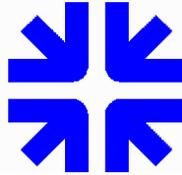


PLEASE POST

Committee Members:
Chair, Jerry Fishman
Vice Chair, Jim Golden
June Abeyta
Ken Bukowski
Kathryn Connell
Nora Davis
Joyce Jacobson
Susan Penner
Louis Labat



AGENDA

COMMISSION ON AGING

Meeting of the Advisory Committee
Special Meeting of the Emeryville City Council
Emeryville Senior Center
4321 Salem Street Emeryville, CA 94608

March 11, 2009

10:00 a.m.

All Advisory Committee meetings are noticed as Special City Council Meetings so that any or all of the City Council may attend and participate in the Advisory Committee's deliberations. However, actions taken by Advisory Committees are not official actions of the City Council but must be ratified at a regular City Council. All writings that are public records and relate to an agenda item below which are distributed to a majority of the Commission on Aging (including writings distributed to a majority of the Commission on Aging less than 72 hours prior to the meeting noticed below) will be available at the Information Counter, 1333 Park Avenue, Emeryville, California during normal business hours (9am to 5pm, Monday through Friday, excluding legal holidays).

AGENDA

- I. Roll Call
- II. Public Comment
- III. Approval of the January 14, 2009 meeting
- IV. Action Items
 - A. Donation of an AED from the "Friends of the Emeryville Senior Center"
- V. Information Items
 - A. Age Song (Victoria Stone)
 - B. 8-To-Go (Joyce Jacobson/Cindy Montero)
 - C. California Commission on Aging Conference Report(Cindy Montero)
 - D. Congregate Meal Program Update (Cindy Montero)
 - E. Advisory Council (Jim Golden)
- VI. Staff Comments
- VII. Committee Member Comments
- VIII. Adjournment

FURTHER INFORMATION may be obtained by contacting Cindy Montero, Committee Secretary, at (510) 596-3770. The next regular meeting is scheduled for April 8, 2009

DATED: March 6, 2009

Karen Hemphill, City Clerk

Post on: March 6, 2009
Post until: March 20, 2009

Emeryville Senior Center Commission on Aging
ACTION RECAP

Regular Meeting of January 14
10:00am

- I. Meeting called to order 10:05
Members Present: Chair Jerry Fishman, Vice Chair Jim Golden, COA
Members June Abeyta, Joyce Jacobson, Kathryn Connell, Louis Labat, Susan
Penner and Council Members Nora Davis

Members Absent: Ken Bukowski

Staff Present: Senior Center Manager Cindy Montero, City Manager Patrick
O’Keeffe, Assistant City Manager Delores Turner

Public: None

- II Public Comments: None

Agenda Action Items:

- III. Motion for approval of the minutes from December 10th, 2008 meeting
Motion: Jerry Fishman
Second: Joyce Jacobson
Ayes: 8
Noes: 0
Abstained: 0
- IV. There were no Action Items
A. Recommendation for the Congregate Program to go to a self
serve lunch program for a trial period of one month. If successful
the program would permanently be self serve.
Motion: Jim Golden
Second: Nora Davis
Ayes: 8
Noes: 0
- V. Information Items
A. A Gap Grant an update was given but Center Manager Cindy
Montero. The contracts had been signed and the program will be
up and running as of February 1, 2009. Joyce Jacobson was able to
get approval from the Watergate to distribute 1,300 flyers about
the program with their monthly newsletters the “Hatchcover”.

B. Manager Montero informed the Commissioners that Rani Visweswaran return to work on January 5, twenty hours a week as the Case Manager. Joe Melancon will continue to be the Temporary Program Coordinator. Since there is a hiring free the position can not be filled permanently.

C. Manager Montero invited the Commissioners to attend the California Commission on Aging Presentation in Sacramento on February 4, 2009.

D. The Commission agreed to forgo the February 11 meeting and instead will attend the presentation of the Center of Community Life given by Field Paoli. This presentation will be open to the community and members of the center.

E. Commissioner and “Friends of the Emeryville Senior Center Advisor Jim Golden gave a brief rundown of the Holiday Party/ Fund Raiser that was held on December 12th at the Emeryville Senior Center.

VI. Staff Comments: City Manager Pat O’Keeffe expanded on the hiring free and informed the Commissioners of the financial statue of the city. He explained about the General Fund and the Reserve und and where the money comes from.

