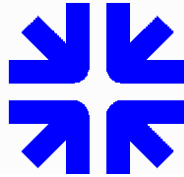


PLEASE POST

Committee Members:
Chair, Jerry Fishman
Vice Chair, Jim Golden
June Abeyta
Ken Bukowski
Kathryn Connell
Nora Davis
Joyce Jacobson
Susan Penner
Louis Labat



AGENDA

COMMISSION ON AGING

Meeting of the Advisory Committee
Special Meeting of the Emeryville City Council
Emeryville Senior Center
4321 Salem Street Emeryville, CA 94608

January 14, 2009

10:00 a.m.

All Advisory Committee meetings are noticed as Special City Council Meetings so that any or all of the City Council may attend and participate in the Advisory Committee's deliberations. However, actions taken by Advisory Committees are not official actions of the City Council but must be ratified at a regular City Council. All writings that are public records and relate to an agenda item below which are distributed to a majority of the Commission on Aging (including writings distributed to a majority of the Commission on Aging less than 72 hours prior to the meeting noticed below) will be available at the Information Counter, 1333 Park Avenue, Emeryville, California during normal business hours (9am to 5pm, Monday through Friday, excluding legal holidays).

AGENDA

- I. Roll Call
- II. Public Comment
- III. Approval of December 10th, 2008 meeting
- IV. Action Items
 - A. Recommendations for meal program
- V. Information Items
 - A. GAP Grant
 - B. Staffing (Cindy Montero)
 - C. California Commission on Aging Presentation (Cindy Montero)
 - D. Community of Life Presentation (Melinda Chinn)
 - E. Advisory Council (Jim Golden)
- VI. Staff Comments
- VII. Committee Member Comments
- VIII. Adjournment

FURTHER INFORMATION may be obtained by contacting Cindy Montero, Committee Secretary, at (510) 596-3770. The next regular meeting is scheduled for February 11, 2009

DATED: January 9, 2009

Karen Hemphill, City Clerk

Post on: January 9, 2009
Post until: January 16, 2009

SENIOR CENTER REPORT December 2008

Commission on Aging:

December 10th the Commission on Aging met at the Senior Center. The Commissioners discussed the current meal programs and asked for an evaluation on the congregate meal program. Commissioners Golden gave a report on the Advisory Council and invited everyone to attend the Holiday Party at the center on December 12. Three Commissioners submitted letter to be re-appointed to the Commission and the two vacant positions were discussed. Center Manager Montero discussed the new support group "Grandparents Raising Their Grandchildren". She is working with Wanda Steward from the Emeryville School District.

Advisory Council "Friends of the Emeryville Senior Center:

The friends meet on December 3 at 10:30am. The members in attendance finalized plans for the Holiday Party and also listed the donations that were received for the event. Jim Golden and Frieda Pardo agreed to pick-up some extra gift baskets for the raffle with the money that was donated by local businesses.

ACTIA/GAP Grant

The contracts have been finalized and signed for the "8 To Go" Gap Grant. Manager Montero, Administrative Analyst Kevin Laven, Emery Go Round manager Wendy Silvani and COA and PAPCO member Joyce Jacobson met to go over the application process and finalize the program. Joyce made contact with the Watergate and an article will be placed in the February "Hatchcover" explaining the "8 To Go" program which will be up and running by February 1, 2009. The first GAP Grant meeting was held on December 17, three people attended, and were given the details of the transportation programs offered by the center. A second meeting was held on December 19 with three more members receiving information.

Trips and Outings

- The Dine Around traveled over to Treasure Island on December 4 to enjoy lunch at the Culinary Institute. A delicious meal was enjoyed by 22 members.
- China Town in Oakland was the destination for "Go Van Go" on December 10th. 18 members enjoyed a fortune cookie factory and the Sakura Sake Factory.
- The Beach Blanket Babylon show at club Fugazi in SF was enjoyed by 22 members of the center on December 17.
- "Go Van Go" headed to River Rock Casino for an afternoon of food and fun. Another trip that 22 members enjoyed.
- The people that could not get on the first Beach Blanket Babylon trip were able to enjoy the Christmas Eve performance. 20 members of the center were transported by the bus to SF for this 5:00 performance.

