

Emeryville Senior Center Commission on Aging  
**ACTION RECAP**

Regular Meeting of April 8, 2008  
10:00am

- I. Meeting called to order 10:01  
Members Present: Chair Jerry Fishman, Vice Chair Jim Golden, COA  
Members June Abeyta, Joyce Jacobson, Kathryn Connell, Louis Labat, and  
Council Members Nora Davis.

Members Absent: Council Member Ken Bukowski

Staff Present: Senior Center Manager Cindy Montero, Community Services  
Director Melinda Chinn

Public: Judi Oser

- II Public Comments: Judi Oster asked about her application to the COA and  
Center Manager Montero stated that she had not received it from the City  
Clerks Office. Commissioner Jacobson asked Judi to give a little background  
about herself. Judi stated she has lived in Emeryville for over 20 years and has  
served on the Emeryville Public Arts Committee; she also gave a little  
background on her professional career.

Agenda Action Items:

- III. Motion for approval of the minutes from March 11, 2009 meeting  
Motion: Jim Golden  
Second: Susan Penner  
Ayes: 7  
Noes: 0  
Abstained: 0

- IV. Action Items

- V. Information Items

A. ACTIA Program Plan and 8 to Go. Manager Montero shared  
the program Plan for ACTIA with the Commissioners and stated  
that Kevin Laven and she would be going to present the plan to  
ACTIA on May 6<sup>th</sup> at 1:00pm. Montero explained that the money  
from Measure B funds was used for Meal on Wheels mileage  
reimbursement, the center's taxi reimbursement program, to  
supplement low-income families with East Bay Paratransit ticket  
purchases and for group trips. Commissioner Jacobson talked  
about the hesitancy of member from Watergate using the new  
system. She said that people equated the service to a taxi ride and

that many people have unpleasant taxi ride experiences. She will continue to promote and use 8 to Go and again encouraged the Commissioner to do the same.

B. Senior Center Theft-The Senior Center had a very unfortunate situation that occurred over the weekend of March 14<sup>th</sup>. Someone entered the center and stole the 52 big screen TV, the DVD player, digital camera and the Wii video game system, along with the candy jar filled with jellybeans. The estimated value was around \$2,300. A police report was filed and the information was turned over to finance for insurance purposes.

C. Pleasant Valley Adult Education Budget Cuts-Due to the budget cuts that the State passed relating to School funding Pleasant Valley has lost there funding. All money for adult education was handed over to the local school boards for allocation. Since the center has a budget for teachers-only two classes were affected-the Monday Exercise and the quilting class. The Advisory Council has volunteered to subsidize the payment for the quilting class and the teacher for the exercise class has volunteered to continue to teach.

D. Centers New Hours/Other Centers in the Area- As of April 1, 2009 the center has extended its hour. The Center will now be open Monday-Thursday 9am-5pm and on Fridays 9am-9pm. Manager Montero also informed the Commissioners that she met with 3 other Senior Center Directors-Isabelle Leduc from Albany, Patti Thomas and Debbie Jordan from Berkeley. All centers are experiencing cuts in programs and are also affected by the adult education funding.

E. Advisory Council-Commissioner Golden, who also serves on the "Friends of the Emeryville Senior Center" Advisory Council, reminded everyone to support the booth they were having at Earthday, on April 18<sup>th</sup> from 12noon-4pm. He also stated that the "Friends " had purchased re-usable bags for the Brown Bag program and that they were in and being used.

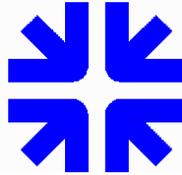
- VI. Staff Comments: Manager Montero informed the Commissioners that she would be at a Retreat on May 13<sup>th</sup>, which was the next scheduled COA meeting, and informed the COA that Director Melinda Chinn would facilitate the meeting.
- VII. Committee Member Comments: None

The meeting was adjourned at 10:40am

Submitted by: Cindy Montero, Senior Center Manager, June 5, 2009

PLEASE POST

*Committee Members:*  
*Chair, Jerry Fishman*  
*Vice Chair, Jim Golden*  
*June Abeyta*  
*Ken Bukowski*  
*Kathryn Connell*  
*Nora Davis*  
*Joyce Jacobson*  
*Susan Penner*  
*Louis Labat*



## AGENDA

### COMMISSION ON AGING

Meeting of the Advisory Committee  
Special Meeting of the Emeryville City Council  
Emeryville Senior Center  
4321 Salem Street Emeryville, CA 94608

June 10, 2009  
10:00 a.m.

All Advisory Committee meetings are noticed as Special City Council Meetings so that any or all of the City Council may attend and participate in the Advisory Committee's deliberations. However, actions taken by Advisory Committees are not official actions of the City Council but must be ratified at a regular City Council. All writings that are public records and relate to an agenda item below which are distributed to a majority of the Commission on Aging (including writings distributed to a majority of the Commission on Aging less than 72 hours prior to the meeting noticed below) will be available at the Information Counter, 1333 Park Avenue, Emeryville, California during normal business hours (9am to 5pm, Monday through Friday, excluding legal holidays).