Committee Member Comments: Commissioner Davis invited everyone to the Grand Re-opening of Anna Yates on January 19th from 10am-2pm. She also reminded those in attended about the newly form “Grandparents Raising Grandchildren Support group-a collaboration between the Emeryville Unified School District and the Emeryville Senior Center. Commissioner Golden requested that the purchase of an AED for the Senior Center be put as an Action Item on the March COA meeting. Commissioner Jacobson talked about joining Facebook so she could interact with her Grandchildren. She also stated that the trips at the center were reasonably priced, after seeing a New England trip at the Hayward Center priced at \$2,400. Commissioner Abeyta stated that the response time to a car fire in her neighborhood took too long and that the Oakland fire Department was the responder. Nora Davis said that Oakland and Emeryville have a mutual aid agreement.

The meeting was adjourned at 11:10am

Submitted by: Cindy Montero, Senior Center Manager, February 27, 2009

Senior Center Report February 2009

Commission on Aging

There was no COA meeting on February; the meeting was replaced with a presentation of the Community of Living by Field Paopli, the architectural firm that is working on the conceptual drawing of the center.

Advisory Council

The Advisory Council did not meet in the month of February. Members were invited to attend the presentation on the Community of Life which was held on February 11 at 10:00am.

Trips

February 8th, 20 members attended the Lodi Chocolate and Wine Festival.

10 members hopped on the bus for a trip to The Museum of African Diaspora and the Oakland African Museum. This trip on February 11 was part of the center week long celebration in honor of Black History Month.

The Buddhist Universal Church was the destination for 20 members on February 14. Before the Chinese New Year performance the group enjoyed lunch in China Town.

February 15-17, 18 members ventured to Santa Barbara by train. While down there they enjoyed the Ronald Reagan Museum, dinner at Stern Wharf and a few other side trips.

A group of 20 members headed over to Vacaville to take a tour of the Jelly Belly Factory and Anheiser Bush on February 18.

40 members hop aboard a charter bus on February 23 for a ride to Red Hawk Casino.

On February 25, 9 Theater Lovers travel to San Francisco to enjoy the production on Souvenir presented by the American Conservatory Theater.

PAPCO/ACTIA

8-To-Go flyers were distributed to all residents at Watergate informing them of the new free service the center was offering. Articles about the service will be published in the Chamber e-news and the Emeryville Connection and the Summer Activity. The van has also been parked in front of the center during the Friday Club for viewing. The first rider to use the service was Joyce Jacobson. Guide Manager Montero attended the PAPCO/TAC meeting on February 23, and gave a brief description of the new service and how it affects people on a day-to day basis. After the presentation PAPCO was given

the opportunity to ask questions. Materials explaining the program were passed out to the members in attendance.

Other Events and Activities

February 1, the center held it's second Super Bowl Party. Over 40 people attended this event. Members watched the game, enjoyed hotdogs, peanuts and other snacks along with playing games related to the Super Bowl.

In celebration of the Chinese New Year the center had it second annual celebration, February 3. Over 80 people enjoyed a traditional Chinese lunch while being entertained by, fan and sword dancers, opera singers and Mary Soo-Hoo who served as MC.

Cindy Montero, Manager of the Senior Center attended an all day conference in Sacramento hosted by the California Commission on Aging on February 4. The people came from all over California to hear about the trends in aging, as well as the role Senior center will play in the future. Montero will share the information at the next Commission on Aging and Advisory Council meetings in March.

On February 9, the Social Dance attracted over 30 people. Demonstrations of various dances were presented by Ivan Swartz and Rita LaBrie.

The kitchen was inspected by the Health Department on February 10 and passed with a few minor corrections that need to be made.

Field Paoli gave a presentation of the conceptual drawings for the new Community of Life at the center on February 11. Members of the COA, the Advisory Council and members of the center attended and ask questions and gave suggestions.

The Grandparents Raising Grandchild support group met on February 11 and February 25. People received assistance with paperwork along with emotional and moral support.

The Center celebrated Black History Month with a special "Soul Food" meal and a Living History performance by ASA, a Charter school located in Oakland. The children portrayed various important figure in African American History. This event was attended by over 70 people.

The February 13 the Maynard Music Salon was entertained by Davide Vertotta a classical pianist who has performed at the center the past 3 years. Over 35 people enjoyed this performance.

On February 13 the center had its annual site visit from the Alameda County Agency on Aging. Manager Montero met with Herlander Ortega for a tour of the facility and to make sure the programs were meeting the contract requirements. The center passed with flying colors.