CATS supplied the center with free tickets to the San Francisco Nutcracker, The Smuin Ballet, and 2 Oakland Raider games in the month of December.

Other Activities and News

On December 3 Manager Montero met with Jerris, director of the Save Our Children, 501 (c) (3) non-profit. The Save the Children's Project is primarily targeted towards children 6-13 years of age. This organization hopes to create a partnership with the Senior Center to recruit volunteers and also to create opportunities for inter-generational programming.

Manager Montero attended the School Board meeting on Thursday December 4th. The city is encouraging the managers and other employees to attend so that they will be informed and will be able to contribute to the new "Community of Living" which is the new building that will house the Emeryville schools and the Community Services Department.

On December 5 the center was decorated from 1-4 by approximately 15 members of the center along with staff member Joe Melancon. This was the first year the center went "artificial", with an artificial tree and no one seemed to notice the difference. The walls, halls and lobby were decked with red, purple and silver decorations. After the decorating was complete the members enjoyed homemade cookies.

December 8 was the monthly social dance held at the center. D.J. Joe Melancon was in the house and the dance was attended by 25 people. Since this event is new to the center- it will take time to build up the attendance.

A four hour AARP class was held on December 9. This refresher class was open to people who had taken the 8 hour AARP driver course within the last 4 years. 18 people were registered.

Manager Montero met with Albany Senior Center Program Coordinator Nick Jordan on December 9th. Nick and Cindy discussed what was new and happening at the center along with sharing information about the GAP grant. Also discussed were ways to share information about activities and events being offered by both centers.

On December 10 Peder Wolff a LCSW came to the center to discuss a new program being offered by UCSF's "Over 60 Program". This program targets persons 65 years or older in need of services. Participation in this 6 month program will receive 12 weeks of free care management. A care manager will visit the client's home weekly for 12 weeks and some clients may be entitled to a cash stipend.

December 12 was the day of the Annual Holiday Party/Fund Raiser. The event was enjoyed by 180 members of the center. The event started out with the fabulous tapping Santa followed by a demonstration by the Tango class, and the Singing Class. The Recreation Department's after school program sang a few songs and the Randy Moore Trio entertained in between acts and the raffle. The grand prize quilt was won by Magnolia Bigsby. The kitchen staff prepared appetizers and a lunch of pesto pasta, salad and bread. Eggnog, mulled cider and dessert were the perfect ending.

The Emeryville Senior Center hosted the Tri City Meeting on December 17. Members from Emeryville, Albany, Berkeley attended this Holiday Pot Luck lunch.

Manager Montero attended the City Employee Safety meeting on December 18. The agenda included the much debated purchase of a defibrillator for the center. This will be discussed again at the next Risk Management meeting in March.

On December 18, members of the center were treated to free massages courtesy of the Holistic Health Center on Hollis Street. Over 50 members enjoyed these 45 minute massages.

ECAP delivered 22 Holiday bags which were delivered by Cutis Winters a volunteer at the center. The bags went to Emeryville residents who need assistance financially, and nutritionally.

On December 30 the center hosted the Community Services ALL staff training. Staff from ECDC, the Recreation Department and the Senior Center participated in teambuilding, and ice breakers while getting to interact with members from the various departments. Joe Melancon was the lead trainer. After the group training ECDC had a 2 hour Red Cross Blood Borne Pathogens which was taught by Cindy Montero and Jesse Torres.

Senior Center Services

During December, the Senior Center provided 239 hours of scheduled activities and services. Congregate meals served totaled 510 and Meals-on-Wheels served totaled 367.

Volunteers

In December, volunteers contributed a total over 300 hours to the Emeryville Senior Center's programs and activities. The extra volunteer hours were from the holiday decorating and the Holiday party-where everyone shared in the joy of volunteering!