## AGENDA

- I. Roll Call
- II. Public Comment
- III. Approval of the March 11, 2009 meeting
- IV. Action Items
- V. Information Items
  - A. ACTIA Program Plan/PAPCO/8-To-Go (Joyce Jacobson/Cindy Montero)
  - B. Meal Handlers (Cindy Montero)
  - C. Advisory Council (Cindy Montero)
  - D. Grandparents Support Group (Wanda Hundley)
- VI. Staff Comments
- VII. Committee Member Comments
- VIII. Adjournment

**FURTHER INFORMATION** may be obtained by contacting Cindy Montero, Committee Secretary, at (510) 596-3770. The next regular meeting is scheduled for July8, 2009

DATED: June 10, 2009

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Karen Hemphill, City Clerk

Post on: June 5, 2009  
Post until: June 12, 2009

## **Senior Center Report May 2009**

### **Commission on Aging**

The COA did not hold a meeting in May. The next scheduled meeting will be June 10<sup>th</sup>.

### **Advisory Council/ “Friends of the Emeryville Senior Center”**

At the May 6<sup>th</sup> meeting the Friends gave a report on the Flea Market/Earth Day finances. Revenues collected - \$3509.65 and expense total was \$683.15. The net was \$2826.50. The left over juice packs, were donated to the after school program. The Council discussed their next fund raiser and decided on holding a Fall Fashion Show possibly on September 25. Designer, new and fashionable clothing that did not sell at the Flea Market were set aside for this next Fund Raiser and Manager Montero had a discussion with Sharon Wasselman about the Anna Yates arts enrichment class making jewelry to accessorize the outfits. The group picture that was taken on the steps of the Senior Center was shown to the Council members. Jim Golden explained that he was still working on the Tiny Ticket BART application. Manager Montero asked the “friends if they would be interested in using the Internet Café as a fund raising venture. They all agreed to revisit this at the next meeting after some more information could be provided.

### **PAPCO/ACTIA**

On May 6<sup>th</sup> Administrative Analyst Kevin Laven and Manager Cindy Montero present the Center’s program plan for fiscal year 09/10 to PAPCO/ACTIA. After the presentation the board voted and approved the program plan. Changes that were made included increasing the amount for the taxi reimbursement program from \$40 per quarter to \$80 and also increasing the amount of East Bay Paratransit ticket members can purchase from \$18 to \$40 per quarter. The majority of the funds received are used for group trips for the center. A stool was purchased for the “8 To Go” vehicle to assist passengers in and out of the front seat. “8 To Go” has seen a steady increase in its ridership over the last month due to the outreach and marketing that the center has done. Average rides per day are 12-18. The Rider Rules Handbook was translated both into Spanish and Chinese.

### **Trips**

On May 9, Go Van Go transported twenty two members to Jack London Square where they boarded the Potomac for a 1 ½ hour cruise. After the cruise they had time for a no-host lunch and then a guided tour of the Western Aerospace Museum.

Twenty eight members enjoyed the day in Santa Rosa at Safari West, an animal refuge on May 13. After the guided tour they had a hosted lunch before heading back to the center.

The Grandparents Support Group headed down to Monterey for the day. Twenty two Grandkids and Grandparents were treated to a free day at the Aquarium-thanks to free tickets from CATS.

On the 19<sup>th</sup> of May twenty two members headed over to the Academy of Science, this was a regular fee day, scheduled for people who did not want to wait in line on the free days.

Free day at the Academy of Science is held on the 3<sup>rd</sup> Wednesday of the month-so Go Van Go venture over with eighteen members who have no problem standing in line to see this newly opened facility.

On May 21, seventeen members hopped on Go Van Go and headed to Wente Vineyard for the Dine Around lunch and a tour of the winery.

Fresno Underground Gardens was the destination for 12 members, over the Memorial Day weekend. Besides the gardens, the group visited a few wineries, a museums and enjoyed dinner together as a group.

Eighteen theater lovers enjoy the ACT performance of “Bolero for the Disenchanted” on May 27.

Ardenwood Farms in Fremont was enjoyed by nineteen members. Prior to the trip to the working farm the group headed over to Cattleman’s for a hosted lunch and a tour of old town Livermore.

Over 45 Members were shuttled from the Center to Frank Ogawa Plaza in Oakland from 11-2 o’clock for the celebration of Older Americans Month.

### **Other Events and Activities**

The Friday Night Club continues to attract new and old members. While at the center in the evening hours members enjoy playing games, watching sports, or just socializing with friends and family. The group averages between 25-38 people.