The Center was the location for the Re-Building Together Dinner/Kick-Off Celebration on February 17th. Re-Building Together provided the beverages and the food.

The Community Service Task Force met at the center on February 18. This Task Force will concentrate on the program, facility rentals that will be held at the Community of Life Building. The committee is comprised of employees of the School District, The City of Emeryville and people who live and work in Emeryville.

Manager Montero met with Tracy Paulding from Paulding and Company Catering on February 18 . Paulding and Company will be offering a summer cooking camp program for children and would like to work with the center to provide meals cooked during the program to the seniors at the center. This program is still in the planning stages, with dates and times to be determined.

The Friday Club had two special events on February 20-first was “pick the Academy Award winners contest”. Member cast their ballots on who they thought would win the Oscars. Winner of the contest will be announced at the February 27 Friday Club. Also on that day 60 students from the Berkeley Maynard Academy walk over to interview the members of the center. We also have 12 members of the San Pablo Senior center visit as guests that same day. They were very impressed with the computers, service offered and the large screen TV.

The second annual Pie Contest was held on February 27. Over 80 people attended and there were 7 pies entered for the competition. The winners were Henry Short for his Pecan Pie, Roma Arellano for her Strawberry Shortcake Pie and Evelyn Benjamin for a Sweet Potato Pie. People in attendance also voted on the banner color for the front of the Senior Center. A blue background with burgundy lettering was the winner.

The Monday morning exercise class has been canceled by the Pleasant Valley Adult Education due to lack of participants and funds, but Geraldine Washington will continue to volunteer to teach the class in hopes of raising the attendance.

Volunteer hours for the month of February totaled 265 hours.

In February the center had 286 scheduled activities.

Case Management (Rani Visweswaran)

- Visited and followed up with a 69-year-old, existing, long term client regarding medical evaluation for a possible cancer diagnosis.
- Visited a 76-year-old client to complete a semi-annual MOW (Meals-on-Wheels) reassessment and reassess her need for continued assistance through the Center’s Personal Care Program. Consulted appropriate agency staff in addressing issues client has had in utilizing the Personal Care Program and the County In-Home

Supportive Services Program. This client transitions in and out of case management depending on her physical and mental health.

- Visited and assisted an 80-year-old, existing, long term client with a health insurance-mandated change in a prescription medication. Contacted the client's physician and pharmacist to advocate MD authorization to waive the change based on client's history of negative side effects.
- Visited a 90-year Emeryville resident (who lives alone) after being referred by the hospital discharge planner for evaluation and follow-up. Completed an assessment and discussed various available support services, such as MOW and transportation programs. The woman was appreciative, but does not believe she is in need of continued assistance.
- Assisted an 89-year-old existing, long term client with housing issues. Contacted the apartment manager on her behalf regarding chronic disturbances from a neighbor. Also assisted client in getting on the wait list for a senior housing complex.
- Visited a relatively new 97-year-old client to complete a semi-annual MOW reassessment and evaluate for additional needs. Discussed driver safety issues and recommended free and reduced-cost transportation programs. He is expected to have continued case management issues due to his age, independent living status, and decreasing health.
- Visited a 75-year-old client long-term MOW client to complete a semi-annual reassessment and evaluate for additional needs. He is expected to transition out of MOW and case management in the near future due to an overall improvement in his situation.
- Visited an 86-year-old MOW client to complete a semi-annual reassessment and evaluate for additional needs. Case management services are provided to the family caregivers on occasion, as needed.
- Visited a 79-year-old long term MOW client to complete a semi-annual reassessment and evaluate for additional needs. Case management services are provided as needed.
- Visited a 78-year-old existing, long term client to complete a semi-annual MOW reassessment and evaluate for additional needs.
- Visited a 68-year-old existing client to complete a semi-annual MOW reassessment and evaluate for additional needs. Case management services are provided as needed.
- Assisted a 99-year-old new client in obtaining a waiver of the monthly fee for her new Medicare D Prescription insurance. She is expected to have continued case management needs based on her age and current independent living status.
- Assisted a 78-year-old existing, long term client with annual VA pension documentation and Supplemental Social Security benefits.
- Received phone calls from a former 79-year-old, long term case management client who moved a few months ago to an assisted living facility near his family out of state. Supportive counseling provided regarding his difficult adjustment to a new living situation.