Demographics:

MOW's clients: 17 all Emeryville Residents

December events and trips: approximately 230 residents attended

420 Non-residents attended

New members in December total: 17

2 Emeryville residents

5 total 94608 residents

10 new members outside 94608 zip code

Other Info:

The center continues to have 17 MOW clients.

The Center now has 4 clients receiving in-home care through Nightingale Nursing. Care provided for these clients is subsidized by the city. Nightingale has also requested that we verify the services these four clients are receiving. The workers that are scheduled have said they are doing more cleaning for the family members visiting than they are for the clients.

The Center assisted a gentleman with a letter he received requesting his medical information be sent to BACS. He was confused and did not understand why he received the letter.

The Center also was contacted by Emeryville about a resident that was disturbing the other residents with loud music and irrational behavior. When the center contacted the resident she was not home but had been admitted to the hospital for observations by her psychiatrist. The manager at Emeryville will contact the center if the problem is not resolved.

The Center assisted an Emeryville resident by referring two homecare workers. The member was being discharged the day after Christmas and needed short term assistance with shopping and light house keeping.

Emeryville Senior Center Commission on Aging
ACTION RECAP

Regular Meeting of December 10, 2008
10:00am

- I. Meeting called to order 10:07
Members Present: Chair Jerry Fishman, Vice Chair Jim Golden, COA
Members June Abeyta, Joyce Jacobson, Kathryn Connell, Louis Labat and
Council Members Nora Davis

Members Absent: Susan Penner, Ken Bukowski

Staff Present: Senior Center Manager Cindy Montero, Community Service
Director Melinda Chinn

Public: None

- II Public Comments: None

Agenda Action Items:

- III. Motion for approval of the minutes from November 12, 2008
Motion: Nora Davis
Second: Jerry Fishman
Ayes: 7
Noes: 0
Abstained: 0

- IV. There were no Action Items

- V. Information Items

A. The commission discussed the congregate meal program that the center provides daily. The center has seen a reduction in the number of people who attend in the past two year. The Commission requested a report from the staff for the January 14th meeting with recommendations to provide alternative services for the few people that are attending. Manager Montero and Community Services Director Chinn will prepare the information and present it at the next meeting.

B. Commissioner and Advisory member Jim Golden gave a report on the finances of the "Friends of the Emeryville Senior Center". This included a financial report on the income and expenditures of the "Friends" 501 (c) 3.

C. Commissioner Golden gave a brief overview of the Holiday Party/Fund raiser which was held on December 12. Over 180 people attended and the everyone was in agreement that the Tapping Santas must return to next years event.

D. Three Commissioners, Louis Labat, Joyce Jacobson and Jerry Fishman submitted letter to Mayor Dick Kassis stating their desire to serve another four years on the Commission on Aging. This will be placed on the consent calendar at the Council meeting in February.

E. Manager Montero asked the Commissioner to please spread the word that there are two vacant positions on the COA. She has also contacted the City Clerk to post the openings.

F. A Grandparent Raising Grandchildren Support group will hold its first meeting at the center on January 14th. Cindy Montero has been working with Wanda Steward from the Emeryville School District.

- VI. Staff Comments: Manager Montero gave an update on the purchase of an AED for the center. She would be attending the City Safety Committee meeting in December and asked Lori Elephant to place this topic on the agenda for discussion. Montero also went over some events and activities that would be coming up at the center.

Committee Member Comments: Commissioner Jacobson asked that the GAP Grant be put on the Commission agenda monthly until the program starts and also expressed interest in attending the next meeting with Kevin Lavan and Wendy Silvini. She also informed the COA that the United States Census Bureau was hiring and paying \$22 per hour. Commissioner Davis stated that she would like to see an AED not just at the Senior Center but in all City office buildings, including the pool. She also talked about the financial sate of the city and informed the Commissioners about a few ideas the Council is considering to increase revenues to the city, and also that the city needs to tighten its belt and be prudent in its spending. Commissioner Labat suggested Center Manager Montero contact Lou Fox, at the Family Supportive Services to see how their Grandparent support group operated.

The meeting was adjourned at 11:07am

Submitted by: Cindy Montero, Senior Center Manager, December 5, 2008