The Flea Market was open on Saturday, May 2 as a trial to see if a Saturday would be lucrative. On that day the Friends pulled in a little over \$600. The grand total raised was \$3506.65. Without the help of the many volunteers who, set-up, cleaned-up and manned this event it could not have been done as well or as successfully. Items that did not sell were donated to ECAP and the Salvation Army.

Six members showed up for the first book Club meeting on May 5. The club is being facilitated by member Bob Murphy. The club selected Revolutionary Road as its first book to read and discuss.

Thirty five people enjoy lunch and virgin margaritas on May 5<sup>th</sup>. Abel Lopez brought in his grill and cooked burrito’s, tacos and Quesada’s to order. Our own Juanita Oribello sang and played the guitar to rave reviews and encores from the crowd.

The Council proclaimed May as Older American's month at the May 5<sup>th</sup> Council meeting. Director Melinda Chinn and Manager Cindy Montero attended the meeting.

The CDBG Grant Monitoring visit by Helen Bean, Amy Hiestand and Nancy Templeton went well on May 6<sup>th</sup>. A letter was received stating for the next fiscal year no monitoring visit would be needed since the program met all of the requirements needed for funding.

On May 8, a Memory Screening was held for members of the center. Each screening lasted 30 minutes and eight people participated.

Juliette Dunn from the Emeryville school district began providing soup for the Friday Club on May 8<sup>th</sup>. The center started working with the school district after they lost their Friday club "soup maker" that was paid and provided for by The Pleasant Valley Adult Education Program.

Over fifty people enjoyed classical pianist Joanne Cate and flutist Donna Umeki at the Maynard Music Salon which was held on May 15.

The Social Dance attracted approximately twenty eight people on May 18<sup>th</sup>.

The nutritionists from Berkeley came to the center on May 19 and gave a demonstration on different salts to approximately 15 people.

The Grandparents support group was very instrumental in helping a member and her grandchildren locate housing after she lost her home.

The Emeryville Fire Department continues to conduct blood pressure checks the first and third Fridays of each month.

60+ assist members of the center with medication evaluations, foot care and general information on health care.

Volunteer hours for the month of May totaled 310 hours.  
In May the center had 280 scheduled activities.

**Demographics:**

- 30 - new members
- 25 - 60+ new members
- 11 - 94608 residents
- 8 - Emeryville only residents

**Case Management** (Rani Visweswaran)

<b>Age/Gender</b>	<b>Nature of assistance needed/ Identified Problems</b>	<b>First Time assistance or Follow Up</b>	<b>Resolution/ Interventions</b>	<b>Length of time client has been receiving assistance through program</b>	<b>Date when client will no longer be needing assistance through program</b>
98- year-old female	Lives alone w/ declining health and minimal local supports	First time.	In-home assessment; Long-term planning with family; referrals to appropriate community resources.	New	Possibly 1-3 months; until arrangements can be made for client to move closer to family.
94-year-old female	Lives alone with w/ worsening dementia with behavioral manifestations and resulting caregiver (family) stress.	Follow up.	Supportive counseling with family and exploration of alternative caregiving/ respite options.	2 years/ intermittent	Depends on family's decisions regarding long-term plan.
80-year-old female	Chronic health condition interfering with household tasks. (lives alone)	First time.	In-home assessment and referral to appropriate community agency.	New	Depends on stability of health condition and living situation.
81-year-old female	Recent discharge from hospital following major surgery; Lives alone with minimal local supports.	First time.	In-home assessment and referral to appropriate community agencies.	New	Depends on stability of health condition and living situation
80-year-old female	Exacerbation of health problems with resulting hospitalization; chronic depression	Follow up	Post-hospital planning with hospital staff and family; Supportive counseling with client.	2 ½ years	Depends on stability of health condition and living situation.

81- year-old female (lives alone)	Large medical bill that client cannot pay; Trauma due to apartment break-in while client was home.	Follow up	Contacted MD office to rectify problem; Supportive counseling with client.	3 ½ years	Depends on stability of health condition and living situation
80-year-old female (lives alone)	Serious car accident with client injury and hospitalization.	Follow up	Suspended current in-home programs; Consultation with hospital discharge planner and family for short and long-term planning.	2 years	Depends on degree of recovery from accident.
70-year-old male	Bereavement; Physical limitations in managing household (lives alone)	Follow up.	Check-in with client and monitoring of new services put in place last month.	1 month	Depends on stability of health condition and living situation.
78-year old female	Government agencies demanding repayment of benefits and documentation of assets for past years.	Follow up	Client advocacy and hands-on assistance in dealing with pertinent agencies.	5 years	Depends on stability of health condition and living situation.
87-year-old female	Recent falls at home; lives alone with minimal supports.	Follow up	Check-in with client and monitoring of new services put in place last month.	1 month	Depends on stability of health condition and living situation.