate and flutist Donna Umeki at the Maynard Music Salon which was held on May 15.

Volunteer hours for the month of June totaled 320 hours.
In June the center had 266 hours scheduled activities.

Case Management (Rani Visweswaran)

Age/Gender	Nature of assistance needed/ Identified Problems	First Time assistance or Follow Up	Resolution/ Interventions	Length of time client has been receiving assistance through program	Date when client will no longer be needing assistance through program
81- year-old female	Decreased memory with wandering behavior	First time.	Assessment/ consultation with family on applicable resources	New	Depends on stability of health condition and living situation.
94-year-old Female	Lives alone with w/ worsening dementia with behavioral manifestations and resulting caregiver (family) stress.	Follow up.	Follow up discussion with family regarding care giving/ respite options.	2 years/ intermittent	Depends on family's decisions regarding long-term plan.
100-year-old female	Lives alone; termination of benefits and problems getting eyeglasses	Follow up.	Assistance getting benefits re-established; consultation w/ opt. office; utilization of helping hand funds	6 months	Depends on stability of health condition and living situation.
81-year-old female	Poor recovery from major surgery; Lives alone with minimal local supports.	Follow up.	Consultation with in-home health professionals and out-of town family for long-term planning.	One month	Depends on stability of health condition and living situation
92-year-old female	Stress caused by transition from independent living to moving in with family	First time.	Supportive counseling with client; consultation with family.	New	Depends on client's adjustment to new living situation.

81- year-old female (lives alone)	New acute medical problem and difficulty reaching MD; Problem with in-home worker.	Follow up	Contacted MD office to arrange medical consultation with client; Problem resolution with client and worker.	3 ½ years	Depends on stability of health condition and living situation
98- year-old female	Lives alone w/ declining health and minimal local supports	Follow up	Long-term planning with family; consultation with MD; referral for medical equipment.	One month.	Until arrangements can be made for client to move closer to family.
69-year-old female	Clothes damaged from neighbor's plumbing mishap.	Follow up.	Helping hand funds/ gift certificate for replacement of limited items.	2 years	Depends on stability of health condition and living situation.
79-year old female	Continued problems obtaining required documentation for government agencies.	Ongoing	Client advocacy and hands-on assistance in obtaining needed verification of assets.	5 years	Depends on stability of health condition and living situation.
80-year-old male	Financial/ psychological abuse and resulting housing crisis.	First time.	Consultation with Adult Protective Services; counseling with client and family regarding housing issues and options.	New.	1-2 months, when housing is established.

71-year-old female	Financial stressors.	Follow up.	Supportive counseling; referrals to community resources.	2 years	Depends on stability of health condition and living situation.
80-year-old female	Serious car accident with client injury.	Follow up	Visited client in skilled nursing facility and consulted rehab staff.	2 years	Depends on recovery/ health condition.